



WINTER

GROWTH & DEVELOPMENT

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WINTER 2 PROGRAM SESSION:

February 20 – April 9, 2023

PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

JR. EXPLORERS (AGES 18 MONTHS-2.5 YEARS WITH PARENT) (HVY)

A fun class with hands-on activities. Group interaction encouraged through songs and games. Parents participate with their children for a great opportunity to explore, learn, and play together.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

AWESOME ARTS ADVENTURES (Ages 2-6 YEARS WITH PARENT) (FWY)

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing, and lots more. Come to class ready for fun and dressed to get messy.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr. Explorers	HVY	18 months-2½ years	M	10:15 AM	11:00 AM	\$32	\$54
Wonderbug Discoveries	ACY	18 months-3 years	W	9:30 AM	10:30 AM	\$37	\$59
Awesome Art Adventures	FWY	2-6 years	T	5:30 PM	6:30 PM	\$37	\$59

CHILDRENS CLASSES (AGES 1½-6)

AGES 1½-3 YEARS

LET'S GET MOVIN'

LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If you have extra energy to burn, register for both Tuesday and Thursday sessions!

JUST FOR TWO'S (AGE 2 YEARS) (FWY, HVY)

We know toddlers like being together. This is a class where first friends are made. We will play, create, and develop together!

LAUGH & LEARN FOR TWO'S (AGES 2 YEARS) (NMY)

This exciting program will allow two-year-olds the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$37	\$59
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$37	\$59
Just for Two's	FWY	2 years	M	10:00 AM	11:00 AM	\$37	\$59
Just for Two's	FWY	2 years	W	10:00 AM	11:00 AM	\$37	\$59
Just for Two's	HVY	2 years	M	9:00 AM	9:45 AM	\$32	\$54
Just for Two's	HVY	2 years	T	9:00 AM	9:45 AM	\$32	\$54
Just for Two's	HVY	2 years	W	9:00 AM	9:45 AM	\$32	\$54
Just for Two's	HVY	2 years	F	10:45 AM	11:30 AM	\$32	\$54
Laugh & Learn for Two's	NMY	2 years	T	8:30 AM	9:15 AM	\$32	\$54

AGES 2-3 YEARS

BEYOND PLAY (AGES 2-3 YEARS) (HVY, NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying group and story time.

BUSY BEES (AGES 2-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

COLOR AND SHAPE EXTRAVAGANZA (2-3 YEARS) (FWY)

Explore the colors and shapes in the environment while having fun with friends and learning social skills. Your child will learn about colors and shapes through games, art, and stories.

GROW AND PLAY (AGES 2-3 YEARS) (HVY)

Watch as your child learns through play-based activities, including games, arts and crafts and large group activities.

JUNIOR FUN AND FITNESS (AGES 2-3 YEARS) (HVY)

45 mins of active fun. Lots of movement songs, balls, bean bags, and stretching. We will build obstacle courses and play with the parachute. Please make sure to bring a water bottle to class.

JUNIOR PRE-K (AGES 2-3 YEARS) (APY)

Watch as your child learns colors, numbers, and letters through play-based and child-led activities all themed around the winter months and fun winter activities!

NURSERY RHYME PLAY TIME (AGES 2-3 YEARS) (FWY)

Mother Goose on the Loose! Explore the magic of Nursery Rhymes as we adventure through a library of books. We will pair some of our favorite nursery rhymes with crafts, activities, songs and more.

WHEN I GROW UP (AGES 2-3 YEARS) (HVY)

What do I want to do when I grow up? Come and explore different jobs through play, stories, crafts and large group.

WILD THINGS (AGES 2-3 YEARS) (HVY)

Each week we'll go on a wild adventure. In this class children will learn new things and develop their fine and large motor skills through weekly projects and circle activities. This class is for 2-3 year-olds ready for a little more independence. Child should have had a positive Just for Two's or Kids Corner experience before taking this class.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	HVY	2-3 years	TH	9:00 AM	10:00 AM	\$37	\$59
Beyond Play	NMY	2-3 years	M	9:00 AM	10:30 AM	\$47	\$69
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$42	\$64
Color and Shape Extravaganza	FWY	2-3 years	M	9:00 AM	10:00 AM	\$37	\$59
Grow and Play	HVY	2-3 years	W	10:00 AM	10:45 AM	\$32	\$54
Junior Fun and Fitness	HVY	2-3 years	W	11:00 AM	11:45 AM	\$32	\$54
Junior Pre-K	APY	2-3 years	W	9:00AM	10:00 AM	\$37	\$59
Nursery Rhyme Play Time	FWY	2-3 years	W	9:00 AM	10:00 AM	\$37	\$59
When I Grow Up	HVY	2-3 years	TH	10:30 AM	11:30 AM	\$37	\$59
Wild Things	HVY	2-3 years	T	10:15 AM	11:15 AM	\$37	\$59

AGES 2-4 YEARS

KINDNESS IN THE COMMUNITY (AGES 2-4 YEARS) (NMY)

You BELONG in this class! Children will learn about inclusion, belonging, and create a sense of community through stories, songs, art, games, and large motor-interactive play.

ANIMALS OF THE NIGHT (AGES 2½-4 YEARS) (FWY)

As the sun goes down and the moon comes up, the nocturnal animals are coming out! Let's learn all about the animals who are awake when we sleep with stories, crafts, music, and games. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch for Apple Creek YMCA and nut-free snack for Appleton YMCA.

LAUGHTER, LEARNING, LUNCH (AGES 2½-4 YEARS) (ACY) (AGES 2½-5) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

MONDAY FUN DAY (AGES 2½-4 YEARS) (ACY)

Explore and have fun with friends. We will incorporate songs, stories, and art while making new friends.

ON THE FARM (AGES 2½-4 YEARS) (FWY)

Learn about farms and farm animals through art, books, and activities. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

WEATHER WARM-UP (AGES 2½-4 YEARS) (ACY)

What's up with this weather? We will learn about the change of seasons with fun books and art. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

WINTER WONDERLAND (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Kindness in the Community	NMY	2-4 years	W	9:00 AM	10:30 AM	\$47	\$69
Animals of the Night	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$59	\$80
Friday Fun-Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$73	\$95
Monday Fun Day	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$59	\$80
On the Farm	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$59	\$80
Weather Warm-Up Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Winter Wonderland-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$47	\$69
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$47	\$69

AGES 3-4 YEARS**ALPHABET PARADE (AGES 3-4 YEARS) (NMY)**

Build letters into words! Your budding reader will foster a love of learning. This class focuses on language development with letter recognition, introductory phonics and fine motor skills. If you partner this class with "Laugh & Learn" immediately afterwards, your child will have a morning rich in language arts! We'll even transport your child from one to the other so you can continue your workout without interruption.

JUST FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (HVY)

Help your three and four years old get pre-school/kindergarten ready! We will practice fine motor skills, letter, number, and color recognition through stories, songs, art projects, and other fun activities. We will also work on taking turns, using manners, working together, interactive play, and lots more.

LAUGH & LEARN FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (NMY)

This exciting program will allow preschool children the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

STAY AND PLAY (AGES 3-4 YEARS) (HVY)

This class gives parents the perfect opportunity for extended class time on Thursdays. Sign up for one or two of the Thursday classes. Parents will need to supply a healthy, peanut free snack for their child. Once snack time is complete, let the FUN begin! A great option for this class is to sign up for Just for Three's & Four's Stay and Play.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Alphabet Parade	NMY	3-4 years	T	9:00 AM	9:30 AM	\$27	\$48
Just for Three's & Four's	HVY	3-4 years	M	8:45 AM	10:15 AM	\$47	\$69
Just for Three's & Four's	HVY	3-4 years	TH	8:45 AM	10:15 AM	\$47	\$69
Just for Three's & Four's	HVY	3-4 years	F	8:45 AM	10:15 AM	\$47	\$69

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Laugh & Learn for Three's & Four's	NMY	3-4 years	T	9:30 AM	11:00 AM	\$47	\$69
Stay and Play	HVY	3-4 years	TH	10:15 AM	11:15 AM	\$37	\$59

AGES 3-6 YEARS

AMAZING ANIMALS (AGES 3-5) (HVY)

Each week we will have fun learning about different animals. We will read stories, play games and fun crafts of all different animal. If your child loves animals, this is the class.

AWESOME ART (AGES 3-5) (HVY)

Get ready to do lots of crafts. Each week there will be two projects your child can work on. Lots of painting, gluing, cutting, and coloring.

FRIDAY FRENZY (AGES 3-5 YEARS) (FWY)

Let your child explore with our Friday Frenzy class! Each week will feature a different theme- superheroes, princes/princesses, sports, and more! Children will explore their creativity through games, activities, and projects. Children are free to dress up for the theme each week as well. The instructor will let participants know what the theme for the next week will be.

LETS BE SAFE (AGES 3-5 YEARS) (HVY)

Each week will be filled with safety. We will learn about stranger danger, fire safety, crossing the street, dog safety, and much more.

MINI EXPLORERS (AGES 3-5 YEARS) (HVY)

Each week your child will have fun exploring different sensory bins like shaving cream, rice, sand, fingerpainting, and more. We will make fun crafts together, read stories, and make new friends.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

PRESCHOOL READINESS (AGES 3-5) (HVY)

Come for three hours of fun and learning. We will make new friends, sing songs, read books, make art projects, and more. Some weeks we will even be able to use the gym or do science experiments. We will work on following directions, using a scissors, colors and shapes, and much more. There will be snack time, so please pack a peanut free snack for your child and water bottle each week.

STORYTIME ADVENTURES (AGES 3-5) (HVY)

Come for story hour and much more. There will be lots of activities to go with the stories from large group, play and crafts.

TAKE A LOOK, IN A BOOK (AGES 3-5) (APY)

Each week children will read a fun story and learn about colors, numbers, shapes, sizes, and more, with activities based on the book! Building literacy skills at a young age, while making friends and having FUN!!

WAKE UP, EVERYONE! (AGES 3-5) (ACY)

Learn about the animals waking up from various forms of winter resting to welcome the coming spring, including bears, groundhogs, badgers, and chipmunks. Each class will have hands-on learning activities, stories and crafts to help your child explore the unique winter world of these animals. We'll spend some time outdoors during every class, so please dress for the weather.

WILL YOU BE MY FRIEND? (AGES 3-5 YEARS) (APY)

February is National Friendship month, so what better time to work with kiddos to build the important foundational skills of friendship, being good to others, and growing and developing their social and emotional skills!

YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Amazing Animals	HVY	3-5 years	T	10:15 AM	11:15 AM	\$37	\$59
Awesome Art	HVY	3-5 years	M	10:45 AM	11:45 PM	\$37	\$59
Friday Frenzy	FWY	3-5 years	F	9:00 AM	11:00 AM	\$59	\$80
Lets Be Safe	HVY	3-5 years	T	4:30 PM	5:30 PM	\$37	\$59
Mini Explorers	HVY	3-5 years	T	9:00 AM	10:00 AM	\$37	\$59
Outrageous Outdoors	ACY	3-5 years	T	9:00 AM	10:30 AM	\$47	\$69
Preschool Readiness	HVY	3-5 years	W	8:45 AM	11:45 PM	\$73	\$95
Storytime Adventures	HVY	3-5 years	F	10:45 AM	11:45 AM	\$37	\$59
Take a Look, in a Book	APY	3-5 years	F	9:00 AM	11:00 AM	\$59	\$80
Wake Up, Everyone!	ACY	3-5 years	M	9:30 AM	11:00 AM	\$47	\$69
Will You Be My Friend?	APY	3-5 years	M	9:00 AM	11:00 AM	\$59	\$80
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$47	\$69

FUN SHOPS

DR. SEUSS (AGES 3-6 YEARS) (HVY)

Come for lots of rhyming and fun. We will be making green eggs (so please let us know ahead if there are any allergies) and trying to stack 10 "apples" on our heads. Be ready for fun, Tuesday, February 28.

HAPPY BIRTHDAY, DR. SEUSS! (AGES 3-6 YEARS) (NMY)

Bust out the party hats! Read beloved books, play games, make imaginative art and celebrate the birthday of artist/author Theodor Seuss Geisel. Saturday, March 4.

LEPRECHAUN FUN (AGES 3-6 YEARS) (HVY)

Come for some silly fun. Lots of silly tricks, stories, crafts and games will be played. Bring a peanut-free snack and the Y will provide the green milk. Tuesday, March 14.

SPRING FLING! (AGES 3-6 YEARS) (NMY)

Join the excitement as we celebrate spring! Read books, play games, make art, and do some spring planting. Saturday, April 15.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Dr. Seuss	HVY	3-6 years	T	12:00 PM	2:00 PM	\$12	\$22
Happy Birthday, Dr Seuss!	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22
Leprechaun Fun	HVY	3-6 years	T	12:00 PM	2:00 PM	\$12	\$22
Spring Fling	NMY	3-6 years	SAT	9:00 AM	11:00 AM	\$12	\$22