

YMCA of the Fox Cities RED LIGHT RESOURCE GUIDE

As humans, we all have needs. Some of these needs include:

FOOD

SHELTER

CLOTHING

SLEEP

SAFETY

HEALTH

CONNECTION
TO OTHERS

SENSE OF
BELONGING

RESPECT

SENSE OF
PURPOSE

One of the most important skills we can develop is the ability to ask for help when we need it. **Because no one ever schedules a crisis, it is helpful to create a plan** to know what to do and who to reach out to when we or those around us need help.

REFLECT:

There are many places we can turn to for help when we or those around us need it. People in our support circle and organizations in our community are here to help!

If you need help finding local resources, you can: Contact with 211 in the Fox Cities and they can provide many of the resources and a warm hand off to those resources.

Call 211



Additionally, the following local agencies can also be referred:

FOOD

Organizations who can help:

Salvation Army | 920.886.3648 | 1525 Appleton Road | Menasha

St Joseph's Food Pantry | 920.734.9461 | 1465A Opportunity Way | Menasha

The Christian Food Pantry | 920.982.0970 | 209 S Pearl Street | New London

New London Community Cupboard | 920.982.9290 | 600 W Washington Street | New London

Hortonville Community Food Pantry, Inc. | 920.779.6705 | N848 Industrial Drive | Dale Ruby's Pantry | 920.757.5722 | N1615 Meadowview Drive | Greenville

Freedom Center Food Pantry | 920.412.7582 | 1100 S Oneida Street | Appleton

WIC – Outagamie County | 920.832.5109 | 320 S Walnut Street | Appleton

ADRC – Area Meal Service Programs – Calumet Cty | 920.849.1451 | 209 Court Street | Chilton Leaven | 920.738.9635 | 1475 Opportunity Way, Menasha

SHELTER

Organizations who can help:

Advocap | 920.725.2791 | 181 E North Water Street – Ste 210 | Neenah

Pillars (formerly Homeless Connection) | 920.734.9192 | 400 N Division Street | Appleton

COTS | 920.734.3609 | 819 S West Avenue | Appleton

Harbor House (Domestic Abuse Shelter)| 920.832.1666 | 720 W 5th Avenue | Appleton

Outagamie County Housing Authority | 920.731.9781 | 3020 E Winslow Ave | Appleton

Bethesda Lutheran Communities | 855.221.7955 | 1310 E Greenbrier Drive | Appleton

Homebase (Boys and Girls Club - youth and family up to age 21) | 920.731.0557

Appleton Housing Authority | 920. 736.6811

IRIS Place (NAMI - Adults only) 920.815.3217

Leaven (Vouchers)| 920.738.9635 | 1475 Opportunity Way, Menasha

CLOTHING

Organizations who can help:

Community Clothes Closet | 920.830.2085 | 1465 Opportunity Way | Menasha
Goodwill | 920.968.1660 | 1341 W Spencer Street | Appleton
Goodwill | 920.968.0820 | N189 Stoney Brook Road | Appleton
Goodwill | 920.731.6606 | 4759 Michael's Drive | Appleton
Goodwill | 800.482.0030 | 1800 Appleton Road | Menasha
Goodwill | 920.558.4507 | 907 S Green Bay Road | Neenah
St. Vincent De Paul | 920.729.4571 | 1425 S Commercial Street | Neenah
Echos | 920.882.8120 | 1230 W. Wisconsin Ave | Appleton
Ablelight | 920.997.1533 | Northland Ave | Appleton

SAFETY

Organizations who can help:

Appleton Police Department | 920.832.6414 | 222 S Walnut Street | Appleton
Neenah Police Department | 920.886.6000 | 2111 Marathon Avenue | Neenah
Menasha Police Department | 920.967.3500 | 430 1st Street | Menasha
Kaukauna Police Department | 920.766.6333 | 144 W 2nd Street | Kaukauna
Grand Chute Police Department | 920.832.1575 | 1900 W Grand Chute Blvd |
Appleton Harbor House | 920.832.1666 | 720 W 5th Avenue | Appleton
Runaway Program | 920.731.0557
Sexual Assault Crisis Center | 920.733.8119
B.A.B.E.S. Respite & Counselor Services | 920.733.2144 or 920.733.6886 Crisis Line
Human Trafficking Hotline | 1.888.373.7888
Christine Anne Center (Domestic Shelter) 920. 235.5998 | Opportunity Way, Menasha
also Domestic Violence Hotline | 920.235.5998

HEALTH

Organizations who can help:

National Suicide Phone | **988**
ThedaCare Behavioral Health | 920.720.2300 | 333 N Green Bay Road
Neenah Hope Clinic and Care Center | 920.931.1150 | 1814 Appleton Road
Menasha Crisis Intervention Center | 920.832.4646
Catalpa Health (Youth mental health services) | 920.750.7000
Outagamie County Human Services | 920.832.4741
Outagamie County Parent Resource Center | 920.832.5161
Outagamie County Healthy Start Program | 920.832.5168
Youth and Family Counseling (Boys & Girls Club) | 920.750.5838
NAMI – National Alliance on Mental Health | 920.954.1550
Rogers Behavioral Health | 920.843.5660 | W. College Ave Appleton

CONNECTION TO OTHERS

Organizations who can help:

Friendship Place | 920.729.9975 | 220 N Commercial Street | Neenah Mothers of Preschoolers (MOPS) | 920.739.9191
Teen Mothers of Preschoolers | 920.358.0508
Hmong American Partnership | 920.739.3192
Center for Grieving Children (Boys & Girls Club) | 920.750.5839
Big Brothers Big Sisters | 920.739.3542
Outagamie County Veterans Service | 920.832.5697
Jake's Network of Hope (formerly Jake's Diapers) | 920.502.0002 | 2396 Industrial Park | Neenah

Low Cost Health Providers:

Tri-County Dental | Phone: 920-882-5500 | Website: <https://tricountydental.org/>
Partnership Community Health Center | Phone: 920-731-7445
Website: <https://www.partnershipchc.org/>
Planned Parenthood | Phone: 920-731-8502
Website: <https://www.plannedparenthood.org/health-center/wisconsin/appleton/54911/appleton-central-health-center-2578-91860>.

YMCA STAFF EMERGENCY ASSISTANCE

Should a tragedy or unforeseen trauma effect any full or part time YMCA staff, the YMCA Human Resources Department can mobilize resources for spiritual and mental health support, time off and immediate safety. Supervisors can access these by contacting:
Michelle Sorenson -msorenson@ymcafoxcities.org or 920.882.3668

For full time staff the YMCA can provide resources through *Ability Assist Counseling Services* that can be accessed at any time. These services are confidential available to the employee or their family members. Services available are in-person counseling up to three sessions, per person, per issue, per year. Unlimited phone access to legal, financial, and work-life services. Financial consultations and referrals, assistance with childcare, resources to serve aging parents, and support for health care issues. Discounted on in-person consultations with legal professionals is also available.

For toll-free phone access call: 1-800-96-HELPS (1-800-964-3577)

Employee Access: www.guidanceresources.com

In the Organization Web ID field enter = HLF902

In the Company Name Field at the bottom of the personalization page enter= ABILI

Select the Ability Assist program and create your username and password

