

# **ADAPTIVE & INCLUSIVE PROGRAMMING**

## **SUMMER PROGRAM SESSION:**

June 10 – August 25, 2024 No Class July 1-7, 2024

#### STAFF CONTACTS

ACY - Jen Oaks Health & Fitness Coordinator P 920.702.2316 E joaks@ymcafoxcities.org

APY - Roxanne Lee Aquatics Director P 920.954.7640 E rlee@ymcafoxcities.org

APY - Renae Johnson, Camp Hope/Camp Inspiration Director P 920.209.0680 E renaejohnson@ymcafoxcities.org

FWY - Alicia Lutgen, Early Childhood Coordinator P 920.560.0428 E alutgen@ymcafoxcities.org

HVY - Mindy Arneson Aquatics Coordinator P 920.830.5707 E marneson@ymcafoxcities.org

NMY - Susan Christel Health & Fitness Director P 920.886.2127 E schristel@ymcafoxcities.org

OGY - Cindy Baumgartner Health & Fitness Coordinator P 920.560.0001 E chaumgartner@ymcafoxcities.org

Adaptive & Inclusive Programming at the Y is a partnership with families and individuals. The focus is to provide individuals, with unique abilities, access to programs and activities in a safe, fun atmosphere that encourages self-sufficiency, socialization and staying active.

The Y provides a chance to experience the joys and benefits that come from successful immersion into a program where they can learn, thrive, and grow. It is our priority to ensure all members have access to our facilities, programs, and services.

## **FAMILY TIME**

Our family nights are all about having fun. We welcome all individuals with unique abilities and their families for a FREE evening of games, activities, crafts, and fun. It's the perfect opportunity to strengthen your relationship and meet other families. Please watch our social media page for any scheduled family nights and for more information.

#### **SWIMMING**

### **SWIMMING (APY, FWY, HVY, NMY)**

Lessons are available at each of your local Y's. Please contact the branch Aquatic Department for availability and to schedule a time. Medical forms required.

APY - 920.954.7628

FWY - 920.560.3412

HVY - 920.830.5707

NMY - 920.886.2132

Fee: Y Members - \$65 General Public - \$99

For Heart of the Valley Y, if you are interested in Adapted Individual Swim Lessons, please register online for the 'Adapted Swim Waitlist'. The aquatics department will contact you when there is an opening in the program.