



## GROWTH AND DEVELOPMENT

### SUMMER PROGRAM SESSION:

**June 10 – July 19, 2024**

**July 22 – August 25, 2024**

**No Class July 1-7, 2024**

#### STAFF CONTACTS

ACY – Amie Olson Childcare Services Director P 702.2315 E [aolson@ymcafoxcities.org](mailto:aolson@ymcafoxcities.org)

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#### PARENT AND CHILD GROWTH AND DEVELOPMENT

Parent and Child Growth and Development classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related Growth and Development classes, please see the Environmental Education section of this document.

#### LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY) JUNE 10-JULY 19, JULY 22-AUGUST 25

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY) JUNE 10-JULY 19, JULY 22-AUGUST 25

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly! Class will not be held on July 3<sup>rd</sup>.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Keep Movin' June 10-July 19	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$29	\$48
Let's Keep Movin' July 22-August 25	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$29	\$48
Wonderbug Discoveries- June 10-July 19	ACY	18 months-3 years	W	9:00 AM	10:00 AM	\$29	\$48

Wonderbug Discoveries- June 10-July 19	ACY	18 months- 3years	W	10:30 AM	11:30 AM	\$29	\$48
Wonderbug Discoveries- July 22-Aug 25	ACY	18 months-3 years	W	9:00 AM	10:00 AM	\$29	\$48
Wonderbug Discoveries- July 22-Aug 25	ACY	18 months- 3 years	W	10:30 AM	11:30 AM	\$29	\$48

## **AGES 2-3 YEARS**

### **JUST FOR TWOS (AGE 2 YEARS) (FWY, HVY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

This class encourages social experiences with hands-on activities, art, and play. Group interactions encouraged through songs and games. The perfect class for your independent two-year-old.

### **AVIATION NATION (AGES 2-3 YEARS) (FWY) JULY 22 – AUGUST 25**

Explore all things flight! Let's count our luck by spending time outdoors through songs, stories, and outdoor stimulation centered around airplanes.

### **BUBBLES, BUTTERFLIES AND BUGS (AGES 2-3 YEARS) (HVY) JUNE 10-JULY 19, JULY 22 – AUGUST 25**

Warm summer days provide time for some of the most beautiful (and wiggly, squiggly) insects to emerge for us to enjoy! We will be learning all about the earth's crawling and flying creatures. Of course, time will be spent outside playing with bubbles too!

### **BUSY BEES (AGES 2-3 YEARS) (APY) JUNE 10-JULY 19 JUNE 10-JULY 19, JULY 22 – AUGUST 25**

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence.

### **BUSY BEES 2.0 (AGES 2-3 YEARS) (APY) JULY 17–AUGUST 20**

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence. A good experience in a Growth and Development class is helpful

### **FOX WEST TRAIL ADVENTURES (AGES 2-3 YEARS) (FWY) JUNE 10 – JULY 19**

Come and join us exploring everything the Fox West Trail has to offer. Every week we will choose a theme to focus on. Then learn all its exciting facts!

### **MESSY, CREATIVE FUN (AGES 2-3 YEARS) (FWY) JULY 22 – AUGUST 25**

Explore the many different ways to create art. We'll have creative messy fun painting, drawing, gluing, and lots more. Come to class ready for fun and dressed to get messy.

### **MESSY, CREATIVE FUN (AGES 2-3 YEARS) (HVY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Explore the many different ways to create art. We'll have creative messy fun painting, drawing, gluing, and lots more. Come to class ready for fun and dressed to get messy.

### **THINGS THAT MOVE (AGES 2-3 YEARS) (FWY) JUNE 10-JULY 19**

Each week we'll go on a wild adventure on a new pair of wheels. In this class, children will learn how we move on different transportation vehicles. We will develop their fine and large motor skills through weekly projects and circle activities.

### **MOVIN' THROUGH SUMMER (AGES 2-4 YEARS) (NMY HVY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

This class is for the growing toddler who is ready to be creative, move around, sing songs, and have fun building skills with their peers.

### **SUMMER FUN (2-4 YEARS) (NMY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

Packing summer fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Twos June 10-July 19	FWY	2 years	M	9:00 AM	10:00 AM	\$29	\$48
Just for Twos July 22-August 25	FWY	2 years	M	9:00 AM	10:00 AM	\$29	\$48
Just for Twos June 10-July 19	FWY	2 years	W	9:00 AM	10:00 AM	\$29	\$48
Just for Twos July 22-August 25	FWY	2 years	W	9:00 AM	10:00 AM	\$29	\$48
Just for Twos June 10-July 19, July 17-Aug 20	HVY	2 years	M	9:00 AM	9:45 AM	\$25	\$44
Just for Twos June 10-July 19, July 17-Aug 20	HVY	2 years	F	9:00 AM	9:45 AM	\$25	\$44
Things that Move June 10-July 19	FWY	2-3 years	M	10:00 AM	11:00 AM	\$29	\$48
Busy Bees June 5-July 16	APY	2-3 years	M	9:30 AM	10:30 AM	\$29	\$48
Messy, Creative Fun July 22-August 25	FWY	2-3 years	M	10:00 AM	11:00 AM	\$29	\$48
Messy, Creative Fun July 22-August 25	HVY	2-3 years	W	11:15 AM	12:00 PM	\$25	\$44
Messy, Creative Fun June 10-July 21	HVY	2-3 years	W	11:15 AM	12:00 PM	\$25	\$44
Busy Bees 2.0 July 17-August 20	APY	2-3 years	M	9:30 AM	10:30 AM	\$29	\$48
Aviation Nation July 22-Aug 25	FWY	2-3 years	W	10:00 AM	11:00 AM	\$29	\$48
Fox West Trail Adventures June 10-July 19	FWY	2-3 years	W	10:00 AM	11:00 AM	\$29	\$48
Bubbles, Butterflies & Bugs June 10-July 19 July 17-Aug 20	HVY	2-3 years	W	9:00 AM	9:45 AM	\$25	\$44
Bubbles, Butterflies & Bugs June 10-July 19 July 17-Aug 20	HVY	2-3 years	F	11:15 AM	12:00 PM	\$25	\$44
Movin' Through Summer June 10 - July 19 July 17-Aug 20	HVY	2-3 years	M	11:15 AM	12:00 PM	\$25	\$44
Summer Fun June 10-July 19	NMY	2-4 years	M	9:00 AM	10:30 AM	\$36	\$55
Summer Fun July 22-Aug 25	NMY	2-4 years	M	9:00 AM	10:30 AM	\$36	\$55
Movin' Through Summer June 10-July 19	NMY	2-4 years	T	9:30 AM	10:30 AM	\$29	\$48
Movin' Through Summer July 22-Aug 25	NMY	2-4 years	T	9:30 AM	10:30 AM	\$29	\$48

## AGES 2 ½-4 YEARS

### **DINO DYNAMITE (AGES 2½-3 YEARS) (HVY) JULY 22-AUGUST 25**

If your child likes dinosaurs, this is the class. Anything and everything about these prehistoric beasts.

### **IMAGINATION STATION (AGES 2½-3 YEARS) (HVY) JUNE 10-JULY 19**

Join us for a fun time exploring our imaginations and the fun world we can create within it.

**LET'S GO CAMPING (AGES 2½-3 YEARS) (FWY) JULY 22-AUGUST 25**

Enjoy the wonders of summer camp without leaving the YMCA. Explore the joy of summer camp through games, songs, crafts, and more!

**PLAY, PLAY, PLAY (AGES 2½ -3 YEARS) (HVY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

Join us each week to play, play, play. Your child will have many opportunities to share, make new friends, follow directions, and much more. Small and large group activities and movement will also be part of the class. Each week we will have a different theme.

**ART CLUB (AGES 2½-4 YEARS) (ACY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Calling all creative kids. Come explore your creative side in Art Club. You will make many different projects to take home and enjoy. Enjoy new projects and stories each class if you want to sign up for both sessions.

**AWESOME ART ADVENTURES (AGES 2½-4 YEARS) (FWY) JUNE 10-JULY 19**

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing, and lots more. Come to class ready for fun and dressed to get messy.

**FAIRYTALE FAVORITES (AGES 2½-4 YEARS) (ACY) JUNE 10-JULY 21**

From wolves to trolls to fairies and princesses, children will use their imaginations and discover the classics through art projects, role-playing, songs, and stories. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

**FRIDAY FUN (AGES 2½-4 YEARS) (ACY) JUNE 10-JULY21, JULY 22-AUGUST 25**

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. Enjoy new projects and stories each class if you want to sign up for both sessions. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

**FUN IN THE SUN (AGES 2½-4 YEARS) (ACY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Soak up the sunshine through summer fun indoor and outdoor activities, art projects, and stories. Enjoy new projects and stories each class if you want to sign up for both sessions. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

**LITTLE G.A.T.O.R.S (AGES 2½-4 YEARS) (FWY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

Games, Activities, Tag, Obstacles, Relays, and Sports Jr. uses age-appropriate activities like freeze tag, musical chairs, kite flying, and mini golf to develop spatial awareness, motor skills, and social learning in our littlest friends.

**STORY TIME FUN (AGES 2½-4 YEARS) (ACY) JULY 22-AUGUST 25**

Have fun while learning songs, crafts, and games through the joy of a new storybook each week. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

**SUMMER EXPLORERS (AGES 2½-4 YEARS) (ACY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Are you ready for some summer adventure? Join us as we explore the world around us through play and discovery. Enjoy new projects and stories each class if you want to sign up for both sessions. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Art Club June 10-July 21	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$43	\$63
Art Club July 22-August 25	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$43	\$63
Awesome Art Adventures June 10- July 19	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$43	\$63
Dino Dynamite July 22-August 25	HVY	2 ½-3 years	M	10:00 AM	11:00 AM	\$25	\$44

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Imagination Station June 10-July 19	HVY	2 ½ -3 years	M	10:00 AM	11:00 AM	\$29	\$48
Let's go Camping July 22-August 25	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$43	\$63
Fairy Tale Favorites June 10-July 21 <b>Lunch Class</b>	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$54	\$73
Friday Fun June 10-July 21 <b>Lunch Class</b>	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$54	\$73
Friday Fun July 22-August 25 <b>Lunch Class</b>	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$54	\$73
Fun in The Sun June 10-July 21 <b>Lunch Class</b>	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$54	\$73
Fun in The Sun July 22-August 25 <b>Lunch Class</b>	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$54	\$73
Little G.A.T.O.R.S June 10-July 19	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$43	\$63
Little G.A.T.O.R.S July 22-August 25	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$43	\$63
Play, Play, Play June 10 – July 19	HVY	2½ -3 years	F	10:00 AM	11:00 AM	\$29	\$48
Play, Play, Play July 17-August 20	HVY	2½ -3 years	F	10:00 AM	11:00 AM	\$29	\$48
Play, Play, Play June 10 – July 19	HVY	2½ -3 years	F	10:00 AM	11:00 AM	\$29	\$48
Play, Play, Play July 17-August 20	HVY	2½ -3 years	F	10:00 AM	11:00 AM	\$29	\$48
Story Time Fun July 22-August 25 <b>Lunch Class</b>	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$54	\$73
Summer Explorers June 10-July 21 <b>Lunch Class</b>	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$54	\$73
Summer Explorers July 22-August 25 <b>Lunch Class</b>	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$54	\$73

## **AGES 3-5 YEARS**

### **BEACH FUN (AGES 3-5 YEARS) (FWY) JUNE 5-JULY 16**

Summer is just beginning but we are ready to play! Let's have beach day every day with new projects and books all about beaches and what they have to offer.

### **BOOKS AND BLOSSOMS (AGES 3-5 YEARS) (HVY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

With the warm summer weather comes blooming nature! In this class, we will be outside observing different blooming plants (weather permitting). We will pair a fun book with our observations!

### **FUN IN THE SUN (AGES 3-5 YEARS) (FWY) JULY 22-AUGUST 25**

Soak up the sunshine through summer fun indoor and outdoor activities, art projects, and stories. Enjoy new projects and stories each class if you want to sign up for both sessions.

**LET'S LOVE NATURE (AGES 3-5 YEARS) (HVY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Calling all nature lovers! Get ready to explore outside (weather permitting) and learn what summer nature has to offer. We will search for bugs, and a variety of plants and learn about warm-weather animals. We will incorporate outside play too!

**MINI PICASSOS (AGES 3-5 YEARS) (APY) JULY 17-AUGUST 20**

This class introduces the concepts of combining colors and shapes together to create art. Children will explore a variety of art materials in this beginner's art class.

**OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY) JUNE 10-JULY 19, JULY 22 -AUGUST 25**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Please have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting. Class will not be held on July 2<sup>nd</sup>.

**SUMMER FUN (AGES 3-5 YEARS) (APY) JUNE 5 JULY 16**

Soak up summer, through indoor and outdoor hands-on activities, that foster a love of learning, through art projects, stories, and time outside!

**SUMMER FUN, TOO! (AGES 3-5 YEARS) (APY) JULY 17-AUGUST 20**

Continue to soak up summer, through indoor and outdoor hands-on activities, that foster a love of learning, through art projects, stories, and time outside!

**SUMMER SCIENTISTS (AGES 3-5 YEARS) (APY) JUNE 5- JULY 16**

Hands-on science that will fascinate your child. We'll explore, experiment, build, create, and learn through fun science activities.

**SUNSHINE PAINTERS (AGES 3-5 YEARS) (HVY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Let's become summer Picassos! In this class, we will focus on summer-themed painting with a variety of mediums. Your little artist will enjoy being creative while learning simple techniques.

**WEATHER WIZARDS (AGES 3-5 YEARS) (HVY) JUNE 10-JULY 21, JULY 22-AUGUST 25**

Join us for an enchanting journey as we explore weather through magical and sensory-based experiments! We will also learn about the weather through books, crafts, and songs!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fun in the Sun July 22 - Aug 25	FWY	3- 5 years	F	9:00 AM	11:00 AM	\$43	\$63
Beach Fun June 10 - July 19	FWY	3-5 years	F	9:00 AM	11:00 AM	\$43	\$63
Books and Blossoms June 10 - July 19 July 17-Aug 20	HVY	3-5 years	T	10:30 AM	11:30 AM	\$29	\$48
Weather Wizard June 10 - July 19 July 17-Aug 20	HVY	3-5 years	T	9:00 AM	10:00 AM	\$29	\$48
Mini Picassos July 17-Aug 20	APY	3-5 years	TH	9:00 AM	11:00 AM	\$43	\$63
Let's Love Nature June 10 - July 19 July 17-Aug 20	HVY	3-5 years	TH	10:30 AM	11:30 AM	\$29	\$48
Outrageous Outdoors June 10-July 19	ACY	3-5 years	T	9:00 AM	10:30 AM	\$36	\$55
Outrageous Outdoors July 22-Aug 25	ACY	3-5 years	T	9:00 AM	10:30 AM	\$36	\$55
Summer Fun June 5-July 16	APY	3-5 years	T	9:00 AM	11:00 AM	\$43	\$63

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Fun, Too! July 17-August 20	APY	3-5 years	T	9:00 AM	11:00 AM	\$43	\$63
Summer Scientists June 5- July 16	APY	3-5 years	TH	9:00 AM	11:00 AM	\$43	\$63
Sunshine Painters June 10 – July 19 July 17-Aug 20	HVY	3-5 years	TH	9:00 AM	10:00 AM	\$29	\$48

## AGES 3-6 YEARS

### PICNIC PARTY (3-6 YEARS) (FWY) JUNE 10-JULY 19, JULY 22-AUGUST 25

#### LUNCH CLASS

Picnic and fun are what this class is all about! Enjoy lunch outdoors (weather permitting) with new friends and have some fun with songs, stories, and art. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Picnic Party-Lunch Class June 10-July 19	FWY	3-6 years	T	11:00 AM	12:30 PM	\$36	\$55
Picnic Party-Lunch Class June 10-July 19	FWY	3-6 years	TH	11:00 AM	12:30 PM	\$36	\$55
Picnic Party-Lunch Class July 22-Aug 25	FWY	3-6 years	T	11:00 AM	12:30 PM	\$36	\$55
Picnic Party-Lunch Class July 22-Aug 25	FWY	3-6 years	TH	11:00 AM	12:30 PM	\$36	\$55

## AGES 5-9 YEARS

### LET'S TAKE A HIKE (AGES 5-9 YEARS) (ACY) JULY 22-AUGUST 25

Join us for short hikes on the Purdy preserve while we learn each week about different animals that call the preserve their home, including deer, chipmunks, and songbirds. There will be time to explore both on and off the trail and for games and other activities as well!

### POND ADVENTURES (AGES 5-9 YEARS) (ACY) JUNE 10-JULY 19

Learn about frogs, tadpoles, turtles, aquatic insects, and more in this hands-on class. Dress to get your feet wet and muddy! Class includes outdoor activities as well as crafts, games, and stories. No class July 4<sup>th</sup>.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Take a Hike July 22-Aug 25	ACY	5-9 years	TH	9:30 AM	11:00 AM	\$36	\$55
Pond Adventures June 10-July 19	ACY	5-9 years	TH	9:30 AM	11:00 AM	\$36	\$55

## NEW PROGRAM – JUNIOR SCHOLARS & JUNIOR LEARNERS

### **JUNIOR TEACHERS (AGES 9-13 YEARS) (NMY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

“Tween-age” children who are interested in becoming a teacher, coach, tutor, etc someday will love this class that teaches the art of setting up a classroom and activities for younger students and then allows them to execute the lessons, projects, songs, stories, etc and work one-on-one with their Junior Learners. After, they will discuss with adult mentors what went well and help with clean-up.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Junior Teachers June 10-July 19	NMY	9-13 years	W	9:00 AM	10:45 AM	\$40	\$59
Junior Teachers July 22-August 25	NMY	9-13 years	W	9:00 AM	10:45 AM	\$40	\$59

### **JUNIOR LEARNERS - YOUNGERS (AGES 3-5 YEARS) (NMY) JUNE 10-JULY 19, JULY 22-AUGUST 25**

Children naturally learn from and look up to older children and this class allows that process to happen with the guidance of adults. This unique class is planned and led by a mentoring teacher with the help of Junior Teachers, who are practicing teaching techniques, storytelling strategies, engaging songs, fingerplays, etc.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Junior Learners June 10-July 19	NMY	3-5 years	W	9:30 AM	10:30 AM	\$29	\$48
Junior Learners July 22-August 25	NMY	3-5 years	W	9:30 AM	10:30 AM	\$29	\$48