



GROWTH & DEVELOPMENT

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FALL 1 PROGRAM SESSION

September 11 – October 29, 2023

PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

MUSIC AND PLAY (Ages 3-6 YEARS WITH PARENT) (FWY)

This class will foster the natural sense of the musical wonder of the growing child. Each week we will make a different instrument and children will learn through listening, movement, ech and repeat patterns to help develop a strong musical bond!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonder bug Discoveries	ACY	18 months-3 years	W	9:30 AM	10:30 AM	\$32	\$54
Music and play	FWY	3-6 years	T	5:15 PM	6:30 PM	\$47	\$69

CHILDRENS CLASSES (AGES 1½-6)

AGES 1½-3 YEARS

LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

JUST FOR TWO'S (AGE 2 YEARS) (FWY, HVY)

We know toddlers like being together. This is a class where first friends are made. We will play, create, and develop together!

LAUGH & LEARN FOR TWO'S (AGE 2 YEARS) (NMY)

This exciting program will allow two-year-olds the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$37	\$59
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$37	\$59
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	HVY	2 years	M	9:00 AM	9:45 AM	\$37	\$59
Just for Two's	HVY	2 years	T	9:00 AM	9:45 AM	\$37	\$59
Just for Two's	HVY	2 years	F	10:45 AM	11:30 AM	\$37	\$59
Laugh & Learn for Two's	NMY	2 years	T	8:30 AM	9:15 AM	\$32	\$54

AGES 2-3 YEARS

ADVENTURE TIME (AGES 2-3 YEARS) (APY)

Each week we will adventure through learning. The children will develop their motor skills, work on peer interactions, and develop their social and emotional skills while learning through weekly themed stories, crafts, activities, and games and gaining more independence! Children should have a positive prior Growth and Development, Kids Corner, or Play and Learn experience.

MOVE, GROOVE AND GAMES (AGES 2-3 YEARS) (FWY)

Learning through movement, music, and activities. We'll have fun being active, interacting through music, playing games, and doing activities.

NURSERY RHYME PLAY TIME (2-3 YEARS) (FWY)

Explore the magic of Nursery rhymes as we adventure through a library of books. We will pair some of our favorite nursery rhymes with crafts, activities, songs and more.

PLAY, PLAY, PLAY (AGES 2-3 YEARS) (HVY)

Watch as your child learns colors, numbers, and letters through play-based and child lead activities including games, arts and crafts, and small and large group activities.

SING AND PLAY IN SPANISH (AGES 2-3 YEARS) (NMY)

This preschool primer will include activities, songs and fingerplays about colors, shapes, numbers, letters and vocabulary taught in Spanish with support teachers who speak English. If you'd like your child's learning to continue for the day, you can also sign up for Let's Keep Movin' or Cool Kids and we can help with transfer.

BUSY BEE (AGES 2½-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2.5–3-year-olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

MUSIC AND MOVEMENT (AGES 2½-3 YEARS) (HVY)

This class incorporates movement while introducing music to children and creating a fun connecting experience for your children.

WHEN I GROW UP (AGES 2½-3 YEARS) (HVY)

What do I want to do when I grow up? Come and explore different jobs through play, stories, crafts and large group.

WILD THINGS (AGES 2½-3 YEARS) (HVY)

Each week we'll go on a wild adventure. In this class children will learn new things and develop their fine and large motor skills through weekly projects and circle activities. This class is for 2.5–3 year-olds ready for a little more independence. Child should have had a positive Just for Two's or Kids Corner experience before taking this class.

BEYOND PLAY (AGES 2-4 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adventure Time	APY	2-3 years	W	9:30 AM	10:30 AM	\$37	\$59
Move, Groove and Games	FWY	2-3 years	W	10:00 AM	11:00 AM	\$37	\$59
Nursery Rhyme Play Time	FWY	2-3 years	M	10:00 AM	11:00 AM	\$37	\$59
Play, Play, Play	HVY	2-3 years	TH	9:00 AM	10:00 AM	\$37	\$59
Sing and Play in Spanish	NMY	2-3 years	TH	9:00 AM	9:30 AM	\$27	\$48
Busy Bee	HVY	2½-3 years	TH	10:15 AM	11:30 AM	\$42	\$64
Busy Bee	HVY	2½-3 years	F	9:00 AM	10:15 AM	\$42	\$64
Music and Movement	HVY	2½-3 years	W	10:30 AM	11:30 AM	\$37	\$59
When I Grow Up	HVY	2½-3 years	W	9:00 AM	10:00 AM	\$37	\$59
Wild Things	HVY	2½-3 years	T	10:15 AM	11:00 AM	\$32	\$54
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$47	\$69

AGES 2-4 YEARS

FALL FRIEND-ZY (AGES 2-4 YEARS) (NMY)

What's your favorite part of fall? Leaves changing color? Apple picking? Cool weather with warm clothes? Halloween? Thanksgiving? We'll explore it all while making new friends and having fun. Class time will have free play, stories, crafts, and large motor play.

ADVENTURE BOOKLAND (AGES 2½-4 YEARS) (FWY)

Explore the magic of story time as we adventure through a library of books. We will pair some of our favorite books with crafts, activities, songs, and more. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

FALL FUN (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch for Apple Creek YMCA and nut-free snack for Appleton YMCA.

FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)

Exploring, laughter and friendship, what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

HABITAT HIDEOUTS (AGES 2½-4 YEARS) (FWY)

Through story, activities, songs and more, we will explore the world and investigate the many habitats found in nature. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

LET'S MAKE MUSIC (AGES 2½-4 YEARS) (ACY)

Join the fun of Let's Make Music. We will read stories, use musical instruments, and make art projects all with a focus on music. We will also do some learning with fun carpet time games. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

PIRATES/DINOSAURS (AGES 2½-4 YEARS) (ACY)

Come on a two-part adventure all in one class. Some of the classes will be about dinosaurs and some will be about pirates. We will be reading stories, doing art, and learning songs and rhymes all about pirates and dinosaurs. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

LAUGHTER, LEARNING, LUNCH (AGES 2½-5) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Friend-zy	NMY	2-4 years	W	9:00 AM	10:30 AM	\$47	\$69
Adventure Bookland	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$59	\$80
Fall Fun	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$59	\$80
Friday Fun-Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$73	\$95
Fun with Friends-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$73	\$95
Habitat Hideouts	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$59	\$80
Let's Make Music-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$73	\$95
Pirates/Dinosaurs Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$47	\$69
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$47	\$69

AGES 3-4 YEARS

ALPHABET PARADE (AGES 3-4 YEARS) (NMY)

Build letters into words! Your budding reader will foster a love of learning. This class focuses on language development with letter recognition, introductory phonics, and fine motor skills. If you partner this class with "Laugh & Learn" immediately afterwards, your child will have a morning rich in language arts! We'll even transport your child from one to the other so you can continue your workout without interruption.

COOL KIDS (AGES 3-4 YEARS) (NMY)

The coolest thing about being a kid is learning through PLAY!! Small group experiences, work centers, story time, dancing, singing, arts and crafts will keep your little one so busy they don't realize all the things they are learning about friendship, problem solving, language and academics ... but parents will 😊

JUST FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (HVY)

Help your three and four years old get pre-school/kindergarten ready! We will practice fine motor skills, letter, number, and color recognition through stories, songs, art projects, and other fun activities. We will also work on taking turns, using manners, working together, interactive play, and lots more.

LAUGH & LEARN FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (NMY)

This exciting program will allow preschool children the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

PLAY AND LEARN (AGES 3-4 YEARS) (HVY)

Start out in the Family Fun Center for 20 mins of play and end in the youth development studio with a story, craft, songs games and much more. A great class to make new friends.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Alphabet Parade	NMY	3-4 years	T	9:00 AM	9:30 AM	\$27	\$48
Cool Kids	NMY	3-4 years	TH	9:30 AM	10:30 AM	\$37	\$59
Just for Three's & Four's	HVY	3-4 years	M	10:30 AM	12:00 PM	\$47	\$69
Just for Three's & Four's	HVY	3-4 years	TH	8:45 AM	10:15 AM	\$47	\$69
Laugh & Learn for Three's & Four's	NMY	3-4 years	T	9:30 AM	11:00 AM	\$47	\$69
Play and Learn	HVY	3-4 years	M	9:00 AM	10:00 AM	\$37	\$59

AGES 3-6 YEARS

AMAZING ART (AGES 3-5 YEARS) (HVY)

Get ready to do lots of crafts. Each week there will be two projects your child can work on. Lots of painting, gluing, cutting and coloring.

ANIMALS IN THE FALL (AGES 3-5 YEARS) (ACY)

Discover how animals get ready for winter through hibernation, migration, and food collection. We will learn about black bears, ducks and geese, squirrels and more through stories, games, and simple crafts. Class will go outside when the weather allows, so please have children dressed for the weather.

BLAST OFF INTO SPACE (AGES 3-5 YEARS) (FWY)

Calling all astronauts! Our young friends are fascinated by the sun, moon and the stars. In this class we will learn all about outer space through circle time, crafts, stories, and songs. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

BOOKING AND COOKING (AGES 3-5 YEARS) (HVY)

Reading and Cooking is fun for any age. Come explore the wonders of reading, making and easy snack and art project to go along with it.

FALL FUN (AGES 3-5 YEARS) (APY, HVY)

Come celebrate fall each week with games, crafts, books, and activities. Have your child dressed for the weather as we may go outside, weather permitting.

FRIDAY FRENZY (AGES 3-5 YEARS) (HVY)

Let your child explore with our Friday Frenzy class! Each week will feature a different theme- superheroes, princes/princesses, sports, and more! Children will explore their creativity through games, activities, and projects. Children are free to dress up for the theme each week as well. The instructor will let participants know what the theme for the next week will be.

FUN WITH COLORS (AGES 3-4 YEARS) (HVY)

Each week we will focus on a different color. We will read books, do crafts and even do some science experiments with different colors. Feel free to dress in the color for the week. The first week will be the color red!

MINI-EXPLORERS (AGES 3-5 YEARS) (APY)

Come explore each week as we learn through play-based activities, art projects, and sensory experiences. Children will explore and learn about colors, numbers, letters, and develop independence while working on social and emotional skills, fine and large motor skills, and self-help skills.

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

WATCH ME GO! (AGES 3-5 YEARS) (HVY)

Looking for a longer class? This is for you! We will make new friends, play games, sing songs, read stories and make crafts. Each week we will have a new theme. We may go outside, play in the family fun center, and even use the gym. There will be snack time, so please bring a peanut free snack for your child.

YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Amazing Art	HVY	3-5 years	F	9:00 AM	10:00 AM	\$42	\$64
Animals in the Fall	ACY	3-5 years	M	9:30 AM	11:00 AM	\$47	\$69
Blast Off into Space	FWY	3-5 years	F	9:00 AM	11:00 AM	\$59	\$80
Booking and Cooking	HVY	3-5 years	TH	10:45 AM	11:45 AM	\$42	\$64
Fall Fun	HVY	3-5 years	T	8:45 AM	10:00 AM	\$37	\$59
Fall Fun	APY	3-5 years	TH	9:00 AM	11:00 AM	\$59	\$80
Friday Frenzy	HVY	3-5 years	F	10:30 AM	11:30 AM	\$37	\$59
Fun with Colors	HVY	3-5 years	T	10:30 AM	11:30 AM	\$42	\$64
Mini-Explorers	APY	3-5 years	T	9:00 AM	11:00 AM	\$59	\$80
Outrageous Outdoors	ACY	3-5 years	T	9:00 AM	10:30 AM	\$47	\$69
Watch Me Go!	HVY	3-5 years	W	8:45 AM	11:15 AM	\$68	\$90
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$47	\$69