

DESIGNATION OF BENEFICIARY FOR YMCA EMPLOYEES

For faster service, you may name, review, and update your beneficiary(ies) on the Fund's website at www.yretirement.org. Simply log in to your account and go to Beneficiary Information under the Features menu.

This beneficiary designation is for the Pre-Retirement Death Benefit. If you designate: 1) a person—provide their full name, address, Social Security number, and birth date; 2) an organization—provide its full corporate name and address; 3) a trust—submit a copy of the trust document; 4) an estate—submit a copy of the document indicating the executor. If no beneficiary survives you, benefits will be paid to your estate or next of kin. Beneficiaries will be given equal shares if no percentages are indicated. A beneficiary cannot be listed as both primary and contingent.

This form may not be valid unless it is completed without erasures or alterations. Faxes and copies will not be accepted. Your request will not be processed until the YMCA Retirement Fund receives the properly completed form.

First Name		Middle		Last Name		
Home Street Address		City		State		
					-	
Home Phone	Email			Social Security Number		
2. PRIMARY Beneficia	y(ies) — The tota	l percentage amount mus	st equal 100%			
) below as my primary (and ry designation(s) made by n		ciary(ies) for my YMC	A Retirement Fur	nd plan benefits
beneficiary dies before you,	his or her interest a y based on the per	ciary(ies) will receive the pround the interest of his or her centage amount awarded to n.	heirs will terminate.	The share of any rema	aining primary bei	neficiary(ies) will
Name		Address	Relationship	Social Security #	Birth Date	% Amount
						%
						+%
						+ %
						+ %
						= 100%
3. CONTINGENT Benefi	ciary(ies) – The	total percentage amount	must equal 100%			
that all of the primary bene	eficiaries have died. y remaining conting	designated shares of your a If a contingent beneficiary gent beneficiary will be incr	dies before you, his	or her interest and th	ne interest of his	or her heirs will
Name		Address	Relationship	Social Security #	Birth Date	% Amount
						%
						+%
						+%

* O 1 D S G B F N A C *

4. YOUR MARITAL STATUS		,
A spouse has certain rights under the law and the plans. Inform the remarry, you must update your beneficiary designation at that time	he Fund immediately of any changes to your marital status. If you marry or ne.	
Indicate your marital status: ☐ Single		
	not already done so, please submit a copy of your divorce decree to the greement that concerns your YMCA Retirement Fund account(s)).	
☐ Widowed		
(If you became widowed during your YMCA employment a certificate to the Fund.)	nd have not already done so, please submit a copy of your spouse's death	7
Waiver of Qualified Pre-Retirement Survivor Annuity on *If you complete this form prior to age 35, your spouse wa	is to your spouse, your spouse must complete the <i>Spousal Consent to</i> page 3 in the presence of a notary public.* ill automatically be entitled to 50% of your account balance(s) on the reach age 35. If you wish to avoid this, you must update your beneficiary	
5. SIGNATURE WITH NOTARIZATION or YMCA AUTHORIZA	TION	
	to the Fund, and that keeping my beneficiary designation up-to-date is ualified Pre-Retirement Survivor Annuity on page 3. I hereby certify that lief.	
You have the option to choose between the two following methods: Sign and then obtain an additional signature from your YMCA's	s of authorizing your signature. You may either:	
	s of authorizing your signature. You may either: Chief Executive Officer or Local Plan Administrator.	<u>w)</u>
Sign and then obtain an additional signature from your YMCA's	s of authorizing your signature. You may either: Chief Executive Officer or Local Plan Administrator.	/y)
Sign and then obtain an additional signature from your YMCA's PARTICIPANT SIGNS AND	s of authorizing your signature. You may either: Chief Executive Officer or Local Plan Administrator. Today's Date // (mm/dd/yyy	/y)
Sign and then obtain an additional signature from your YMCA's PARTICIPANT SIGNS	s of authorizing your signature. You may either: Chief Executive Officer or Local Plan Administrator. Today's Date	
Sign and then obtain an additional signature from your YMCA's PARTICIPANT SIGNS AND AUTHORIZATION BY YMCA Print Name (If participant is the CEO, the Local Plan Administrator must sign. If participant participant is the CEO, the Local Plan Administrator must sign. If participant is the CEO, the Local Plan Administrator must sign. If participant is the CEO, the Local Plan Administrator must sign. If participant is the CEO, the Local Plan Administrator must sign. If participant is the CEO, the Local Plan Administrator must sign. If participant is the CEO, the Local Plan Administrator must sign.	s of authorizing your signature. You may either: Chief Executive Officer or Local Plan Administrator. Today's Date	
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State of_

My Commission Expires _____

Explanation of Qualified Pre-Retirement Survivor Annuity

If you are married and die before you begin receiving retirement benefits, a Qualified Pre-Retirement Survivor Annuity ("QPSA") will be provided to your surviving spouse, unless you elect to waive the QPSA. The QPSA benefit is an annuity for the life of your spouse based on one-half of your account balances as of your death. You may elect to waive a QPSA, only if your spouse consents in writing to that election before a notary public. Your spouse's right to a QPSA benefit cannot be taken away unless he/she agrees to give up that benefit. If your spouse agrees, you can choose to have all or a part of your benefits paid to someone else. You may, if you desire, waive a previous election and make a new election. If your account balance is \$5,000 or less at the time of your death, your surviving spouse will be paid in a single lump sum even if you do not waive the QPSA.

You may waive the QPSA benefit with spousal consent beginning with the first day after which you become a participant in the plan. However, if you waive while you are still an employee of a YMCA and under age 35, the waiver will become invalid the first day of the plan year in which you reach age 35 and your spouse will automatically be entitled to 50% of your account balance(s). If you wish to avoid this, you must update your beneficiary designation at that time.

If you are not married at the time of your death, your designated beneficiary(ies) will be entitled to receive all of your benefits.

If you are married and you wish to designate less than 100% of your be below in the presence of a notary public.	enefits to your spouse, your spouse must complete and sign the waiver
Spousal Consent to Waiver of Qualified Pre-Retirement S	urvivor Annuity
I, (name of spouse)	lan. I acknowledge that I have read and understand the <i>Explanation of</i> hat the participant has chosen to waive his/her right to a QPSA, which t's account balances upon his/her death. I consent to the waiver and
NOTARY SEAL:	NOTARY PUBLIC AS WITNESS:
	Subscribed and sworn before me this day of, 20
	NOTARY SIGNS
	State of
	My Commission Expires