

YMCA OF THE FOX CITIES **CAMP NAN A BO SHO GUIDE**

All Campers Welcome

YMCA of the Fox Cities is a welcoming and inclusive organization. All campers are invited to make a lifetime of memories at YMCA Camp Nan A Bo Sho.

Group Planning

Each camp session described in this guide provides an idea of the activities included at camp; however, camper input helps determine which activities actually happen. No matter which program you choose, you will participate in all the traditional camp activities you love.

Registration

Registration opens January 4, 2021 online at campnanabosho.org/register.

Confirmation

Confirmation information is sent electronically, so it's crucial to provide us with a valid email address. Confirmation packets are also available at campnanabosho.org/forms after January 4, 2021.

Pricing

We understand that our camp families have differing means to pay for their child(ren)'s camp experiences, so we offer a voluntary three range personal pricing structure to accommodate all financial needs. This voluntary pricing structure does not influence the quality of your child(ren)'s camp experience. Please consider selecting the highest range your family can afford. The range you choose is up to you.

Range 1 – Most accurately reflects the true cost of YMCA Camp Nan A Bo Sho including wear and tear and depreciation.

Range 2 – A partially subsidized rate.

Range 3 – Our historically standard rate, which does not represent the true cost of camp. This rate is subsidized through fundraising, special events and sustaining contributions.

Payment

All camp programs require a \$100, non-refundable deposit that must be paid at the time of registration. Remaining balances are Order your commemorative Camp Nan A Bo Sho T-shirt or due one month prior to the first day of camp.

Financial Assistance

Cost should never be a barrier, financial assistance is available through the YMCA of the Fox Cities' Annual Campaign. For more information, and to apply, please visit:

campnanabosho.org/parentinfo

Discounts

Recruit a friend (non-sibling) who has not previously attended YMCA Camp Nan A Bo Sho and receive a \$25 discount; OR Register for two or more camp sessions and receive a \$25 discount on all sessions after the first session.

Health & Safety

All campers are required to have a completed health history on file to attend camp. Information regarding the online health form will be emailed to you after your registration is received. Campers must provide their own health and accident insurance. Please visit campnanabosho.org/health-safety for up to date information regarding COVID-19 precautions for campers and staff.

Field Trips

Due to the ongoing uncertainty and constant changing of regulations regarding public gatherings and group sizes, all planned off-site field trips are subject to change at any time. Campers will still participate in a field trip, but it may be different that what is listed in the program description.

Our camp culture starts with well-trained, loving, enthusiastic and dedicated staff. Camp staff are selected on the basis of their values and proven abilities in working with youth. All staff participate in an extensive training program prior to the camp season. Over 75% of our staff were campers themselves!

Bus transportation is available for most programs for an additional cost. Bus pick up and drop off is at the Apple Creek YMCA located at 2851 E. Apple Creek Rd., Appleton, WI 54913.

Camp Swaq

sweatshirt to be delivered to your camper while they are at camp! Shirts can be ordered upon registering for camp until May 1. 2021 t-shirts will not be available for purchase at camp.

Our kids need camp more than ever! After months of virtual learning and spending time inside, Camp Nan A Bo Sho is the place to get some fresh air and be a kid again! The health & safety of our campers and families is the most important thing to us and we have implemented new policies and practices to ensure our campers have the safest experience possible. Join us this summer to reconnect with friends, soak up the sunshine and try something new.

We can't wait to share the camp magic with you this summer.

Danielle "Chip" Polzin Camp Director

FUN FOR ALL AGES ALL SUMMER LONG!		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8
		June 13-18	June 20-25	July 4-9	July 11-16	July 18-23	July 25-30	August 1-6	August 8-11*
Ages 5-7	Short N' Sweet	Sun-Tues			Sun-Tues			Sun-Tues	
Ages 7-9	Camp Sampler	Tues-Fri			Tues-Fri			Tues-Fri	
Ages 5-12	Day Camp-Summer Daze		Mon-Fri	Mon-Fri			Mon-Fri		
Ages 6–8	Summer Explorers	X			Х		Х	Х	
	Time Hoppers		Х		Х	Х			
	Icky Sticky Fun	X		Х		Х		Х	
	Bon Appetite		Х	Х			Х		
Ages 8-10	Pathfinders		Х	Х		Х		Х	
	Water Otters		Х		Х		Х	Х	
	Sports of All Sorts	Х			Х		Х		
	Night Crawlers	Х		Х		Х			
Ages 10-12	Adventure Seekers	Х		Х	Х			Х	
	Passport to Adventure	Х		Х		Х	Х		
	Splash Zone		Х			Х		Х	End *Su
	Great Camp Excursion		Х		Х		Х		of Ag
Ages 12-14	Voyagers		Х		Х	Х	Х		End of Summer Bash Ages 5-17 *Sunday-Wednesday
	Tree Toppers	Х		Х		Х		Х	nmer 5-17 Vedne
	On The Loose		Х	Х			Х		ir B 7 Nesi
	Thrill Seekers	Х			Х			Х	Bash esday
Ages 12–14	Menominee River Canoe			Two-Wee	k Program				
	Ice Age Trail Backpack					Two-Wee	k Program		
Ages 13-15	Michigamme River Canoe	Two-Wee	k Program						
	Pictured Rocks Backpack						Two-Wee	k Program	
Ages 15-17	Superior Hiking Trail			Two-Week Program					
Ages 14–16	Go Wild			Х				Х	
	Vertical Limits		Х				Х		
	Ultimate Adventure	Two-Wee	k Program		Two-Wee	k Program			
Ages 14-16	Leadership Camp	Х				Х			
Ages 15-16	Leaders in Training (LIT)			Two-Wee	k Program		Two-Week Program		
Ages 16-17	Counselor in Training (CIT)	Two-Wee	k Program			Two-Week Program			

QUESTIONS

For detailed information please visit our website: campnanabosho.org You may also contact us at 920,733,9622 or campnanabosho@ymcafoxcities.org

BUSINESS ADDRESS: 2851 E Apple Creek Rd, Appleton, WI 54913 CAMP ADDRESS: 18369 Okonto Ln, Lakewood, WI 54138

GENERAL PROGRAMS

Short N'Sweet

Ages: 5-7

Y Member: \$320 | \$295 | \$270 General Public: \$360 | \$335 | \$310

Spend 3 days and 2 nights exploring everything camp has to offer. Make new friends, paddle a canoe, swim in the lake and try something new. This program is perfect for the first-time camper. Program runs Sunday-Tuesday.

Camp Sampler

Ages: 7-9

Y Member: \$355 | \$330 | \$305 General Public: \$395 | \$370 | \$345

For those not quite ready for a full week, join us for 4 days and 3 nights of camp fun. Go swimming, shoot archery, paddle around Waubee Lake during the day and watch the sunset each night. Program runs Tuesday-Friday.

Summer Explorers

Ages: 6-8

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Explore everything camp has to offer; swimming, canoeing, arts & crafts, campfires and so much more. You will have a blast whether you are an experienced camper or a first timer.

Time Hoppers

Ages: 6-8

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Go back in time to see what life was like in the early days of Wisconsin. Churn butter, cook over the fire and make candles. End your week with a field trip where vou will ride on a real lumberjack steam train to a north woods logging camp.

Icky Sticky Fun

Ages: 6-8

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Find your inner scientist while making slime, elephant toothpaste and designing your own water rocket. The sky's the limit. literally!

Bon Appetite

Ages 6-8

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Mix, dice, chop and stir up tasty creations in the camp kitchen and over the campfire. Get creative making pancake art and share your skills by helping the camp cooks make lunch.

Pathfinders

Ages: 8-10 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Sample everything camp has to offer; swimming, kayaking, archery, arts & crafts and anything else you can dream up. Spend one night at camp sleeping in a tent!

Water Otters

Ages: 8-10 Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Pack your sunscreen and get ready to have fun at the lake. Explore the shore, jump on the water trampoline. soak up the sun and play water games. Take a day trip and have a picnic lunch at a local beach!

Sports of All Sorts

Aaes: 8-10

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Stay active playing basketball, soccer and gaga. Play archery games, shoot riflery and try your hand at casting for fish. Do some early morning yoga and make healthy snacks to refuel yourself for the next day.

Night Crawlers

Ages: 8-10 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

The fun really begins when the sun goes down. Stay up late, gaze at the stars, and watch for animals that come out at night. Dissect owl pellets and learn about bats. Sleep in so you are ready for more late night adventures.

Adventure Seekers

Ages: 10-12

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Can't make up your mind what to dodo it all! Archery, swimming, riflery, arts & crafts, boating and much more. Spend one night in a tent on a canoe trip across Waubee Lake.

Passport to Adventure

Ages: 10-12

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Enjoy all the fun the north woods has to offer; play mini golf, visit the zoo and make a stop at the local candy shop. Return to camp each night to recharge for your next day's adventure.

Splash Zone

Ages: 10-12

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Make a splash as you get up early for a penguin dip, swim across the lake and take a day trip to a local waterpark. Wind down the week with a beautiful sunset paddle.

Great Camp Excursion

Ages: 10-12

Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Learn what it takes to survive in the wilderness; build a shelter, cook over the fire, purify water and use a map and compass to find your way. Spend two nights away from camp on a wilderness canoe or backpack trip trying out your new skills.

Voyagers

Ages 12-14

Y Members: \$538 | \$515 | \$488 General Public: \$578 | \$553 | \$528

Start your camp experience doing traditional camp activities; swimming, archery and much more. Challenge yourself on the high ropes course or climbing wall. Spend one night away from camp at a local campground.

Tree Toppers

Ages 12-14

Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Your week will be spent in the trees. Tie knots, learn basic climbing techniques and climbing safety. Climb to the top of the rock wall, ride the zip line and complete the low and high ropes courses.

On The Loose

Ages: 12-14

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Sleeping in? Movies? Ice cream parties? Between traditional camp activities like hanging out at the beach and stand up paddleboarding. do everything you never thought you could do at camp.

Thrill Seekers

Ages: 12-14

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Get your adrenaline flowing! Grab your PFD and do some whitewater rafting, spend the afternoon on a horseback ride and conquer the climbing wall and zip line at camp.

Go Wild

Ages: 14-16

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Go urban by day and wild by night. Play mini golf, watch a waterski show, race around on go-carts and explore Minocqua. Camp under the stars at a local campground on this 2 or 3 day out-of-camp adventure.

Vertical Limits

Ages: 14-16

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Refresh your climbing safety skills before challenging yourself on the rock wall and high ropes courses. Master knot tying, learn how to belay and assist the facilitators with the zip line operation. Test your limits on a climbing field trip.

Ultimate Adventure

Ages: 14-16

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Enjoy all that camp has to offer; you pick what you want to do! From kayaking to swimming to the high ropes course, your time at camp will be jam packed with fun. Over the weekend take a 3 day, 2 night canoe or backpack trip to the location of your choice. This is a two-week program.

DAY CAMP PROGRAMS

Camp Nan A Bo Sho Day Camp offers our campers a chance to participate in all that camp has to offer during the day and return home each night. Day camp runs from 9:00 AM-4:30 PM, Monday-Friday,

with lunch provided. Optional before care (starting at 7:30 AM) and after care (until 6:00 PM) is available for an additional cost. Transportation is NOT provided for this program.

Summer Daze

Ages: 5-12

Y Member: \$185 | \$160 | \$135 General Public: \$225 | \$200 | \$175

Designed for campers who like a bit of everything – from sports to crafts, nature activities to swimming, you will get to experience it all! Each week is packed with a variety of activities for you to choose from to create the adventure you are looking for.

Day Camp Before/After Care (Optional)

Ages: 5-12

Cost: \$4/Before Care. \$4/After Care Need to come early or stay late? No problem, you are welcome to join us for breakfast or stay through dinner. Choose the days you need!



WILDERNESS TRIP PROGRAMS

Our wilderness trips are adventure, fun, excitement and freedom rolled into two awesome weeks! Explore the beauty of the Northwoods of WI, MI and MN not many people get to see, guided by our specially trained trip leaders. We offer two types of wilderness trips: canoeing and backpacking, each with their own unique progression (Levels 1-4). All specialty trip supplies are provided, we just need you to join us!

Menominee River Canoe (Level 1)

Ages: 12-14

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Listen to the call of the loon and enjoy evenings around the campfire with friends as you take a 4-5 day canoe trip down the Menominee River. Spend your first few days in camp brushing up on your wilderness skills before heading out on the trip of a lifetime.

This is a two-week program.

Ice Age Trail Backpack (Level 1)

Ages: 12-14

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Throw everything you need in your backpack and hit the trail. Spend the first few days in camp brushing up on your wilderness skills before heading out of camp for a 4–5 day backpacking trip on the Ice Age Trail. This is a two-week program.

Michigamme River Canoe (Level 2)

Ages: 13-15

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

The next step in wilderness canoeing, travel for 6-7 days down the Michigamme River. Learn new wilderness tripping skills while you work as a team to reach your next campsite each night. This is a two-week program.

Pictured Rocks Backpack (Level 2)

Ages: 13-15

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Ready for the next challenge? Pack your bags and head to Pictured Rocks National Lakeshore in the beautiful UP of Michigan for a 6-7 day backpack adventure. This is a two-week program.

Superior Hiking Trail (Level 4)

Ages: 15-17

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

The ultimate wilderness backpacking experience, use the skills you have learned so far and conquer our 10-12 day backpacking trip on the challenging Superior Hiking Trail located on the Minnesota shore of Lake Superior. This is a two-week program.





LEADERSHIP PROGRAMS

Leadership Camp

Ages: 14-16

Y Member: \$538 | \$513 | \$488

General Public: \$578 | \$553 | \$528

Develop the skills needed to work with others and learn to recognize your own strengths as a leader. Go beyond your comfort zone as you push through the low and high ropes courses and participate in camp activities building your leadership skills as you go.

Leaders in Training (LIT)

Ages: 15-16

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Challenge yourself, look inward, and find the leader you can be. You will work with other teens to achieve group goals, push your comfort zone and be amazed at what can be accomplished working as a team. Participate in a 3 day, 2 night out-of-camp canoe trip. This is a two-week program.

Counselor in Training (CIT)

This is a two-week program.

Ages: 16-17

Y Member: \$915 | \$890 | \$865

General Public: \$955 | \$930 | \$905

Want to work at camp someday? Gain the leadership skills needed to work directly with the campers. Experience all the different roles that counselors play. Participate in a 3 day, 2 night out-of-camp backpacking trip.

END OF SUMMER BASH

End of Summer Bash

As the summer winds down, do you wish you just had a few more days to spend at camp? Join us for 4 days, Sunday-Wednesday, as we throw an end of summer bash at camp. Participate in all your favorite camp activities along with super special activities like a foam party, giant slip n' slide and carnival games just for those joining our bash! Campers will be divided in groups by age. Transportation will be provided free of charge for this special camp program.

August 8-11 Ages: 5-17

Y Member: \$355 | \$330 | \$305 General Public: \$395 | \$370 | \$345



FAMILY PROGRAMS

Family programs provide time for families to connect in the unique camp environment. Fee includes food, lodging and all the activities camp has to offer, and is open to adults and kids of all ages. Create life long memories and start a fun family tradition!

Family Camp

June 27-July 2, 2021

Adults (Age 18+)

Y Member: \$324 | \$299 | \$274 General Public: \$364 | \$339 | \$314

Youth (Ages 5-17)

Y Member: \$231 | \$206 | \$181 General Public: \$271 | \$246 | \$221

Children (Ages 0-4): FREE

Family Fun Weekend

July 23-25, 2021 Adults (Age 18+)

Y Member: \$187 | \$162 | \$137 General Public: \$227 | \$202 | \$177

Youth (Ages 5-17)

Y Member: \$117 | \$92 | \$67 General Public: \$157 | \$132 | \$107

Children (Ages 0-4): FREE

ADDITIONAL EVENT DATES

Volunteer Work Day at Camp

May 15, 2021 10:00 AM-4:00 PM

Come to Camp Nan A Bo Sho to help us get ready for the summer season. We have a project wish list we hope to accomplish at the Work Day. If you have a particular skill, trade or expertise (for example carpentry, electrical, plumbing) that you would like to share at the Work Day, please let us know when you register and we will have a special project for you. While there is no cost to attend this event, we do ask you to register so we can get an accurate count for lunch.

Open House at Camp

June 5, 2021

11:00 AM-2:00 PM Come visit Camp Nan

Come visit Camp Nan A Bo Sho to familiarize yourself with the camp enviornment by meeting camp staff and touring our facility. The waterfront will be open, so make sure to bring a swimsuit. Bring a friend and come see what camp has to offer! Light snacks will be provided.







YMCA OF THE FOX CITIES 229 E College Ave Appleton, WI 54911

