



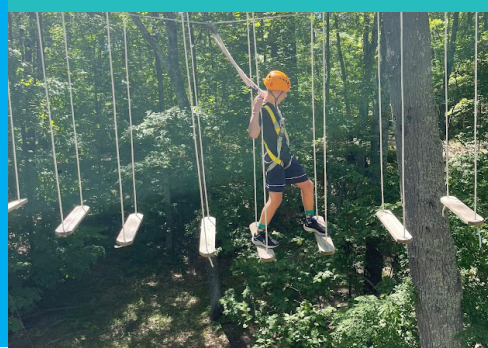
FIND YOUR ADVENTURE. FIND YOUR Y.

At Y overnight camp, kids get to explore the wonders of nature while discovering hidden talents and passions they never knew they had.



FIND YOUR Y AT
YMCA OF THE FOX CITIES
REGISTER TODAY:
ymcafoxcities.org/nabs

YMCA Camp Nan A Bo Sho



YMCA OF THE FOX CITIES CAMP NAN A BO SHO GUIDE

All Campers Welcome

YMCA of the Fox Cities is a welcoming and inclusive organization. All campers are invited to make a lifetime of memories at YMCA Camp Nan A Bo Sho.

Group Planning

Each camp session described in this guide provides an idea of the activities included at camp; however, camper input helps determine which activities actually happen. No matter which program you choose, you will participate in all the traditional camp activities you love.

Registration

Registration opens January 9, 2023 online at campnanabosho.org/register.

Confirmation

Confirmation information is sent electronically, so it's crucial to provide us with a valid email address. Confirmation packets are also available at campnanabosho.org/forms after January 9, 2023.

Pricing

We understand that our camp families have differing means to pay for their child(ren)'s camp experiences, so we offer a voluntary three range personal pricing structure to accommodate all financial needs. This voluntary pricing structure does not influence the quality of your child(ren)'s camp experience. Please consider selecting the highest range your family can afford. The range you choose is up to you.

Range 1 – Most accurately reflects the true cost of YMCA Camp Nan A Bo Sho including wear and tear and depreciation.

Range 2 – A partially subsidized rate.

Range 3 – Our historically standard rate, which does not represent the true cost of camp. This rate is subsidized through fundraising, special events and sustaining contributions.

Payment

All camp programs require a \$100, non-refundable deposit that must be paid at the time of registration. Remaining balances are due two weeks prior to the first day of camp.

Financial Assistance

Cost should never be a barrier, financial assistance is available through the YMCA of the Fox Cities' Annual Campaign. For more information, and to apply, please visit:

campnanabosho.org/parentinfo

Discounts

Recruit a friend (non-sibling) who has not previously attended YMCA Camp Nan A Bo Sho and receive a \$25 discount; **OR** register for two or more camp sessions and receive a \$25 discount on all sessions after the first session.

Health & Safety

All campers are required to have a completed electronic health history to attend camp. Information regarding the online health form will be emailed to you after your registration is received. Campers must provide their own health and accident insurance. Please visit campnanabosho.org/health-safety for up to date information regarding Summer 2023 guidelines/processes.

Field Trips

Due to the ongoing uncertainty and constant changing of regulations regarding public gatherings and group sizes, all planned off-site field trips are subject to change at any time. Campers will still participate in a field trip, but it may be different than what is listed in the program description.

Staff

Our camp culture starts with well-trained, loving, enthusiastic and dedicated staff. Camp staff are selected on the basis of their values and proven abilities in working with youth. All staff participate in an extensive training program prior to the camp season. Over 75% of our staff were campers themselves!

Bus Service

Bus transportation is available for most programs for an additional cost, to and from the Apple Creek YMCA, located at 2851 E. Apple Creek Rd., Appleton, WI 54913. **Bus transportation requires a separate registration.**

Camp Swag

Order your commemorative Camp Nan A Bo Sho T-shirt or sweatshirt to be delivered to your camper while they are at camp! Shirts can be ordered upon registering for camp until May 1, 2023. The 2023 shirts will not be available for purchase at camp.

The camp experience is truly life-changing! Learn how to paddle a canoe, cook over the campfire or create a masterpiece on the pottery wheels. Make new friends, push yourself out of your comfort zone on the climbing wall and gain independence spending time away from your family. Camp teaches important skills that will last a lifetime.

Don't believe me? Join us for a week this summer and see for yourself who you can become after time spent in the most beautiful and magical place!

Danielle "Chip" Pickering-Polzin
Camp Director

FUN FOR ALL AGES... ALL SUMMER LONG!		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
		June 18-23	June 25-30	July 2-5*	July 9-14	July 16-21	July 23-28	July 30- Aug 4	Aug 6-11	August 13-16*
Ages 5-7	Short N' Sweet	Sun-Tues		Fourth of July Bash Ages 5-17 *Sunday-Wednesday	Sun-Tues	Sun-Tues		Sun-Tues		End of Summer Bash Ages 5-17 *Sunday-Wednesday
Ages 6-8	Camp Sampler	Tues-Fri			Tues-Fri	Tues-Fri		Tues-Fri		
Ages 6-8	Summer Explorers	X				X			X	
	Time Hoppers				X		X			
	Icky Sticky Fun		X					X		
Ages 8-10	Pathfinders	X				X	X		X	
	Water Otters		X			X		X	X	
	Sports of All Sorts	X			X			X		
	Night Crawlers		X		X		X			
Ages 10-12	Adventure Seekers		X			X	X		X	
	Passport to Adventure	X			X			X	X	
	Splash Zone	X				X	X			
	Great Camp Excursion		X		X			X		
Ages 12-14	Voyagers	X	X		X			X		
	Tree Toppers				X		X		X	
	On The Loose	X				X		X		
	Thrill Seekers		X			X	X		X	
Ages 12-14	Willow Flowage Canoe	Two Week Program								
	Ice Age Trail Backpack							Two Week Program		
Ages 13-15	Michigamme River Canoe				Two Week Program					
	Pictured Rocks Backpack	Two Week Program								
14-16	North Country Trail Backpack			Two Week Program						
	Superior Hiking Trail Backpack					Two Week Program				
	Go Wild		X			X				
	Vertical Limits	X						X		
	Ultimate Adventure			Two Week Program		Two Week Program				
Ages 14-16	Leadership Camp		X					X		
Ages 15-16	Leaders in Training (LIT)	Two Week Program					Two Week Program			
Ages 16-17	Counselor in Training (CIT)			Two Week Program		Two Week Program				
Ages 5-12	Day Camp-Summer Daze		Mon-Fri			Mon-Fri				

QUESTIONS

For detailed information please visit our website: campnanabosho.org

You may also contact us at 920.733.9622 or campnanabosho@ymcafoxcities.org

BUSINESS ADDRESS: 2851 E Apple Creek Rd, Appleton, WI 54913

CAMP ADDRESS: 18369 Okonto Ln, Lakewood, WI 54138

GENERAL PROGRAMS

Ages 5-8

Short N'Sweet

Ages: 5-7

Y Member: \$345 | \$320 | \$295

General Public: \$385 | \$360 | \$335

Spend 3 days and 2 nights exploring everything camp has to offer. Make new friends, go boating, swim in the lake, get creative in arts & crafts, and try something new. This program is perfect for the first-time camper. Program runs Sunday-Tuesday.

Camp Sampler

Ages: 6-8

Y Member: \$380 | \$355 | \$330

General Public: \$420 | \$395 | \$370

For those not quite ready for a full week, join us for 4 days and 3 nights of camp fun. Go swimming, shoot archery, paddle around Waubee Lake during the day and watch the sunset each night. Program runs Tuesday-Friday.

Summer Explorers

Ages: 6-8

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Explore everything camp has to offer; swimming, boating, arts & crafts, campfires and so much more. You will have a blast whether you are an experienced camper or a first timer.

Time Hoppers

Ages: 6-8

Y Member: \$580 | \$555 | \$530

General Public: \$620 | \$595 | \$570

Go back in time to see what life was like in the early days of Wisconsin. Churn butter, cook over the fire and make candles. End your week with a field trip where you will ride on a real lumberjack steam train to a north woods logging camp.

Icky Sticky Fun

Ages: 6-8

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Find your inner scientist while making slime, elephant toothpaste and designing your own water rocket. The sky's the limit, literally!

Ages 8-10

Pathfinders

Ages: 8-10

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Sample everything camp has to offer; swimming, kayaking, archery, arts & crafts and anything else you can dream up. Spend one night at camp sleeping in a tent!

Water Otters

Ages: 8-10

Y Member: \$580 | \$555 | \$530

General Public: \$620 | \$595 | \$570

Pack your sunscreen and get ready to have fun at the lake. Explore the shore, jump on the water trampoline, soak up the sun and play water games. Take a day trip and have a picnic lunch at a local beach!

Sports of All Sorts

Ages: 8-10

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Stay active playing basketball, soccer and gaga. Practice your aim at archery and riflery, and spend an afternoon playing lawn games. Do some early morning yoga and make healthy snacks to refuel yourself for the next day.

Night Crawlers

Ages: 8-10

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

The fun really begins when the sun goes down. Stay up late, gaze at the stars, and watch for animals that come out at night. Dissect owl pellets and learn about bats. Sleep in so you are ready for more late-night adventures.

Ages 10-12

Adventure Seekers

Ages: 10-12

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Can't make up your mind what to do - do it all! Archery, swimming, riflery, arts & crafts, boating and much more. Spend one night in a tent on a canoe trip across Waubee Lake.

Passport to Adventure

Ages: 10-12

Y Member: \$589 | \$564 | \$539

General Public: \$629 | \$604 | \$579

Enjoy all the fun the north woods has to offer; play mini golf, visit the zoo and make a stop at the local ice cream shop. Return to camp each night to recharge for your next day's adventure.

Splash Zone

Ages: 10-12

Y Member: \$589 | \$564 | \$539

General Public: \$629 | \$604 | \$579

Make a splash as you get up early for a penguin dip, swim across the lake and take a day trip to a local waterpark. Wind down the week with a beautiful sunset paddle.

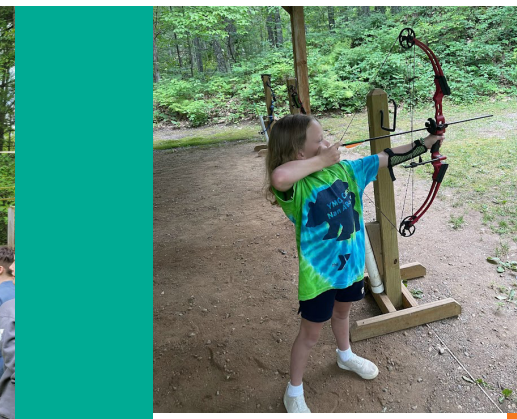
Great Camp Excursion

Ages: 10-12

Y Member: \$580 | \$555 | \$530

General Public: \$620 | \$595 | \$570

Learn what it takes to survive in the wilderness; build a shelter, cook over the fire, purify water and use a map and compass to find your way. Spend two nights away from camp on a wilderness canoe or backpack trip trying out your new skills.



Ages 12-14

Voyagers

Ages 12-14

Y Members: \$553 | \$558 | \$503

General Public: \$593 | \$568 | \$543

Start your camp experience doing traditional camp activities; swimming, archery and much more. Challenge yourself on the high ropes course or climbing wall. Spend one night away from camp at a local campground.

Tree Toppers

Ages 12-14

Y Members: \$580 | \$555 | \$530

General Public: \$620 | \$595 | \$570

Your week will be spent in the trees. Tie knots, learn basic climbing techniques and climbing safety. Climb to the top of the rock wall, ride the zip line and complete the low and high ropes courses.

On The Loose

Ages: 12-14

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Sleeping in? Movies? Ice cream parties? Between traditional camp activities like hanging out at the beach and stand-up paddle boarding, do everything you never thought you could do at camp.

Thrill Seekers

Ages: 12-14

Y Member: \$589 | \$564 | \$539

General Public: \$629 | \$604 | \$579

Get your adrenaline flowing! Grab your PFD and do some whitewater rafting, spend the afternoon on a horseback ride and conquer the climbing wall and zip line at camp.

Ages 14-16

Go Wild

Ages: 14-16

Y Member: \$589 | \$564 | \$539

General Public: \$629 | \$604 | \$579

Go urban by day and wild by night. Play mini golf, watch a waterski show, race around on go-carts and explore Minocqua. Camp under the stars at a local campground on this 2 or 3 day out-of-camp adventure.

Vertical Limits

Ages: 14-16

Y Member: \$589 | \$564 | \$539

General Public: \$629 | \$604 | \$579

Refresh your climbing safety skills before challenging yourself on the rock wall and high ropes courses. Master knot tying, learn how to belay and assist the facilitators with the zip line operation. Test your limits on a climbing field trip out of camp.

Ultimate Adventure

Ages: 14-16

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Enjoy all that camp has to offer; you pick what you want to do! From kayaking to swimming to the high ropes course, your time at camp will be jam packed with fun. Over the weekend take a 3 day, 2 night canoe or backpack trip to the location of your choice. This is a two-week program.



DAY CAMP PROGRAMS

Camp Nan A Bo Sho Day Camp offers our campers a chance to participate in all that camp has to offer during the day and return home each night. Day camp runs from 9:00 AM-4:30 PM, Monday-Friday, with lunch provided. Optional before care (starting at 7:30 AM) and after care (until 6:00 PM) is available for an additional cost. Transportation is NOT provided for this program.

Summer Daze

Ages: 5-12

Y Member: \$200 | \$175 | \$150

General Public: \$240 | \$215 | \$190

Designed for campers who like a bit of everything – from sports to crafts, nature activities to swimming, you will get to experience it all! Each week is packed with a variety of activities for you to choose from to create the adventure you are looking for.

Day Camp Before/After Care (Optional)

Ages: 5-12

Cost: \$4/Before Care, \$4/After Care

Need to come early or stay late? No problem, you are welcome to join us for breakfast or stay through dinner. Choose the days you need! Please note – due to the resident camp schedule, After Care is not available on Friday.



WILDERNESS TRIP PROGRAMS

Our wilderness trips are the premium camp experience of adventure, fun, excitement and freedom rolled into two awesome weeks! Explore the beauty of the Northwoods of WI, MI and MN not many people get to see, guided by our specially trained trip leaders. We offer two types of wilderness trips: canoeing and backpacking, each with their own unique skill progression. We encourage campers to begin their wilderness trip journey with our level 1 & 2 programs, building skills that will help them be successful in our level 3 & 4 programs. All specialty trip supplies are provided, we just need you to join us!

Willow Flowage Canoe (Level 1)

Ages: 12-14

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Listen to the call of the loon and enjoy evenings around the campfire with friends as you take a 4-5 day canoe trip on the Willow Flowage. Spend your first few days in camp brushing up on your wilderness skills before heading out on the trip of a lifetime. This is a two-week program.

Ice Age Trail Backpack (Level 1)

Ages: 12-14

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Throw everything you need in your backpack and hit the trail. Spend the first few days in camp brushing up on your wilderness skills before heading out of camp for a 4-5 day backpacking trip on the Ice Age Trail. This is a two-week program.

Michigamme River Canoe (Level 2)

Ages: 13-15

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

The next step in wilderness canoeing, travel for 6-7 days down the Michigamme River. Learn new wilderness tripping skills while you work as a team to reach your next campsite each night. This is a two-week program.

Pictured Rocks Backpack (Level 2)

Ages: 13-15

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Ready for the next challenge? Pack your bags and head to Pictured Rocks National Lakeshore in the beautiful UP of Michigan for a 6-7 day backpack adventure. This is a two-week program.

North Country Trail Backpack (Level 3)

Ages: 14-16

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Continue enhancing your wilderness skills on this 8-10 day backpacking trip on the beautiful North Country Trail located near Lake Superior in the UP of Michigan. This is a two-week program.

Superior Hiking Trail Backpack (Level 4)

Ages: 15-17

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

This ultimate test of your wilderness skills will take you on a 10-12 day backpacking trip along Lake Superior on the historic Superior Hiking Trail. Hike past waterfalls, lighthouses and catch breathtaking views you can't find anywhere else. This is a two-week program.

LEADERSHIP PROGRAMS

Leadership Camp

Ages: 14-16

Y Member: \$553 | \$528 | \$503

General Public: \$593 | \$568 | \$543

Develop the skills needed to work with others and learn to recognize your own strengths as a leader. Go beyond your comfort zone as you push through the low and high ropes courses and participate in camp activities building your leadership skills as you go.

Leaders in Training (LIT)

Ages: 15-16

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Challenge yourself, look inward, and find the leader you can be. You will work with other teens to achieve group goals, push your comfort zone and be amazed at what can be accomplished working as a team. Participate in a 3 day, 2 night out-of-camp canoe trip. This is a two-week program.

FUN CAMP EXTRAS

4TH OF JULY BASH: JULY 2-5

When you think of the 4th of July you probably think of grill outs, fun outdoor games and fireworks – why not add camp to that list? Join your camp friends for a camp experience like never before. This short week, Sunday-Wednesday program, will feature Independence Day-themed activities as well as a trip into town to watch the local fireworks show! Campers will be divided in groups by age.

Ages: 5-17

Y Member: \$355 | \$330 | \$305

General Public: \$395 | \$370 | \$345

END OF SUMMER BASH: AUGUST 13-16

As the summer winds down, do you wish you just had a few more days to spend at camp? Join us for 4 days, Sunday-Wednesday, as we throw an end of summer bash at camp. Participate in all your favorite camp activities along with super special activities like a foam party, giant slip n' slide and carnival games just for those joining our bash! Campers will be divided in groups by age.

Ages: 5-17

Y Member: \$355 | \$330 | \$305

General Public: \$395 | \$370 | \$345

FAMILY FUN WEEKEND: JULY 28-30

Family programs provide time for families to connect in the unique camp environment. Fee includes food, lodging and all the activities camp has to offer, and is open to adults and kids of all ages. "Families" can include anyone you consider your family – grandparents, aunts, uncles and cousins are all invited! Create lifelong memories and start a fun family tradition!

Adults (Age 18+)

Y Member: \$187 | \$162 | \$137

General Public: \$227 | \$202 | \$177

Youth (Ages 5-17)

Y Member: \$117 | \$92 | \$67

General Public: \$157 | \$132 | \$107

Children (Ages 0-4): FREE

Counselor in Training (CIT)

Ages: 16-17

Y Member: \$955 | \$930 | \$905

General Public: \$995 | \$970 | \$945

Want to work at camp someday? Gain the leadership skills needed to work directly with the campers. Experience all the different roles that counselors play. Participate in a 3 day, 2 night out-of-camp backpacking trip. This is a two-week program.



ADDITIONAL EVENT DATES

Volunteer Work Day at Camp

May 13, 2023

10:00 AM-4:00 PM

Come to Camp Nan A Bo Sho to help us get ready for the summer season. We have a project wish list we hope to accomplish at the Work Day. If you have a particular skill, trade or expertise (for example carpentry, electrical, plumbing) that you would like to share at the Work Day, please let us know when you register and we will have a special project for you. While there is no cost to attend this event, we do ask you to register so we can get an accurate count for lunch.

Open House at Camp

June 4, 2023

1:00-4:00 PM

Visit Camp Nan A Bo Sho to familiarize yourself with the camp environment by meeting camp staff and touring our facility. The waterfront will be open, so make sure to bring a swimsuit. Bring a friend and come see what camp has to offer! Light snacks will be provided.





YMCA OF THE FOX CITIES

218 E Lawrence St
Appleton, WI 54911

**REGISTRATION
BEGINS
JANUARY 9!**

YMCA MISSION:

To put Christian principles into practice by promoting youth, adult and family activities that build a healthy spirit, mind, and body for all.



Camp Nan A Bo Sho is an ACA accredited camp. We go through a voluntary peer review process in which all our policies, procedures and practices are compared to standards established by professionals and authoritative sources associated with the camp industry. It is our assurance to you that we are committed to providing our campers with the best possible camp experience.



FOLLOW US ON FACEBOOK
to see what's happening at
Camp Nan A Bo Sho.