

FIND YOUR SENSE OF WONDER. FIND YOUR Y.

YMCA Camp Nan A Bo Sho

At Y overnight camp, kids get to explore the wonders of nature while discovering hidden talents and passions they never knew they had.

For a better us.®

FIND YOUR Y AT YMCA OF THE FOX CITIES REGISTER TODAY

YMCA OF THE FOX CITIES **CAMP NAN A BO SHO** GUIDE

All Campers Welcome

YMCA of the Fox Cities is a welcoming and inclusive organization. All campers are invited to make a lifetime of memories at YMCA Camp Nan A Bo Sho.

Group Planning

Each camp session described in this guide provides an idea of the activities included at camp; however, camper input helps determine which activities actually happen. No matter which program you choose, you will participate in all the traditional camp activities you love.

Registration

Registration opens January 10, 2022 online at campnanabosho.org/register.

Confirmation

Confirmation information is sent electronically, so it's crucial you provide us with a valid email address. Confirmation packets are also available at campnanabosho.org/forms after January 10, 2022.

Pricing

We understand that our camp families have differing means to pay for their child(ren)'s camp experiences, so we offer a voluntary three range personal pricing structure to accommodate all financial needs. This voluntary pricing structure does not influence the quality of your child(ren)'s camp experience. Please consider selecting the highest range your family can afford. The range you choose is up to you. Range 1 – Most accurately reflects the true cost of YMCA Camp Nan A Bo Sho including wear and tear and depreciation. Range 2 – A partially subsidized rate.

Range 3 – Our historically standard rate, which does not represent the true cost of camp. This rate is subsidized through fundraising, special events and sustaining contributions.

Payment

All camp programs require a \$100, non-refundable deposit that must be paid at the time of registration. Remaining balances are Order your commemorative Camp Nan A Bo Sho T-shirt or due one month prior to the first day of camp.

Financial Assistance

Cost should never be a barrier, financial assistance is available through the YMCA of the Fox Cities' Annual Campaign. For more information, and to apply, please visit: campnanabosho.org/parentinfo

Discounts

Recruit a friend (non-sibling) who has not previously attended YMCA Camp Nan A Bo Sho and receive a \$25 discount; OR register for two or more camp sessions and receive a \$25 discount on all sessions after the first session.

Health & Safety

All campers are required to have a completed electronic health history to attend camp. Information regarding the online health form will be emailed to you after your registration is received. Campers must provide their own health and accident insurance. Please visit campnanabosho.org/health-safety for up to date information regarding COVID-19 precautions for campers and staff.

Field Trips

Due to the ongoing uncertainty and constant changing of regulations regarding public gatherings and group sizes, all planned off-site field trips are subject to change at any time. Campers will still participate in a field trip, but it may be different that what is listed in the program description.

Staff

Our camp culture starts with well-trained, loving, enthusiastic and dedicated staff. Camp staff are selected on the basis of their values and proven abilities in working with youth. All staff participate in an extensive training program prior to the camp season. Over 75% of our staff were campers themselves!

Bus Service

Bus transportation is available for most programs for an additional cost. Bus pick up and drop off is at the Apple Creek YMCA located at 2851 E. Apple Creek Rd., Appleton, WI 54913.

Camp Swaq

sweatshirt to be delivered to your camper while they are at camp! Shirts can be ordered upon registering for camp until May 1. 2022 t-shirts will not be available for purchase at camp.

Camp Nan A Bo Sho is the place to be this summer. Step away from your everyday routine and try something new. Shoot a bow and arrow, balance on a stand-up paddleboard or test your nerves on the zipline. Reconnect with friends and the outdoors as you spend a week or two in the Northwoods.

Camp is waiting for you.

Danielle "Chip" Pickering-Polzin Camp Director

FUN FOR ALL AGES		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8
ALL SUMMER LONG!		June 12-17	June 19-24	June 26- July 1	July 10-15	July 17-22	July 24-29	July 31- Aug 5	August 7-10*
Ages 5-7	Short N' Sweet	Sun-Tues			Sun-Tues			Sun-Tues	
Ages 7-9	Camp Sampler	Tues-Fri			Tues-Fri			Tues-Fri	End of Summer Bash Ages 5-17 *Sunday-Wednesday
Ages 6-8	Summer Explorers		Х	Х			Х		
	Time Hoppers	Х				Х			
	Icky Sticky Fun				Х			Х	
Ages 8–10	Pathfinders	Х		Х	Х		Х		
	Water Otters	Х		Х	Х			Х	
	Sports of All Sorts		Х			Х		Х	
	Night Crawlers		Х			Х	Х		
Ages 10–12	Adventure Seekers	Х			Х	Х		Х	
	Passport to Adventure		Х	Х	Х		Х		
	Splash Zone		Х			Х	Х		
	Great Camp Excursion	Х		Х				Х	
Ages 12-14	Voyagers		Х		Х	Х		Х	
	Tree Toppers		Х		Х		Х		
	On The Loose	Х		Х			Х		
	Thrill Seekers	Х		Х		Х		Х	
Ages 12-14	Menominee River Canoe						Two-Weel	< Program	
	Ice Age Trail Backpack	Two-Weel	k Program						
Ages 13-15	Michigamme River Canoe		Two-Wee	k Program					
	Pictured Rocks Backpack				Two-Weel	k Program			
14-16	Manitowish Waters Canoe				Two-Weel	k Program			
	North Country Trail Backpack						Two-Weel	< Program	
	Go Wild		Х				х		
	Vertical Limits			Х				Х	
	Ultimate Adventure	Two-Wee	k Program		Two-Weel	k Program			
Ages 14-16	Leadership Camp			х			Х		
Ages 15-16	Leaders in Training (LIT)	Two-Wee	k Program		Two-Wee	k Program			
Ages 16-17	Counselor in Training (CIT)		Two-Wee	k Program			Two-Weel	< Program	
Ages 5-12	Day Camp-Summer Daze			Mon-Fri		Mon-Fri			

QUESTIONS

For detailed information please visit our website: **campnanabosho.org** You may also contact us at 920.733.9622 or campnanabosho@ymcafoxcities.org

BUSINESS ADDRESS: 2851 E Apple Creek Rd, Appleton, WI 54913 CAMP ADDRESS: 18369 Okonto Ln, Lakewood, WI 54138

GENERAL PROGRAMS

Short N'Sweet

Aaes: 5-7 Y Member: \$330 | \$305 | \$280 General Public: \$370 | \$345 | \$320

Spend 3 days and 2 nights exploring everything camp has to offer. Make new friends, paddle a canoe, swim in the lake and try something new. This program is perfect for the first-time camper. Program runs Sunday-Tuesday.

Camp Sampler

Ages: 7-9 Y Member: \$365 | \$340 | \$315 General Public: \$405 | \$380 | \$355

For those not quite ready for a full week, join us for 4 days and 3 nights of camp fun. Go swimming, shoot archery, paddle around Waubee Lake during the day and watch the sunset each night. Program runs Tuesday-Friday.

Summer Explorers

Ages: 6-8 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Explore everything camp has to offer; swimming, canoeing, arts & crafts, campfires and so much more. You will have a blast whether you are an experienced camper or a first timer.

Time Hoppers

Ages: 6-8 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Go back in time to see what life was like in the early days of Wisconsin. Churn butter, cook over the fire and make candles. End your week with a field trip where you will ride on a real lumberiack steam train to a north woods logging camp.

Icky Sticky Fun

Ages: 6-8 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Find your inner scientist while making slime, elephant toothpaste and designing your own water rocket. The sky's the limit. literally!

Pathfinders Ages: 8-10 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Sample everything camp has to offer; swimming, kayaking, archery, arts & crafts and anything else you can dream up. Spend one night at camp sleeping in a tent!

Water Otters

Ages: 8-10 Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Pack your sunscreen and get ready to have fun at the lake. Explore the shore, jump on the water trampoline, soak up the sun and play water games. Take a day trip and have a picnic lunch at a local beach!

Sports of All Sorts

Ages: 8-10 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Stay active playing basketball, soccer and gaga. Play archery games, shoot riflery and try your hand at casting for fish. Do some early morning yoga and make healthy snacks to refuel yourself for the next day.

Night Crawlers

Ages: 8-10 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

The fun really begins when the sun goes down. Stay up late, gaze at the stars, and watch for animals that come out at night. Dissect owl pellets and learn about bats. Sleep in so you are ready for more late night adventures.

Adventure Seekers

Aaes: 10-12 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Can't make up your mind what to do - do it all! Archery, swimming, riflery, arts & crafts, boating and much more. Spend one night in a tent on a canoe trip across Waubee Lake.

Passport to Adventure

Ages: 10-12 Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Eniov all the fun the north woods has to offer; play mini golf, visit the zoo and make a stop at the local candy shop. Return to camp each night to recharge for your next day's adventure.

Splash Zone

Ages: 10-12 Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Make a splash as you get up early for a penquin dip, swim across the lake and take a day trip to a local waterpark. Wind down the week with a beautiful sunset paddle.

Great Camp Excursion

Ages: 10-12 Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Learn what it takes to survive in the wilderness; build a shelter, cook over the fire, purify water and use a map and compass to find your way. Spend two nights away from camp on a wilderness canoe or backpack trip trying out your new skills.



Voyagers

Ages 12-14 Y Members: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Start your camp experience doing traditional camp activities; swimming, archery and much more. Challenge yourself on the high ropes course or climbing wall. Spend one night away from camp at a local camporound.

Tree Toppers

Aaes 12–14 Y Members: \$565 | \$540 | \$515 General Public: \$605 | \$580 | \$555

Your week will be spent in the trees. Tie knots, learn basic climbing techniques and climbing safety. Climb to the top of the rock wall, ride the zip line and complete the low and high ropes courses.

On The Loose

Ages: 12-14

Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Sleeping in? Movies? Ice cream parties? Between traditional camp activities like hanging out at the beach and stand up paddle boarding, do everything you never thought you could do at camp.

Thrill Seekers

Aaes: 12-14

Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Get your adrenaline flowing! Grab your PFD and do some whitewater Ages: 14-16 rafting, spend the afternoon on a horseback ride and conquer the climbing wall and zip line at camp.



Go Wild

Ages: 14-16 Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Go urban by day and wild by night. Play mini golf, watch a waterski show, race around on go-carts and explore Minocqua. Camp under the stars at a local campground on this 2 or 3 day out-of-camp adventure.

Vertical Limits

Ages: 14-16 Y Member: \$574 | \$549 | \$524 General Public: \$614 | \$589 | \$564

Refresh your climbing safety skills before challenging yourself on the rock wall and high ropes courses. Master knot tying, learn how to belay and assist the facilitators with the zip line operation. Test your limits on a climbing field trip out of camp.

Ultimate Adventure

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Enjoy all that camp has to offer: you pick what you want to do! From kayaking to swimming to the high ropes course, your time at camp will be jam packed with fun. Over the weekend take a 3 day, 2 night canoe or backpack trip to the location of your choice. This is a two-week program.



DAY CAMP PROGRAMS

Camp Nan A Bo Sho Day Camp offers our campers a chance to participate in all that camp has to offer during the day and return home each night. Day camp runs from

9:00 AM-4:30 PM, Monday-Friday, with lunch provided. Optional before care (starting at 7:30 AM) and after care (until 6:00 PM) is available for an additional cost. Transportation is NOT provided for this program.

Summer Daze Ages: 5-12

Y Member: \$185 | \$160 | \$135 General Public: \$225 | \$200 | \$175 Designed for campers who like a bit of everything – from sports to crafts, nature activities to swimming, you will get to experience it all! Each week is packed with a variety of activities for you to choose from to create the adventure you are looking for.

Day Camp Before/After Care (Optional) Ages: 5-12

Cost: \$4/Before Care. \$4/After Care

Need to come early or stay late? No problem, you are welcome to join us for breakfast or stay through dinner. Choose the days you need! Please note – due to the resident camp schedule, After Care is not available on Friday.



WILDERNESS TRIP PROGRAMS

Our wilderness trips are adventure, fun, excitement and freedom rolled into two awesome weeks! Explore the beauty of the Northwoods of WI, MI and MN not many people get to see, guided by our specially trained trip leaders. We offer two types of wilderness trips: canoeing and backpacking, each with their own unique progression. All specialty trip supplies are provided, we just need you to join us!

Menominee River Canoe (Level 1)

Ages: 12-14

Y Member: \$915 | \$890 | \$865

General Public: \$955 | \$930 | \$905

Listen to the call of the loon and enjoy evenings around the campfire with friends as you take a 4-5 day canoe trip down the Menominee River. Spend your first few days in camp brushing up on your wilderness skills before heading out on the trip of a lifetime. This is a two-week program.

Ice Age Trail Backpack (Level 1)

Ages: 12–14 Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Throw everything you need in your backpack and hit the trail. Spend the first few days in camp brushing up on your wilderness skills before heading out of camp for a 4–5 day backpacking trip on the Ice Age Trail. This is a two-week program.

Michigamme River Canoe (Level 2)

Ages: 13-15 Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

The next step in wilderness canoeing, travel for 6-7 days down the Michigamme River. Learn new wilderness tripping skills while you work as a team to reach your next campsite each night. This is a two-week program.

LEADERSHIP PROGRAMS

Leadership Camp Ages: 14–16 Y Member: \$538 | \$513 | \$488 General Public: \$578 | \$553 | \$528

Develop the skills needed to work with others and learn to recognize your own strengths as a leader. Go beyond your comfort zone as you push through the low and high ropes courses and participate in camp activities building your leadership skills as you go.

Leaders in Training (LIT) Ages: 15–16 Y Member: \$915|\$890|\$865 General Public: \$955|\$930|\$905

Challenge yourself, look inward, and find the leader you can be. You will work with other teens to achieve group goals, push your comfort zone and be amazed at what can be accomplished working as a team. Participate in a 3 day, 2 night out-of-camp canoe trip. This is a two-week program.

Pictured Rocks Backpack (Level 2)

Ages: 13–15 Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Ready for the next challenge? Pack your bags and head to Pictured Rocks National Lakeshore in the beautiful UP of Michigan for a 6-7 day backpack adventure. This is a two-week program.

Manitowish Waters Canoe (Level 3)

Ages: 14-16

Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Spend 8–10 days paddling and portaging your way around the Manitowish Waters in Northern WI. From map reading to solo portaging to trail cooking, you will gain so many wilderness trip skills on this adventure. This is a two-week program.

North Country Trail Backpack (Level 3)

Ages: 14–16 Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Continue enhancing your wilderness skills on this 8–10 day backpacking trip to the beautiful North Country Trail located near Lake Superior in the UP of Michigan. This is a two-week program.



Counselor in Training (CIT) Ages: 16–17 Y Member: \$915 | \$890 | \$865 General Public: \$955 | \$930 | \$905

Want to work at camp someday? Gain the leadership skills needed to work directly with the campers. Experience all the different roles that counselors play. Participate in a 3 day, 2 night out-of-camp backpacking trip. This is a two-week program.

END OF SUMMER BASH

End of Summer Bash

As the summer winds down, do you wish you just had a few more days to spend at camp? Join us for 4 days, Sunday-Wednesday, as we throw an end of summer bash at camp. Participate in all your favorite camp activities along with super special activities like a foam party, giant slip n' slide and carnival games just for those joining our bash! Campers will be divided in groups by age. Transportation will be provided free of charge for this special camp program.

August 7–10

Ages: 5-17 Y Member: \$355 | \$330 | \$305 General Public: \$395 | \$370 | \$345



FAMILY PROGRAMS

Family programs provide time for families to connect in the unique camp environment. Fee includes food, lodging and all the activities camp has to offer, and is open to adults and kids of all ages. "Families" can include anyone you consider your family – grandparents, aunts, uncles and cousins are all invited! Create lifelong memories and start a fun family tradition!

Family Camp

July 3–8

Adults (Age 18+) Y Member: \$324 | \$299 | \$274 General Public: \$364 | \$339 | \$314 Youth (Ages 5-17)

Y Member: \$231 | \$206 | \$181 General Public: \$271 | \$246 | \$221 Children (Ages 0-4): FREE

Family Fun Weekend

July 15-17 Adults (Age 18+) Y Member: \$187 | \$162 | \$137 General Public: \$227 | \$202 | \$177 Youth (Ages 5-17) Y Member: \$117 | \$92 | \$67 General Public: \$157 | \$132 | \$107 Children (Ages 0-4): FREE

ADDITIONAL EVENT DATES

Volunteer Work Day at Camp

May 14, 2022 10:00 AM-4:00 PM

Come to Camp Nan A Bo Sho to help us get ready for the summer season. We have a project wish list we hope to accomplish at the Work Day. If you have a particular skill, trade or expertise (for example carpentry, electrical, plumbing) that you would like to share at the Work Day, please let us know when you register and we will have a special project for you. While there is no cost to attend this event, we do ask you to register so we can get an accurate count for lunch.

Open House at Camp

June 5, 2022 11:00 AM-2:00 PM

Visit Camp Nan A Bo Sho to familiarize yourself with the camp environment by meeting camp staff and touring our facility. The waterfront will be open, so make sure to bring a swimsuit. Bring a friend and come see what camp has to offer! Light snacks will be provided.





YMCA OF THE FOX CITIES

218 E Lawrence St Appleton, WI 54911

REGISTRATION BEGINS JANUARY <u>10!</u>

YMCA MISSION:

To put Christian principles into practice by promoting youth, adult and family activities that build a healthy spirit, mind, and body for all.



Camp Nan A Bo Sho is an ACA accredited camp. We go through a voluntary peer review process in which all of our policies, procedures and practices are compared to standards established by professionals and authoritative sources associated with the camp industry. It is our assurance to you that we are committed to providing our campers with the best possible camp experience.

FOLLOW US ON FACEBOOK to see what's happening at Camp Nan A Bo Sho.