



FUN AND GAMES

At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success. Most importantly, children learn how to be their best selves. That's why Growth & Development programs at the Y focus on children learning how to be their best selves through the Y values of caring, honesty, respect and responsibility.



GROWTH & DEVELOPMENT

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PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

JR EXPLORERS (18 MONTHS-3 YEARS WITH PARENT) (HVY)

A fun class where children can learn through hands-on activities, songs and games. Parents participate with their children for a great opportunity to explore, grow and play together. Active participation by parent/caregiver is required.

TINY EXPLORERS (6-18 MONTHS WITH PARENT) (HVY)

A great beginning class for your tiny explorer. Group interactions and learning encouraged through songs, games, and hands-on activities. Parents participate with their children for a great opportunity to explore, learn and play together. Active participation by parent/caregiver is required.

TINY TUMBLERS (AGES 18 MONTHS- 3 YEARS WITH PARENT) (FWY)

During the class, the parent works with the developing child through activities designed to improve balance, strength, large muscle development, gross and fine motor skills, as well as hand eye coordination. Class also involves songs and social play. Must be accompanied by an adult.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr Explorers	HVY	18 months-3 years	W	9:15 AM	10:00 AM	\$29	\$50
Tiny Explorers	HVY	6-18 months	M	9:15 AM	10:00 AM	\$29	\$50
Tiny Tumblers	FWY	18 months -3 years	F	9:00 AM	9:45 AM	\$29	\$50
Wonderbug Discoveries	ACY	18 months-3 years	T	9:30 AM	10:30 AM	\$29	\$50

CHILD WITHOUT PARENT CLASSES AGES 1½-3 YEARS

JUST FOR TWO'S (AGE 2 YEARS) (HVY, ACY, NMY)

We know toddlers like being together. This is a class where first friends are made. We will play, create

Spring Session: April 15-June 2, 2019 (Monday classes prorated for Memorial Day)

This is a working document and is subject to change.

and develop together!

LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just For Twos	ACY	2 years	M	10:15 AM	11:00 AM	\$29	\$50
Just for Twos	HVY	2 years	M	9:00 AM	9:45 AM	\$29	\$50
Just For Twos	HVY	2 years	TH	9:00 AM	9:45 AM	\$29	\$50
Just For Twos	HVY	2 years	F	10:45 AM	11:30 AM	\$29	\$50
Just For Twos	NMY	2 years	T	9:00 AM	9:45 AM	\$29	\$50
Let's Get Movin'	NMY	18 months-3 years	TTH	9:30 AM	10:30 AM	\$54	\$75

AGES 2-3 YEARS

ADVENTURES WITH NUMBERS (AGES 2-3) (APY)

In this introduction to math class we will find fun ways to learn about numbers and shapes.

BEYOND PLAY (AGES 2-3 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

BUSY BEES (AGES 2-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

FOREST FRIENDS (AGES 2-3 Years) (APY)

Find out who is who in the forest through art, stories, circle time and more!

IT'S A SMALL WORLD (AGES 2-3) (APY)

We will learn about life in different countries through their art.

JR FUN AND FITNESS (AGES 2-3 YEARS) (HVY)

Have fun and be fit. Participate in activities and games that work on gross motor skill development, participation, fun and fitness. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

MINI MASTERS (AGES 2-3) (APY)

Inspired by the many great paintings that hang in museums across the world, we will be making our own versions of those artworks with a variety of materials such as paint, clay, pastels and more!

MOVIN' AND GROVIN' (AGES 2-3 YEARS) (HVY)

Learning through movement, music, and activities. We'll have fun being active, interacting through music, playing games, and doing activities.

MUSIC & MOVEMENT (AGES 2-3 YEARS) (APY)

This class uses a variety of musical instruments and songs, to get your little one jumping, dancing and singing! Miss Barb will instruct this class in the Multipurpose room.

PLAYTIME PLEASE (AGES 2-3) (HVY)

We'll be learning through play (the very best way)! This class will focus on building social skills through play. We will practice sharing, working together, waiting for turns, helping others, and following directions.

SONIC SENSORY (AGES 2-3) (NMY)

Explode your senses this Spring! We'll explore our scent, sight, sound, taste and tactile world with engaging activities and group time. Recommend Just for 2's class first or successful Kids Corner experience

WATCH ME GO (AGES 2-3 YEARS) (HVY)

Take pride in completing your own artwork, develop fine motor skills, and practice listening skills. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

WILD THINGS (AGES 2-3 YEARS) (HVY)

Each week we'll go on a wild adventure. In this class children will learn new things, and develop their fine and large motor skills through weekly projects and circle activities. This class is for 2-3 year olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adventures with Numbers	APY	2-3 years	F	9:00 AM	10:30 AM	\$44	\$65
Forest Friends	APY	2-3 years	M	9:00 AM	10:30 AM	\$44	\$65
It's A Small World	APY	2-3 years	TH	9:00 AM	10:30 AM	\$44	\$65
Mini Masters	APY	2-3 years	T	9:00 AM	10:30 AM	\$44	\$65
Music & Movement	APY	2-3 years	W	9:00 AM	10:00 AM	\$34	\$55
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$39	\$60
Jr Fun and Fitness	HVY	2-3 years	T	9:00 AM	9:45 AM	\$29	\$50
Movin' and Grovin'	HVY	2-3 years	W	9:00 AM	10:00 AM	\$34	\$55
Playtime Please	HVY	2-3 years	T	10:30 AM	11:30 AM	\$34	\$55
Sonic Sensory	NMY	2-3 years	TH	9:00 AM	10:00 AM	\$34	\$55
Watch Me Go	HVY	2-3 years	TH	10:15 AM	11:15 AM	\$34	\$55
Wild Things	HVY	2-3 years	M	10:45 AM	11:45 AM	\$34	\$55
Beyond Play	NMY	2 years	MW	9:00 AM	10:30 AM	\$69	\$90
Beyond Play	NMY	3 years	MW	9:00 AM	10:30 AM	\$69	\$90

AGES 2-4 YEARS

1, 2, 3 COLOR WITH ME! (AGES 2-4 YEARS) (ACY)

Count, create, and color with stories, songs and art.

ABC 123 (AGES 2.5-5 YEARS) (FWY)

Early math and reading skills are the core of this class. Counting, grouping, number recognition, letter recognition, sounds, and writing skills will be taught through activities, art, songs, and stories

BEYOND PLAY (AGES 2-4 YEARS) (FWY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

BLOOMING CREATIONS (AGES 2½ -4years) (ACY)

Fun with a spring fling. Play games, sing songs, enjoy books, and create art all while learning about spring. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

BUGS AND BUTTERFLIES (AGES 2-4 YEARS) (FWY)

Jump into spring with us. Have fun learning about different insects and butterflies through stories, sensory play, songs and art. When weather permits, we will go on a nature walk to find bugs.

Spring Session: April 15-June 2, 2019 (Monday classes prorated for Memorial Day)

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COUNTDOWN TO FUN (AGES 2½-4 YEARS) (ACY)

Fun with a focus on numbers! Enjoy the season and all its wonders while learning numbers and exploring the changes of the season. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

COLOR AND SHAPE EXTRAVAGANZA (2-4 YEARS) (FWY)

Explore the colors and shapes in the environment while having fun with friends and learning social skills.

DOWN ON THE FARM (AGES 2-4 YEARS) (FWY)

Come join the fun and discover all about the farm. Singing, stories, flannel boards and making new friends.

SPRING INTO ACTION (AGES 2½-4 YEARS) (ACY)

Join in to an action packed class including songs, stories, art, dance and play! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

SPORTS AND SNACK (AGES 2.5-5) (FWY)

Come join the fun! We will focus on different sports each week. Your child will learn skills and play games and end with a fun snack. Please dress in comfortable clothes and tennis shoes.

YOUNG EXPLORERS (AGES 2-4) (ACY)

Use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games and crafts with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
1, 2, 3 Color with Me	ACY	2-4 years	W	9:00 AM	11:00 AM	\$54	\$75
ABC 123	FWY	2½-5 years	F	9:00 AM	10:00 AM	\$34	\$55
Beyond Play	FWY	2-4 years	TH	9:00 AM	10:00 AM	\$34	\$55
Blooming Creations – bring lunch	ACY	2½-4 years	TH	9:00 AM	NOON	\$69	\$90
Bugs and Butterflies	FWY	2-4 years	T	10:00 AM	11:00 AM	\$34	\$55
Countdown to Fun – bring lunch	ACY	2½-4 years	T	9:00 AM	NOON	\$69	\$90
Color and Shape Extravaganza	FWY	2-4 years	TH	10:00 AM	11:00 AM	\$34	\$55
Down on the Farm	FWY	2-4 years	T	9:00 AM	10:00 AM	\$34	\$55
Spring Into Action – bring lunch	ACY	2½-4 years	F	9:00 AM	NOON	\$69	\$90
Sports and Snack	FWY	2½-5 years	F	10:00 AM	11:00 AM	\$34	\$55
Young Explorers	ACY	2-4 years	TH	12:30 PM	2:00 PM	\$44	\$65

AGES 3-4 YEARS

ABC 123 (AGES 3-4 YEARS) (HVY)

Early math and reading skills are the core of this class. Counting, grouping, number recognition, letter recognition, sounds, and writing skills will be taught through activities, art, songs, and stories.

FUN FOR 3'S AND 4'S (AGES 3-4 YEARS)

This class has upbeat learning fun just for you 3 and 4 year old! Foundational skills are learned through fun and games in the gym.

JUST FOR THREE'S & FOUR'S - 1 DAY A WEEK (AGES 3-4 YEARS) (HVY)

Spring Session: April 15-June 2, 2019 (Monday classes prorated for Memorial Day)

This is a working document and is subject to change.

Help your 3 & 4 year old get pre-school/kindergarten ready! We'll practice fine motor skills, letter, number and color recognition through stories, songs, art projects and other fun activities. We will also work on taking turns, using manners, working together, interactive play and lots more.

JUST FOR THREE'S & FOUR'S - 2 DAYS A WEEK (AGES 3-4 YEARS) (HVY)

Help your 3 & 4 year old get pre-school/kindergarten ready! We'll practice fine motor skills, letter, number and color recognition through stories, songs, art projects and other fun activities. We will also work on taking turns, using manners, working together, interactive play and lots more.

MUSIC AND MOVEMENT (AGES 3-4 YEARS) (HVY)

Learning through movement, music, and activities. We'll have fun being active, interacting through music, playing games, and doing activities.

READY SET GO PRESCHOOL- 2 DAYS A WEEK (AGES 3-4 YEARS) (FWY) NEW

Did your child miss the cut off day for 4K? Then this is the perfect class for them! Each week your child will enjoy a different theme with games, art, songs and stories. The focus is on your child's social and emotional growth to prepare them for the next step. Don't miss out!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
ABC 123	HVY	3-4 years	M	10:30 AM	NOON	\$44	\$65
Fun and Fitness	HVY	3-4 years	TH	9:00 AM	9:45 AM	\$29	\$50
Fun for 3's and 4's	NMY	3-4 years	F	8:45 AM	9:45 AM	\$34	\$55
Just For Three's & Four's	HVY	3-4 years	F	8:45 AM	10:15 AM	\$44	\$65
Just For Three's & Four's	HVY	3-4 years	WF	10:30 AM	NOON	\$69	\$90
Music and Movement	HVY	3-4years	T	9:00 AM	10:00 AM	\$34	\$55
Ready Set Go Preschool	FWY	3-5 years	M	9:00 AM	11:00 AM	\$54	\$75
Ready Set Go Preschool	FWY	3-5 years	W	9:00 AM	11:00 AM	\$54	\$75

AGES 3-6 YEARS

ABC 123 (AGES 2.5-5 YEARS) (FWY)

Early math and reading skills are the core of this class. Counting, grouping, number recognition, letter recognition, sounds, and writing skills will be taught through activities, art, songs, and stories.

1, 2, 3 COME COUNT WITH ME (AGES 3-5 YEARS) (APY)

Practice your numbers as we count, explores patterns, shapes, and learn basic addition and subtraction.

ALL AROUND THE WORLD (AGES 3-5 YEARS) (APY)

Each country around the world has something different to share with us, and we are on a mission to learn all we can about traditions, folk tales, art, and music from around the world.

AWESOME ART ADVENTURES (AGES 3-5 YEARS) (HVY)

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing and lots more. Come to class ready for fun and dressed to get messy.

COOL KIDS (AGES 3-5 YEARS) (NMY)

You'll be cool for school participating in this readiness class. Make new friends while preparing for 4K and Kindergarten with art, songs, stories and classroom fun.

COUNT ON IT (AGES 3-5 YEARS) (NMY)

Early math skills are the core of this class. Counting and grouping along with number and shape recognition will be taught through art, stories, songs and group activities.

GALATIC GLIMPSE (AGES 3-6) (NMY)

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Blast off to explore your galaxy! Come and discover the universe we all share.

HELLO SPRING! (AGES 3-5 YEARS) (APY)

Explore spring through a variety of seasonal science activities that teach us about weather, plants, animals, and more.

LITTLE CHEFS (3-5 YEARS) (HVY)

We'll read a story and create a simple snack that goes with the story, along with time for songs, games and activities. Tasting and trying is an important part of class. Food may contain dairy or gluten. Contact before registration with any food allergy concerns.

LITTLE SCIENTISTS (3-5 YEARS) (HVY)

Hands on science that will fascinate your child. We'll explore, experiment, build, create and learn through fun activities.

PLAYGROUND (3-5 YEARS) (NMY)

Kids love recess! Let's go to the playground, let's have some fun! We'll enjoy playground games, activities and friendships. Class is in the Miron Gym, please wear tennis shoes and bring a water bottle. Weather permitting we'll go to Cook Park.

SPORTS AND SNACK (2.5-5 YEARS) (FWY)

Come join the fun! We will focus on different sports each week. Your child will learn skills and play games and end with a fun snack. Please dress in comfortable clothes and tennis shoes.

SPRINGTIME CRITTERS (AGES 3-5 YEARS) (ACY)

This program will let your little one hop with the bunnies, sing with the birds, and watch amazing changes in tadpoles and insects. Each class will include story time, crafts, songs, and other hands-on activities. Please dress your child for the weather as we will be taking short hikes along with other outdoors games and activities.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
ABC 123	FWY	2 ½ -5 years	F	9:00 AM	10:00 AM	\$34	\$55
1,2,3 Come Count with Me	APY	3-5 years	T	8:45 AM	10:45 AM	\$54	\$75
All Around the World	APY	3-5 years	F	8:45 AM	10:45 AM	\$54	\$75
Count on it	NMY	3-5 years	T	8:30 AM	9:30 AM	\$34	\$55
Galactic Glimps	NMY	3-6 years	F	9:00 AM	11:00 AM	\$54	\$75
Hello Spring!	APY	3-5 years	TH	8:45 AM	10:45 AM	\$54	\$75
Awesome Art Adventures	HVY	3-5 years	TH	10:15 AM	11:15 AM	\$34	\$55
Cool Kids	NMY	3-5 years	TTH	9:30 AM	10:30 AM	\$54	\$75
Little Chefs	HVY	3-5 years	W	10:30 AM	11:30 AM	\$34	\$55
Little Scientists	HVY	3-5 years	T	10:30 AM	NOON	\$44	\$65
Playground	NMY	3-5 years	W	9:00 AM	10:00 AM	\$34	\$55
Springtime Critters	ACY	3-5 years	M	9:30 AM	11:00 AM	\$44	\$65
Sports and Snack	FWY	2 ½ -5 years	F	10:00 AM	11:00	\$34	\$55

LUNCH TIME CLASSES (AGES 3-5 YEARS) (APY, ACY, FWY)

Is your child enrolled in Preschool, PreK or Kindergarten Readiness? Here is how these classes can work for you and your child. 1) Enroll in the program that matches your child's Preschool, PreK or Kindergarten Readiness class start or end time. 2) Drop-In staff will transfer your child to/from the class. 3) Please contact Appleton Drop-In at 920.954.7684 or Apple Creek Drop-In at 920.733.9622 or Fox West Y at 920-

560-3417 to make arrangements. 4) Please bring a nutritional bag lunch that will be eaten during class time.

HAPPY DAYS (AGES 3-5 YEARS) (APY)

It's a happy day when we get to spend time with our friend! What makes you happy? This class will promote positive self-esteem, healthy living, and happiness.

IMAGINATION STRETCHERS (AGES 3-5) (APY)

How far can you stretch your imagination? The possibilities are endless as we use a variety of different art materials to bring our imagination to life.

LAUGHTER, LEARNING AND LUNCH (AGES 3-5 YEARS) (FWY) (ACY)

Exploring, laughter and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

ON THE FARM (AGES 3-5 YEARS) (APY)

Learn about farms and farm animals through art, books, and activities.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Class will end with time for lunch, so please pack a nutritious, nut free lunch for your child, and have them dressed for the weather as a portion of each class will be held outdoors, weather permitting.

RAIN, RAIN GO AWAY! (AGES 3-5) (APY)

Through a series of hands-on activities, we will learn about the different types of weather we experience in the spring and the effect it has on nature.

SPRING FUN (AGES 3-5 YEARS) (ACY, FWY)

Jump into the new season by exploring the wonders of Spring. Crafts, games and songs will keep you discovering all that Spring has to offer. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

THE CARLE CLUB (AGES 3-5) (APY)

Explore the world of legendary children's author, Eric Carle, as we read and participate in activities inspired by a different book of his each week.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Happy Days	APY	3-5 years	M	11:00 AM	1:15 PM	\$59	\$80
Spring Fun	FWY	3-5 years	M	11:00 AM	1:00 PM	\$54	\$75
Imagination Stretchers	APY	3-5 years	F	11:00 AM	1:15 PM	\$59	\$80
Spring Fun	FWY	3-5 years	T	11:00 AM	1:00 PM	\$54	\$75
On the Farm	APY	3-5 years	T	11:00 AM	1:15 PM	\$59	\$80
The Carle Club	APY	3-5 years	TH	11:00 AM	1:15 PM	\$59	\$80
Rain, Rain, Go Away!	APY	3-5 years	W	11:00 AM	1:15 PM	\$59	\$80
Laughter, Learning and Lunch	ACY	3-5 years	W	11:15 AM	2:15 PM	\$69	\$90
Laughter, Learning and Lunch	FWY	3-5 years	W	11:00 AM	1:00 PM	\$54	\$75
Outrageous Outdoors	ACY	3-5 years	W	10:00 AM	NOON	\$54	\$75

FUN SHOPS –NEW

Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

GARDEN GUARDIANS (AGES 3-6 YEARS) (NMY) NEW

Learn to be a garden super star! We'll be exploring dirt, seeds, plants and getting dirty.

MOTHERS DAY GIFT GIVING (AGES 3-6 YEARS) (NMY) NEW

Join us and create an extraordinary gift to celebrate Mother's Day. Children can make something for their mom, grandma, aunt, friend or anyone special in their life. In addition to creating a unique Mother's Day gift, kids will engage in fun group activities to get them excited about celebrating this very special holiday.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Garden Guardians April 27	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
Mother's Day Gift Giving May 11	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22

TUMBLING CLASSES AGES 3-12 YEARS

PRESCHOOL BEGINNING TUMBLING (AGES 3-4YEARS) (FWY)

This tumbling class is perfect for the child who hasn't been in tumbling before. In this class your child will have fun learning beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

BEGINNING TUMBLING (AGES 4-6 YEARS) (FWY)

This tumbling class is perfect for the child who hasn't been in tumbling before. This tumbling class is for the child who is a little older and ready learn beginning tumbling skills, while improving coordination and flexibility. Beginning tumbling gives your child the foundational skills to learn more advanced techniques.

TUMBLING 1 (AGES 6-12 YEARS) (FWY)

This class is for the child who wants to concentrate on just tumbling and floor exercise skills while improving coordination and flexibility. Your child will work on mastering cartwheels, backward rolls, headstands, handstands, low beam and more!

ADVANCED TUMBLING 1 (AGES 6-12 YEARS) (FWY)

This class is for children who have moved up from Tumbling 1. This class was created for the children almost ready for Tumbling 2.

TUMBLING 2 (AGES 7-12 YEARS) (FWY)

This class is for children who have been moved up from their Y instructor from Advanced Tumbling 1. If your child has mastered the backward roll, cartwheel, one-hand cartwheel, round off and handstand forward roll, this is the class for your child.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Preschool Beginning Tumbling	FWY	3-4 years	M	4:30 PM	5:15 PM	\$32	\$64
Preschool Beginning Tumbling	FWY	3-4 years	F	9:45 AM	10:30 AM	\$32	\$64
Beginning Tumbling	FWY	4-6 years	TH	4:30 PM	5:15 PM	\$32	\$64
Tumbling 2	FWY	6-12 years	M	6:00 PM	6:45 PM	\$32	\$64
Tumbling 1	FWY	6-12 years	TH	5:15 PM	6:00 PM	\$32	\$64
Advanced Tumbling 1	FWY	6-12 years	TH	6:00 PM	6:45 PM	\$32	\$64
Tumbling 2	FWY	6-12 years	M	5:15 PM	6:00 PM	\$32	\$64