GROWTH & DEVELOPMENT

STAFF CONTACTS
ACY – Amie Olson Childcare Services Director P 702.2315 E aolson@ymcafoxcities.org
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APY – Amanda Beuscher Arts & Education Coordinator P 954.7602 E abeuscher@ymcafoxcities.org
FWY – Alicia Lutgen Early Childhood Coordinator P 560.0428 E alutgen@ymcafoxcities.org
HVY – Randi Thurs, Sports and Recreation Director P 830.5709 E rthurs@ymcafoxcities.org
NMY – Jensen Hinton Sports and Recreation Director P 886.2103 E jhinton@ymcafoxcities.org

NEW HEALTH & SAFETY INFORMATION IN RESPONSE TO COVID-19
• Please do not attend if you are not healthy or have been exposed to someone with COVID-19.
• Please sanitize your hands as you enter the Y and as you exit.
• Please bring your own water bottle. Bottle fillers available but drinking fountain spouts are not.
• Physical distancing will be practiced at the Y.
• Staff volunteers, participants age 5 and over will wear masks for indoor programs. Classes that have a mix of ages that include age of will mask.
• Parents will not be allowed to enter program spaces and will drop off and pick up child at the door of the program space.
• Equipment and touchpoints will be cleaned and disinfected throughout the day. When children use supplies and equipment, they will be placed in a used bin to be disinfected before return for use.
• Programs have been staggered schedules to limit crowds and crossover of participants and spectators.
• Additional safety protocols will be provided with registration in program.

ALL GROWTH & DEVELOPMENT PROGRAMS WILL FOLLOW SUMMER SESSION JUNE 7 – AUGUST 22, 2021 UNLESS SPECIFIC DATES ARE LISTED.
NO CLASSES July 5-July 11

PARENT AND CHILD GROWTH AND DEVELOPMENT
Parent and Child Growth and Development classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature related Growth and Development classes, please see the Environmental Education section of this document.

Summer Session: June 7-August 22, 2021
This is a working document and is subject to change.
UPDATED ON: MAY 21, 2021
WONDERBUG DISCOVERIES – June 7-July 18, July 19- August 22 (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)
This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week we will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

LET’S GET MOVIN’ (18 MONTHS-3 YEARS) (NMY) June 7-July 18, July 19- August 22
Children love to move, play and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

AGES 2-3 YEARS

AWESOME ADVENTURES - June 7-July 18, July 19-August 22 (AGES 2-3 YEARS) (HVY)
Go digging for dinosaurs, explore outer space, dive into the ocean, and much, much more. Through hands-on activities, games, and stories we’ll learn about the awesome world we live in.

BEYOND PLAY (AGES 2-3 YEARS) (NMY) June 7-July 18, July 19-August 22
Packing fun into every class! We’ll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

DINOSAURS AND FOSSILS - July 19-August 22 (AGE 2-3 YEARS) (HVY)
Let’s bring dinos back from extinction with books, music, and activities.

JUST FOR TWOS - June 7-July 18, July 19-August 22 (AGE 2 YEARS) (HVY)
This class encourages social experiences with hands-on activities, art, and play. Group interactions encouraged through songs and games. The perfect class for your independent two-year-old.

LET’S GET MESSY - June 7-July 18 (AGE 2-3 YEARS) (HVY)
This is the class for your child. We will get messy by using our hands and sometimes our feet. Dress for a mess and fun!
Let's Get Messy  
June 7-July 18  
HVY  2-3 years  W  11:00 AM  12:00 PM  $26  $44  

Dinosaurs and Fossils  
July 19-Aug 22  
HVY  2-3 years  W  11:00 AM  12:00 PM  $26  $44  

AGES 2-4 YEARS  

ANIMAL ACTIONS – June 7-July 18, July 19-August 22  
(AGES 2 ½ -4 YEARS) (ACY)  
Fun with a focus on animals! Each week we will create and learn through songs, stories, and art. Enjoy new projects and stories each class if you want to sign up for both sessions.  

ART CLUB - June 7-July 18, July 19-August 22  
(AGES 2 ½ -4 YEARS) (ACY)  
Calling all creative kids. Come explore your creative side in art club. You will make many different projects to take home and enjoy. Enjoy new projects and stories each class if you want to sign up for both sessions.  

BEACH FUN - June 7-July 18  
(AGES 2 -4 YEARS) (FWY)  
Summer is just beginning but we are ready to play! Let’s have beach day everyday with new projects and books all about beaches and what they have to offer.  

EARLY EXPLORERS – July 19-August 22  
(AGES 2-4 YEARS) (FWY)  
Adventure! Exploration! Games! Art! Friends! Books! Music! Creativity! Laughter! What more do you need to become an excellent explorer!!  

FUN IN THE SUN - June 7-July 18, July 19-August 22  
(AGES 2 ½ -4 YEARS) (ACY)  
Soak up the sunshine through summer fun indoor and outdoor activities, art projects and stories. Enjoy new projects and stories each class if you want to sign up for both sessions.  

(AGES 2-4 YEARS) (FWY)  
Games, Activities, Tag, Obstacles, Relays and Sports Jr. uses age-appropriate activities like freeze tag, musical chairs, kite flying and mini golf to develop spatial awareness, motor skills and social learning in our littlest friends. This class will be held outdoors, weather dependent, so please dress your child accordingly.  

LET’S GO CAMPING – June 7-July 18  
(AGES 2-4 YEARS) (FWY)  
Enjoy the wonders of summer camp without leaving the YMCA. Explore the joy of summer camp through games, songs, crafts and more!  

STORY TIME FUN – June 7-July 18, July 19-August 22  
(AGES 2 ½ -4 YEARS) (ACY)  
Have fun while learning songs, crafts, and games through the joy of a new storybook each week. Enjoy new projects and stories each class if you want to sign up for both sessions.  

SUMMER EXPLORERS – June 7-July 18, July 19-August 22  
(AGES 2 ½-4 YEARS) (ACY)  
Are you ready for some summer adventure? Join us as we explore the world around us through play and discovery. Enjoy new projects and stories each class if you want to sign up for both sessions.
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<tr>
<th>Class name</th>
<th>YMCA</th>
<th>Age</th>
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**AGES 3-4 YEARS**

**BOOKWORM BUDDIES- July 19-August 22**  
(AGES 3-4 YEARS) (HVY)  
In this class your child will find a love for reading! New themes each week paired with arts and crafts.

**BUGS AND GARDENING June 7-July 19**  
(AGES 3-4 YEARS) (HVY)  
In this class your child will find a love for reading! New themes each week paired with arts and crafts.
AGES 3-6 YEARS

ABC 123 - June 7-July 18
(AGES 3-5 YEARS) (HVY)
Early math and reading skills are the core of this class. Counting, grouping, number recognition, letter recognition, sounds, and writing skills will be taught through activities, art, songs, and stories.

ABCs UNDER THE SEA - July 19-August 22
(AGES 3-5 YEARS) (FWY)
Help your child sharpen his/her summer skills as we explore animals, creatures, and activities under the sea...all from A to Z. This class will also work on alphabet-related activities.

BLAST OFF INTO SPACE! – July 19-August 22
(AGES 3-5 YEARS) (FWY)
Calling all future astronauts! Our young friends are fascinated by the sun, moon, and the stars. In this class we will learn all about outer space through circle time, crafts, stories, and songs.

BOOK BUDDIES- June 7- July 18
(AGES 3-5 YEARS) (APY)
Your child’s first book club! Each week will have a different theme and extended activities to enhance each story.

BUGS, BUGS, BUGS-July 19- August 22
(AGES 3-5 YEARS) (APY)
Investigate caterpillars, ladybugs, dragonflies, and many other wiggly critters through art projects, group activities, stories and more.

BUBBLES, BUTTERFLIES, AND BUGS – June 7- July 18
(AGES 3-5 YEARS) (FWY)
Warm summer days provide time for some of the most beautiful (and wiggly, squiggly) insects to emerge for us to enjoy! We will be learning all about earth’s crawling and flying creatures. Of course, time will be spent outside playing with bubbles too!

I CAN DO IT - June 7-July 18, July 19-August 22
(AGE 3-5 YEARS) (HVY)
Can you imagine it? We can do it! Imagine being a builder, doctor, or character in your favorite book. We’ll use our imaginations to explore exciting stories and the world around us. This class will encourage learning and fun through stories, activities, and dramatic play.

ITY BITTY SCIENTISTS - July 19-August 22
(AGES 3-5 YEARS) (FWY)
Hands on science that will fascinate your child. We will explore, experiment, build, create and learn through fun science activities.

LITTLE G.A.T.O.R.S. – June 7-August 22
(AGES 5-7 YEARS) (FWY)
Games, Activities, Tag, Obstacles, Relays and Sports uses games and activities like freeze tag, musical chairs, kite flying and mini golf to develop spatial awareness, motor skills and social learning. This class will be held outdoors, weather dependent, so please dress your child accordingly.

GROW WITH ME – June 7-July 18
(AGES 3-5 YEARS) (FWY)
Crafts, stories, and games to enhance creativity and fine motor skills with a gardening theme. We will use tools to plant seeds, dig holes and help in the garden.
LITTLE SCIENTISTS - June 7-July 18, July 19-August 22
(AGES 3-5 YEARS) (HVY)
Hands on science that will fascinate your child. We’ll explore, experiment, build, create and learn through fun science activities.

MINI PICASSO – July 19- August 22
(AGES 3-5 YEARS) (APY)
This class introduce the concepts of combining colors and shapes together to create art. Children will explore a variety of art materials in this beginner’s art class.

OCEAN COMMOTION- June 7-July 18
(AGES 3-5 YEARS) (APY)
Explore whales, dolphins, jellyfish, sharks, and many other ocean adventures through art projects, songs, group activities and more.

OH, THE PLACES YOU WILL GO- July 19-August 22
(AGES 3-5 YEARS) (APY)
Travel the world one book at a time.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY) June 7-July 18, July 19-Aug 22
This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Please have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

THINGS THAT GO- June 7-July 18
(AGES 3-5 YEARS) (APY)
Enjoy the world of trains, planes, and automobiles through art, stories, and much more.

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Summer Session: June 7-August 22, 2021
This is a working document and is subject to change.
AGES 4-7 YEARS
PICNIC PARTY – June 7-July 18, July 19-August 22
(4-7 YEARS) (FWY) LUNCH CLASS
Picnic and fun are what this class is all about! Enjoy lunch outdoors (weather permitting) with new friends and have some fun with songs, stories, and art. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

SUMMER SKILLS - June 7-July 19, July 20-August 22
(4-6 YEARS) (HVY)
Keep learning all summer long. Kids will stay sharp on all they’ve learned during the school year. We’ll practice math, reading, and writing skills to prevent the summer slide.

AGES 5-9 YEARS
LET’S TAKE A HIKE – July 19-August 16
(AGES 5-9 YEARS) (ACY)
Join us for short hikes on the Purdy preserve while we learn each week about different animals that call the preserve their home, including deer, chipmunks, and songbirds. There will be time to explore both on and off the trail and for games and other activities as well!

POND ADVENTURES – June 7-July 12
(AGES 5-9 YEARS) (ACY)
Learn about frogs, tadpoles, turtles, aquatic insects and more in this hands-on class. Dress to get your feet wet and muddy! Class includes outdoor activities as well as crafts, games, and stories.
**FUN SHOPS – NEW**
Bring your children to a Fun Shop! These are one day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

**FATHER’S DAY GIFT MAKING (AGES 3-6 YEARS) (HVY)**
Our time together will revolve around DAD. Shhhh! We’ll be making Dad a surprise to give him on Father’s Day! We’ll also play cool games and have a lot of fun!

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