

YMCA OF THE FOX CITIES

CAMP NAN A BO SHO GUIDE

All Campers Welcome

Camp Nan a Bo Sho welcomes all participants and staff. We are committed to our camp being a welcoming, and inclusive space where everyone has an opportunity to reach their full potential with dignity. We strive to create a safe place where every camper feels comfortable being and expressing their true, genuine selves.

Inclusion is a core part of our mission. We understand how important it is to go beyond statements and put our mission into action. For specific policies and practices at camp, please refer to our website ymcafoxcities.org/nabs.

Group Planning

Each camp session described in this guide provides an idea of the activities included at camp; however, camper input helps determine which activities actually happen. No matter which program you choose, you will participate in all the traditional camp activities you love.

Registration

Registration opens January 8, 2024 online at campnanabosho.org/register.

Confirmation

Confirmation information is sent electronically, so it's crucial to provide us with a valid email address. Confirmation packets are Some of our camp programs feature off-site field trips, please also available at campnanabosho.org/forms after January 8, 2024.

Pricing

You do not need to be a member of the YMCA of the Fox Cities Staff to attend Camp Nan A Bo Sho. Y members receive a lower price Our camp culture starts with well-trained, loving, enthusiastic and we encourage our camp families to consider becoming members. Y memberships must be maintained from time of the member price.

Payment

All camp programs require a \$100 deposit that must be paid at the time of registration. Remaining balances are due two weeks prior to the first day of camp and will be withdrawn automatically using the payment method on file.

Financial Assistance

Cost should never be a barrier, financial assistance is available through the YMCA of the Fox Cities' Annual Campaign. We believe that all children deserve a camp experience, we encourage all families who don't think camp is in their budget to apply for financial assistance. For more information, and to apply, please visit campnanabosho.org/parentinfo.

Discounts

Recruit a friend (non-sibling) who has not previously attended YMCA Camp Nan A Bo Sho and receive a \$25 discount; OR register for two or more camp sessions and receive a \$25 discount on all sessions after the first session.

Health & Safety

All campers are required to have a completed electronic health history to attend camp. Information regarding the online health form will be emailed to you after your registration is received. Campers must provide their own health and accident insurance.

Field Trips

note that all planned off-site field trips are subject to change at any time. Campers will still participate in a field trip, but it may be different than what is listed in the program description.

and dedicated staff. Camp staff are selected on the basis of their values and proven abilities in working with youth. All staff registration through completion of the camp program to receive participate in an extensive training program prior to the camp season. Over 75% of our staff were campers themselves!

Bus Service

Bus transportation is available, for an additional cost, to and from the Apple Creek YMCA, located at 2851 E. Apple Creek Rd., Appleton, WI 54913.

Bus transportation requires a separate registration.

Order your commemorative Camp Nan A Bo Sho T-shirt or sweatshirt to be delivered to your camper while they are at camp! Shirts can be ordered upon registering for camp until May 1, 2024. The 2024 shirts will not be available for purchase at camp.

Camp Nan A Bo Sho is the place to be this summer! Leave your normal behind and try something new, make new friends and have the time of your life. Shoot archery, stand up paddle board around Waubee Lake, create a masterpiece, cook over the fire and so much more.

If you are a seasoned camper, try something new this summer. Consider signing up for one of our wilderness canoe or backpack trips or check out one of our many programs that offer fun off-site field trips. No matter what you sign up for there will always be something new and exciting to add to your camp experience.

Danielle "Chip" Pickering-Polzin **Camp Director**

FUN FOR ALL AGES		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
ALL SUMMER LONG!		June 16-21	June 23-28	June 30- July 3*	July 7-12	July 14-19	July 21-26	July 28- August 2	August 4-9	August 11-14*
Ages 5-7	Short N' Sweet (Sun-Tues)		х			Х			Х	End of Summer Bash Ages 5-17 *Sunday-Wednesday
Ages 6-8	Camp Sampler (Tues-Fri)		Х			Х			х	
Ages 6–8	Summer Explorers	Х				Х		Х		
	Time Hoppers				Х				Х	
	Icky Sticky Fun		X				X			
Ages 8-10	Pathfinders		Х		Х	Х			Х	
	Water Otters	х				Х	Х	Х		
	Sports of All Sorts	Х			Х			Х		
	Night Crawlers		X				Х		Х	
Ages 10-12	Adventure Seekers	Х			Х		Х	Х		
	Animal Adventures		Х			X		Х		
	Splash Zone		X	Fourth of July Bash Ages 5-17 *Sunday-Wednesday	Х				Х	
	Great Camp Excursion	Х				Х	X		Х	
Ages 12-14	Voyagers	Х		th of Ages lay-\		Х		Х	Х	
	Tree Toppers		X	: Jul) : 5-1 Vedr	Х			Х		
	On The Loose		X	/ Bas 7 nesd		Х	X			
	Thrill Seekers	Х		ay sh	Х		X		Х	
Ages 12-14	Willow Flowage Canoe				Two Week	Program				
	Ice Age Trail Backpack			Two Week Pro				k Program		
Ages 13–15	Michigamme River Canoe	Two Week	Program							
	Pictured Rocks Backpack							Two Weel	Program	
14-16	Manitowish Waters Canoe						Two Weel	k Program		
	North Country Trail Backpack	Two Week	Program							
	Superior Hiking Trail Backpack				Two Week	Program				
	Go Wild				X		X			
	Trailblazers	X				X			X	
	Leadership Camp		X					Х		
Ages 15-16	Leaders in Training (LIT)				Two Week	Program	Two Week Program			
Ages 16-17	Counselor in Training (CIT)	Two Week	(Program				Two Week Program			
Ages 5-12	Day Camp-Summer Daze					Х			Х	

QUESTIONS

For detailed information please visit our website: **campnanabosho.org** You may also contact us at 920.733.9622 or campnanabosho@ymcafoxcities.org

BUSINESS ADDRESS: 2851 E Apple Creek Rd, Appleton, WI 54913 CAMP ADDRESS: 18369 Okonto Ln, Lakewood, WI 54138

GENERAL PROGRAMS

Ages 5-8

Short N'Sweet

Ages: 5-7 Y Member: \$345 General Public: \$385

Spend 3 days and 2 nights exploring everything camp has to offer. Make new friends, go boating, swim in the lake, get creative in arts & crafts, and try something new. This program is perfect for the first-time camper. Program runs Sunday-Tuesday.

Camp Sampler

Ages: 6-8 Y Member: \$380 General Public: \$420

For those not quite ready for a full week, join us for 4 days and 3 nights of camp fun. Go swimming, shoot archery, paddle around Waubee Lake during the day and watch the sunset each night.

Program runs Tuesday-Friday.

Summer Explorers

Ages: 6-8 Y Member: \$553 General Public: \$593

Explore everything camp has to offer; swimming, boating, arts & crafts, campfires and so much more. You will have a blast whether you are an experienced camper or a first timer.

Time Hoppers

Ages: 6-8 Y Member: \$583 General Public: \$623

Go back in time to see what life was like in the early days of Wisconsin. Churn butter, cook over the fire and make candles. End your week with a field trip where you will ride on a real lumberjack steam train to a northwoods logging camp.

Icky Sticky Fun

Ages: 6-8 Y Member: \$553 General Public: \$593

Find your inner scientist while making slime, elephant toothpaste and designing your own water rocket. The sky's the limit, literally!

Ages 8-10

Pathfinders

Ages: 8-10 Y Member: \$553 General Public: \$593

Sample everything camp has to offer; swimming, kayaking, archery, arts & crafts and anything else you can dream up. Spend one night sleeping in a tent at camp!

Water Otters

Ages: 8-10 Y Member: \$583 General Public: \$623

Pack your sunscreen and get ready to have fun at the lake. Explore the shore, jump on the water trampoline, soak up the sun and play water games. Take a day trip and have a picnic lunch at a local beach!

Sports of All Sorts

Ages: 8-10 Y Member: \$553 General Public: \$593

Stay active playing basketball, soccer and gaga. Practice your aim at archery and riflery and spend an afternoon playing lawn games. Do some early morning yoga and make healthy snacks to refuel yourself for the next day.

Night Crawlers

Ages: 8-10 Y Member: \$553 General Public: \$593

The fun really begins when the sun goes down. Stay up late, gaze at the stars, and watch for animals that come out at night. Dissect owl pellets and learn about bats. Sleep in so you are ready for more late-night adventures.

Ages 10-12

Adventure Seekers

Ages: 10-12 Y Member: \$553 General Public: \$593

Can't make up your mind what to do – do it all! Archery, swimming, riflery, arts & crafts, boating and much more. Spend one night in a tent on a canoe trip across Waubee Lake.

Animal Adventures

Ages: 10-12 Y Member: \$613 General Public: \$653

Dive into the fascinating world of animals as you connect with fellow animal lovers and animal professionals learning how to care for and interact with critters of all types. Expand your knowledge with a visit to the zoo, spend an afternoon at the horse stables and learn about the wildlife that call camp home.

Splash Zone

Ages: 10-12 Y Member: \$583 General Public: \$623

Make a splash as you get up early for a penguin dip, swim across the lake and take a day trip to a local waterpark. Wind down the week with a beautiful sunset paddle.

Great Camp Excursion Ages: 10-12 Y Member: \$583

Y Member: \$583 General Public: \$623

Learn what it takes to survive in the wilderness; build a shelter, cook over the fire, purify water and use a map and compass to find your way. Spend two nights away from camp at a local campground practicing wilderness canoe and backpack skills.



Ages 12-14

Voyagers

Ages 12-14 Y Members: \$583 General Public: \$623

Start your camp experience doing traditional camp activities, swimming, archery and much more. Challenge yourself on the high ropes course or climbing wall. Spend one day hiking a local trail in the Chequamegon-Nicolet National Forest.

Tree Toppers

Ages 12-14 Y Members: \$553 General Public: \$593

Your week will be spent in the trees. Tie knots, learn basic climbing techniques and climbing safety. Climb to the top of the rock wall, ride the zip line and complete the low and high ropes courses.

On The Loose

Ages: 12-14 Y Member: \$553 General Public: \$593

Sleeping in? Movies? Ice cream parties? Between traditional camp activities like hanging out at the beach and stand-up paddle boarding, do everything you never thought you could do at camp.

Thrill Seekers

Ages: 12-14 Y Member: \$613 General Public: \$653

Get your adrenaline flowing! Grab your PFD and do some whitewater rafting, spend the afternoon riding a zipline through the trees with views of the Menominee River and then return to camp to conquer the high ropes course.

Ages 14-16

Go Wild

Ages: 14-16 Y Member: \$613 General Public: \$653

Go urban by day and wild by night. Play mini golf, watch a waterski show, race around on go-carts and explore Minocqua. Camp under the stars at a local campground on this 2 or 3 day out-of-camp adventure.

Trailblazers

Ages: 14-16 Y Member: \$553 General Public: \$593

Enjoy all that camp has to offer; you pick what you want to do! From a pontoon ride, game nights and a trip to the local ice cream shop, your time at camp will be jam packed with fun.

camp

nan a bo sho

est. 🔷 1964



DAY CAMP PROGRAMS

Camp Nan A Bo Sho Day Camp offers our campers a chance to participate in all that camp has to offer during the day and return home each night. Day camp runs from 9:00 AM-4:30 PM, Monday-Friday, with lunch provided. Optional before care (starting at 7:30 AM) and after care (until 6:00 PM) is available for an additional cost. Transportation is NOT provided for this program.

Summer Daze Ages: 5-12

Y Member: \$200

General Public: \$240

Designed for campers who like a bit of everything – from sports to crafts, nature activities to swimming, you will get to experience it all! Each week is packed with a variety of activities for you to choose from to create the adventure you are looking for.

Day Camp Before/After Care (Optional)

Ages: 5-12

Cost: \$5/Before Care, \$5/After

Need to come early or stay late? No problem, you are welcome to join us for breakfast or stay through dinner. Choose the days you need! Please note – due to the resident camp schedule, After Care is not available on Friday.

WILDERNESS TRIP PROGRAMS

Our wilderness trips are adventure, fun, excitement and freedom rolled into two awesome weeks! Explore the beauty of the Northwoods of WI, MI and MN not many people get to see, guided by our specially trained trip leaders. We offer two types of wilderness trips; canoeing and backpacking, each with their own unique skill progression. We encourage campers to begin their wilderness trip journey with our level 1 & 2 programs, building skills that will help them be successful in our level 3 & 4 programs. All specialty trip supplies are provided, we just need you to join us!

Willow Flowage Canoe (Level 1)

Ages: 12-14 Y Member: \$955 **General Public: \$995**

Listen to the call of the loon and enjoy evenings around the campfire with friends as you take a 4-5 day canoe trip on the Willow Flowage. Spend your first few days in camp brushing up on your wilderness skills before heading out on the trip of a lifetime.

This is a two-week program.

Ice Age Trail Backpack (Level 1)

Ages: 12-14 **Y Member: \$955** General Public: \$995

Throw everything you need in your backpack and hit the trail. Spend the first few days in camp brushing up on your wilderness skills before heading out of camp for a 4-5 day backpacking trip on the Ice Age Trail. This is a two-week program.

Michigamme River Canoe (Level 2)

Aaes: 13-15 **Y Member: \$955 General Public: \$995**

The next step in wilderness canoeing, travel for 6-7 days down the Michigamme River. Learn new wilderness tripping skills while you work as a team to reach your next campsite each night. This is a two-week program.

Pictured Rocks Backpack (Level 2)

Ages: 13-15 Y Member: \$955 General Public: \$995

Ready for the next challenge? Pack your bags and head to Pictured Rocks National Lakeshore in the beautiful UP of Michigan for a 6-7 day backpack adventure. This is a

two-week program.



Manitowish Waters Canoe (Level 3)

Ages: 14-16 **Y Member: \$955 General Public: \$995**

Spend 8-10 days paddling and portaging your way around the Manitowish Waters in Northern WI. From map reading to solo portaging to trail cooking, you will gain so many wilderness trip skills on this adventure. This is a two-week program.

North Country Trail Backpack (Level 3)

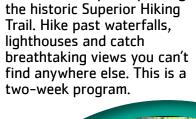
Ages: 14-16 **Y Member: \$955 General Public: \$995**

Continue enhancing your wilderness skills on this 8-10 day backpacking trip on the beautiful North Country Trail located near Lake Superior in the UP of Michigan. This is a two-week program.

Superior Hiking Trail Backpack (Level 4)

Ages: 15-17 Y Member: \$955 **General Public: \$995**

This ultimate test of your wilderness skills will take you on a 10-12 day backpacking trip along Lake Superior on





LEADERSHIP PROGRAMS

Leadership Camp Ages: 14-16 Y Member: \$553

General Public: \$593

Develop the skills needed to work with others and learn to recognize your own strengths as a leader. Go beyond your comfort zone as you push through the low and high ropes courses and participate in camp activities building your leadership skills as you go.

Leaders in Training (LIT)

Ages: 15-16 **Y Member: \$955 General Public: \$995**

Challenge yourself, look inward, and find the leader you can be. You will work with other teens to achieve group goals, push your comfort zone and be amazed at what can be accomplished working as a team. Participate in a 3 day, 2 night out-of-camp canoe trip. This is a two-week program.

Counselor in Training (CIT)

Ages: 16-17 Y Member: \$955 **General Public: \$995**

Want to work at camp someday? Gain the leadership skills needed to work directly with the campers. Experience all the different roles that counselors play. Participate in a 3 day, 2 night out-of-camp backpacking trip. This is a two-week program.

4TH OF JULY BASH: JUNE 30-JULY 3

When you think of the 4th of July you think of grill outs, fun outdoor games and fireworks - why not add camp to that list? Join your camp friends for a camp experience like never before. This short week, Sunday-Wednesday program, will feature Independence Day-themed activities along with all the fun of traditional camp activities. Campers will be divided in groups by age.

Ages: 5-17 Y Member: \$355 General Public: \$395



END OF SUMMER BASH: AUGUST 11-14

As the summer winds down, do you wish you just had a few more days to spend at camp? Join us for 4 days, Sunday-Wednesday, as we throw an end of summer bash at camp. Participate in all your favorite camp activities along with super special activities like a foam party, giant slip n' slide and carnival games just for those joining our bash! Campers will be divided in groups by age.

Ages: 5-17 Y Member: \$355 **General Public: \$395**



FAMILY FUN WEEKEND: JULY 26–28

Family programs provide time for families to connect in the unique camp environment. Fee includes food, lodging and all the activities camp has to offer, and is open to adults and kids of all ages. "Families" can include anyone you consider your family grandparents, aunts, uncles and cousins are all invited! Create lifelong memories and start a fun family tradition!

Adults (Age 18+) Y Member: \$187 **General Public: \$227** Youth (Ages 5-17) Y Member: \$117 **General Public: \$157** Children (Ages 0-4): FREE

Volunteer Work Day at Camp

May 11, 2024 10:00 AM-4:00 PM

Come to Camp Nan A Bo Sho to help us get ready for the summer season. We have a project wish list we hope to accomplish at the Work Day. If you have a particular skill, trade or expertise (for example carpentry, electrical, plumbing) that you would like to share at the Work Day, please let us know when you register and we will have a special project for you. While there is no cost to attend this provided. event, we do ask you to register so we can get an accurate count for lunch.

Open House at Camp

June 9, 2024 1:00-4:00 PM

Visit Camp Nan A Bo Sho to familiarize yourself with the camp environment by meeting camp staff and touring our facility. The waterfront will be open, so make sure to bring a swimsuit. Bring a friend and come see what camp has to offer! Light snacks will be



YMCA OF THE FOX CITIES

218 E Lawrence St Appleton, WI 54911

