**FAMILY**

**Family Fun Center (Ages 9 AND Under) (APY, HVY) (YMCA MEMBERS ONLY)**

The Family Fun Center is a perfect play area for kids 9 years and under. Features vary by branch and may include a sport arena with basketball & soccer, tree fort, adventure maze with obstacles, climbing ropes or wall, slides and more. Another attraction included is a soft play toddler area. Children ages 8-9 may use the Family Fun Center without supervision. Children under the age of 8 must be accompanied by a parent/adult/guardian (age 16+).

**APPLETON YMCA Family Open Time:**

M-F - 8:00 AM-9:00 AM

M-F - 11:00 AM-1:00 PM

M-F - 4:00-8:00 PM

SAT - 8:00 AM-5:00 PM

SUN - 8:00 AM-5:00 PM

**HEART OF THE VALLEY YMCA Family Open Time:**

M-F - 10:00 AM-12:00 PM

M-TH - 4:00-7:00 PM

SAT - 10:00 AM-3:00 PM

SUN - 10:00 AM-3:00 PM

Note: Please scan your Y membership card with Family Fun Center attendant at the Heart of the Valley Y.

**Adventure Alley (Ages 9 AND Under) (NMY) (YMCA MEMBERS ONLY)**

Adventure Alley is area exclusive to YMCA members. It is a supervised area for youth up to 9 years of age. Youth 8 years old and under must be with a parent or guardian. It includes a Play Maze, Lego Ledge and Coloring Area. Socks are required for the Play Maze. Hours are:

M-F – 9:00-11:00 AM

M-TH – 5:00-7:00 PM

SAT – 8:00-11:00 AM

SUN – 12:00-3:00 PM

**FRIDAY NIGHT OUT (NMY)**

Parents take the night off! Our teachers will provide an exciting night for your child, while you enjoy an

evening out. Children will love the wide variety of age-appropriate activities. 5:00-8:00 PM

June 10 - July 8 - 5:00-8:00 PM

**Fee: Y Member $15 General Public $20**

**FUN SHOPS**

Bring your children to a Fun Shop! These are one day events that engage children in funactivities. Each Fun Shopcenters on a specific theme or topic.

**FATHER’S DAY GIFT MAKING (AGES 3-6 YEARS) (NMY)**

Our time together will revolve around DAD. Shhhh! We’ll be making Dad a surprise to give him on Father’s Day! We’ll also play cool games and read great stories.

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| **Class name** | **YMCA** | **Age** | **Day** | **Start** | **End** | **Y Member** | **General Public** |
| Father’s Day Gift Giving  Friday, June 18 | NMY | 3-6 | June 18 | 9:00 AM | 11:00 AM | $12 | $22 |

**EVENTS**

**FREE OUTDOOR FITNESS CLASSES!** We are partnering with Appleton Park and Rec and Lawrence University to provide FREE weekly fitness classes outdoors this summer. Get your Zumba going at Houdini Plaza on Tuesdays and find your Zen at City Park on Thursdays or Mondays at Lawrence University.

Classes begin the week of June 6.

\*No Classes on Tuesday, August 2

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| **Class name** | **YMCA** | **Location** | **Day** | **Start** | **End** | **Y Member** | **General Public** |
| Yoga | APY | Lawrence University | Monday | 6:00 PM | 6:45 PM | FREE | FREE |
| Yoga | APY | City Park | Thursday | 6:00 PM | 6:45 PM | FREE | FREE |
| Zumba® | APY | Houdini Plaza | Tuesday | 6:00 PM | 6:45 PM | FREE | FREE |

**15TH ANNUAL FREAKY 5K RUN/WALK & MINI MONSTER DASH (APY)**

SAVE THE DATE! A fun event for the entire family. Costumes are welcome. 5K Run/walk, games, inflatable, Mini Monster Dash Kids Run, music, prizes, refreshments and much more!

**Saturday      8:00 AM       October 26**