# SUMMER SUMMER TENNIS PROGRAMS OGDEN YMCA AND VALLEY TENNIS CENTER

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## **SUMMER CAMP** June 12 – August 17

No lessons July 3-7

Spend your summer having some fun and practicing your tennis skills at our summer tennis camp! Over the course of 11 weeks, we will be offering three sessions to choose from. Summer tennis camps run Monday-Thursday and will be held outdoors at Appleton East High School.

### **SESSION DATES:**

### **SESSION TIMES:**

**Session 1 – June 12–29** Valley Tennis Center\* – \$288 General Public\*\* – \$396

Session 2 – July 10–27 Valley Tennis Center\* – \$288 General Public\*\* – \$396

**Session 3 – July 31–August 17** Valley Tennis Center\* – \$288 General Public\*\* – \$396 9:00–10:30 AM

Junior Development 1 & 2

10:30 AM-NOON Junior Development 3 Junior Varsity Varsity

### 1:30–3:00 PM High School Invitational

Summer tennis camps are led by Tennis Professionals: Scott Niemi, Adam Martin, Anthony Palma and Patti Stinski

Register for summer camp or indoor lessons in-person at the Member Services desk of the Ogden YMCA and Valley Tennis Center, or email:

Scott Niemi • sniemi@ymcafoxcities.org Scott Meixl • smeixl@ymcafoxcities.org Adam Martin • adammartin@ymcafoxcities.org

# SUMMER

### June 12 – August 18

No lessons July 3-7

This program is designed to teach the fundamentals of tennis in a fun format. The kids use a modified ball, smaller rackets, and a smaller court to make the game easier to learn.

### RED BALL (Ages 3-6):

Red ball consists of a smaller court and shorter net height. Racket sizes required are 19"–23". Our red balls are 75% slower than regular balls.

**Tuesdays** • 4:15-5:00 PM **Fridays** • 8:45-9:30 AM Valley Tennis Center\* - \$107 General Public\*\* - \$161

### ORANGE BALL (Ages 6-9):

Orange ball consists of a regulation sized ball but offers a less compressed texture to make our hitters feel the presence of the ball, along with a slower speed. Racket sizes required are 25" and below.

**Tuesdays** • 5:00-6:00 PM **Fridays** • 9:30-10:30 AM Valley Tennis Center\* – \$138 General Public\*\* – \$210

### GREEN BALL (Ages 8-10):

Green ball plays faster than orange ball stage, and continues development of technique, movement, and tactics. The ball is 25% slower than yellow ball but uses the same size court. Racket size is 25'' - 27'' depending on size of player.

Tuesdays • 5:00-6:00 PM

Valley Tennis Center\* – \$156 General Public\*\* – \$210

\*Must have a tennis-only membership or be a Y Member with a tennis add-on to your membership. \*\*Includes both general public program participants and Y Members without a tennis add-on.