



## GROWTH & DEVELOPMENT

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## WINTER 1 PROGRAM SESSION:

January 8 – February 25, 2024

### PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

#### JR EXPLORERS (AGES 3-6 YEARS WITH PARENT) (FWY)

A fun class with hands-on activities. Group interactions encouraged through songs and games. Parents participate with their children for a great opportunity to explore, learn and play together.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$37	\$59
Jr Explorers	FWY	3-6 years with parent	T	5:15 PM	6:30 PM	\$47	\$69

## CHILDRENS CLASSES (AGES 1½-6)

### AGES 1½-3 YEARS

#### LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

#### COZY CRAFTS (AGE 2 YEARS) (HVV)

Beat those winter blues while making fun art projects! Wear your warm and cozy clothes or jammies and come warm up from the cold and make winter art projects! Must have previous experience in growth and development or kids' corner.

#### JUST FOR TWO'S (AGE 2 YEARS) (FWY, HVV)

We know toddlers like being together. This is a class where first friends are made. We will play, create, and develop together!

#### LAUGH & LEARN FOR TWO'S (AGE 2 YEARS) (NMY)

This exciting program will allow two-year-olds the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$37	\$59
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$37	\$59
Cozy Crafts	HVV	2 years	T	10:15 AM	11:00 AM	\$32	\$54
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	HVV	2 years	M	9:00 AM	9:45 AM	\$32	\$54
Just for Two's	HVV	2 years	T	9:00 AM	9:45 AM	\$32	\$54
Laugh & Learn for Two's	NMY	2 years	T	8:30 AM	9:15 AM	\$32	\$54

### AGES 2-3 YEARS

#### ADVENTURE TIME (AGES 2-3 YEARS) (APY)

Each week we will adventure through learning. The children will develop their motor skills, work on peer interactions, and develop their social and emotional skills while learning through weekly themed stories, crafts, activities, and games and gaining more independence! Children should have a positive prior Growth and Development, Kids Corner, or Play and Learn experience.

#### PLAY, PLAY, PLAY (AGES 2-3 YEARS) (HVV)

Watch as your child learns colors, numbers, and letters through play-based and child lead activities including games, arts and crafts, and small and large group activities.

#### WATCH ME GO! (AGES 2-3 YEARS, AGES 2 ½-3 YEARS) (FWY, HVV)

Take pride in completing your own artwork, develop fine motor skills, and practice listening skills.

#### WINTER WONDERLAND (AGES 2-3 YEARS) (FWY)

Though the weather outside is frightful, wintry lessons are delightful! Let's explore everything winter has to offer together through crafts, games, stories and more!

### **BUILDING BLOCKS (AGES 2½-3 YEARS) (HVY)**

We can play with blocks, cardboard blocks, Legos, and even items around the house. We will encourage building and construction activities. What child doesn't love block play?

### **BUSY BEES (AGES 2½-3 YEARS) (HVY)**

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2.5–3-year-olds ready for a little more independence. Child should have taken Just for Two's or have had a positive Kids Corner experience before taking this class.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Adventure Time	APY	2-3 years	W	9:30 AM	10:30 AM	\$37	\$59
Play, Play, Play!	HVY	2-3 years	W	9:00 AM	10:00 AM	\$37	\$59
Play, Play, Play!	HVY	2-3 years	TH	9:00 AM	10:00 AM	\$37	\$59
Watch Me Go!	FWY	2-3 years	M	10:00 AM	11:00 AM	\$37	\$59
Winter Wonderland	FWY	2-3 years	W	10:00 AM	11:00 AM	\$37	\$59
Building Blocks	HVY	2½-3 years	W	10:30 AM	11:30 AM	\$37	\$59
Busy Bees	HVY	2½-3 years	TH	10:15 AM	11:15 AM	\$37	\$59
Busy Bees	HVY	2½-3 years	F	9:00 AM	10:00 AM	\$37	\$59
Watch Me Go!	HVY	2½-3 years	F	10:15 AM	11:15 AM	\$37	\$59

## **AGES 2-4 YEARS**

### **BEYOND PLAY (AGES 2-4 YEARS) (NMY)**

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

### **KINDNESS IN THE COMMUNITY (AGES 2-4 YEARS) (NMY)**

**You BELONG in this class!** Children will learn about inclusion, belonging, and create a sense of community through stories, songs, art, games, and large motor-interactive play.

### **SING AND PLAY IN SPANISH (AGES 2-4 YEARS) (NMY)**

This preschool primer will include activities, songs and fingerplays about colors, shapes, numbers, letters and vocabulary taught in Spanish with support teachers who speak English. If you'd like your child's learning to continue for the day, you can also sign up for Let's Keep Movin' or Cool Kids and we can help with transfer.

### **COMMUNITY HELPERS (AGES 2½-4 YEARS) (FWY)**

Explore the many community helpers we have around us every day! We will be reading stories, doing art, and learning songs all about the community helpers. We may even have a few guest speakers join the class! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

### **FRIDAY FUN (AGES 2½-4 YEARS) (ACY)**

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch for Apple Creek YMCA and nut-free snack for Appleton YMCA.

### **FROSTY FUN (AGES 2½-4 YEARS) (FWY)**

As the weather turns colder, we will be staying warm with laughter, games, songs and more. Your child will enjoy exploring the many wonders of Wisconsin's frosty winter months. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

**LAUGHTER, LEARNING, LUNCH (AGES 2 ½-4 YEARS) (ACY), (AGES 2½-5 YEARS) (FWY)**

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

**MONDAY FUN DAY (AGES 2½-4 YEARS) (ACY)**

Explore and have fun with friends. We will incorporate songs, stories, and art while making new friends.

**SNOW FRIENDS AND STORIES (AGES 2½-4 YEARS) (ACY)**

Warm up with new friends creating fun snowy art. We will explore new art, books, and songs each week. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

**WINTER WONDERLAND (AGES 2½-4 YEARS) (ACY)**

Explore the fun of the season while having fun with friends and learning social skills. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$47	\$69
Kindness in the Community	NMY	2-4 years	W	9:00 AM	10:30 AM	\$47	\$69
Sing and Play in Spanish	NMY	2-4 years	TH	8:45 AM	9:30 AM	\$32	\$54
Community Helpers	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$59	\$80
Friday Fun-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Frosty Fun	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$59	\$80
Laughter, Learning, Lunch-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$73	\$95
Monday Fun Day	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$59	\$80
Snow Friends and Stories-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Winter Wonderland-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$47	\$69
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$47	\$69

**AGES 3-4 YEARS****BOOKWORM BUDDIES (AGES 3-4 YEARS) (HVV)**

A literacy class where we can bring our buddies. This class we will laugh and learn while bringing their buddies to class. That's right! Children are encouraged to bring their favorite stuffed animal while reading, singing, and learning through play.

**COOL KIDS (AGES 3-4 YEARS) (NMY)**

The coolest thing about being a kid is learning through PLAY!! Small group experiences, work centers, story time, dancing, singing, arts and crafts will keep your little one so busy they don't realize all the things they are learning about friendship, problem solving, language and academics ... but parents will!

**JUST FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (HVV)**

Help your three and four years old get pre-school/kindergarten ready! We will practice fine motor skills, letter, number, and color recognition through stories, songs, art projects, and other fun activities. We will also work on taking turns, using manners, working together, interactive play, and lots more.

### **LAUGH & LEARN FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (NMY)**

This exciting program will allow preschool children the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

### **POLAR PALS (AGES 3-4 YEARS) (HVY)**

As the leaves change around us, it gets colder, and the weather shifts allow children to learn about the weather, the changes, and what to expect! Explore the seasons and the holidays that we celebrate as the weather changes!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Book Worm Buddies	HVY	3-4 years	TH	10:30 AM	11:30 AM	\$37	\$59
Cool Kids	NMY	3-4 years	TH	9:30 AM	10:30 AM	\$37	\$59
Just for Three's & Four's	HVY	3-4 years	M	10:30 AM	12:00 PM	\$47	\$69
Just for Three's & Four's	HVY	3-4 years	F	10:30 AM	12:00 PM	\$47	\$69
Laugh & Learn for Three's & Four's	NMY	3-4 years	T	9:30 AM	11:00 AM	\$47	\$69
Polar Pals	HVY	3-4 years	M	9:00 AM	10:00 AM	\$37	\$59

## **AGES 3-6 YEARS**

### **ANIMALS OF THE NIGHT (AGES 3-5 YEARS) (FWY)**

As the sun goes down and the moon comes up, the nocturnal animals are coming out! Let's learn all about the animals who are awake when we sleep with stories, songs and more! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

### **BOOKING AND COOKING (AGES 3-5 YEARS) (HVY)**

Reading and Cooking is fun for any age. Come explore the wonders of reading, making and easy snack and art project to go along with it.

### **CREATIVE COUNTING (AGES 3-5 YEARS) (HVY)**

**This is a 2-day class.** Calling all mathematicians! Time to get creative with counting. This class will focus on learning numbers that are found everywhere we go. Tuesdays will be spent in the classroom getting creative with those numbers. Thursday we will go to the family fun center or the gym to expand our knowledge of numbers through building and exercise.

### **LITTLE MUSICIANS (AGES 3-5 YEARS) (HVY)**

Children will explore rhythm and movement as we use instruments, dancing, singing, and popular children's songs to explore and learn about everything from holidays to colors to body parts and bones!

### **OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

### **PLAYFUL FRIENDS (AGES 3-5) (ACY)**

Learn about animals that stay 'playful' all winter long such as deer, otters, owls, foxes, rabbits and more through hands-on activities, games, stories, and crafts. We'll spend some time outdoors during every class, so please dress for the weather.

**PRESCHOOL PREP (AGES 3-5 YEARS) (APY)**

Come prepare for preschool! Each week we will explore and learn through play-based activities, art projects, and sensory experiences. Children will discover colors, numbers, letters, and develop independence while working on social and emotional skills, fine and large motor skills, and self-help skills. The content of the class is based on the learning in Preschool, and this will be a good prep for children entering preschool or 4K in the fall!

**PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)**

Looking for a longer class? This is for you! We will make new friends, play games, sing songs, read stories and make crafts. Each week we will have a new theme. We may go outside, play in the family fun center, and even use the gym. There will be snack time, so please bring a peanut free snack for your child.

**WINTER WONDERLAND (AGES 3-5 YEARS) (APY)**

Come celebrate winter each week with games, crafts, books, and activities. Children will explore and learn about colors, numbers, letters, and develop independence while working on social and emotional skills, fine and large motor skills, and self-help skills.

**YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)**

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Animals of the Night	FWY	3-5 years	F	9:00 AM	11:00 AM	\$59	\$80
Booking and Cooking	HVY	3-5 years	F	9:00 AM	10:00 AM	\$37	\$59
Creative Counting	HVY	3-5 years	T/TH	8:45 AM	10:00 AM	\$73	\$95
Little Musicians	HVY	3-5 years	T	10:30 AM	11:30 AM	\$37	\$59
Outrageous Outdoors	ACY	3-5 years	T	9:00 AM	10:30 AM	\$47	\$69
Playful Friends	ACY	3-5 years	M	9:30 AM	11:00 AM	\$47	\$69
Preschool Prep	APY	3-5 years	T	9:00 AM	11:00 AM	\$59	\$80
Preschool Readiness	HVY	3-5 years	W	8:45 AM	11:00 AM	\$63	\$85
Winter Wonderland	APY	3-5 years	TH	9:00 AM	11:00 AM	\$59	\$80
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$47	\$69