



# WINTER

## SPORTS

### STAFF CONTACTS

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**WINTER SESSION JANUARY 8-FEBRUARY 25, 2024 (UNLESS NOTED IN DESCRIPTION)**

### PRESCHOOL

#### PARENT-CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, FWY, HVY)

Perfect class for first-time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent-Child All Sports	APY	3-4 years	M	5:30 PM	6:15 PM	\$35	\$53
Parent-Child All Sports	FWY	3-4 years	W	5:30 PM	6:15 PM	\$35	\$53
Parent-Child All Sports	HVV	3-4 years	M	5:00 PM	5:45 PM	\$35	\$53

### YOUTH

#### SPORTS SAMPLER (AGES 4-6 YEARS) (APY, FWY, HVY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. \*A minimum of 5 children are needed to run the class.

#### LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

### HOME SCHOOL SPORTS (APY, HVY)

This is the YMCAs version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements and develop an understanding of why it is important to stay active.

### ADVANCED SPORTS SAMPLER (AGES 7-10 YEARS) (APY)

NEW PROGRAM! Each week participants will learn the skills of a new sport while playing fun activities and put them to the test in game formats. Sports include Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on learning more advanced skills, competing against others, and having FUN! \*A minimum of 5 children are needed to run the class.

### SPORTS SKILLS (FWY)

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

### WINTER VOLLEYBALL (FWY, HVY)

Players will learn the basic skills of volleyball like passing, setting, and serving the ball through fun drills and games! We will also be learning the rules of the game. This class is for players with little to no volleyball experience.

### HOLIDAY BASKETBALL CAMP (GRADES 3-6) (NMY)

Come practice your skills during Christmas Break. Plenty of drills, skills contests, and fun! Play some 3-on-3 games and 5 on 5 games and be ready for a few days of fun!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Kickers Soccer	APY	4-6 years	M	4:30 PM	5:15 PM	\$35	\$53
Advanced Sports Sampler	APY	7-10 years	T	5:30 PM	6:15 PM	\$35	\$53
Sports Sampler	APY	4-6 years	T	4:30 PM	5:15 PM	\$35	\$53
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$35	\$53
Sports Sampler	HVY	4-6 years	M	6:00 PM	6:45 PM	\$35	\$53
Sports Sampler	HVY	4-6 years	T	10:30 AM	11:15 AM	\$35	\$53
Winter Volleyball	FWY	Grades 2-4	M	5:00 PM	6:00 PM	\$42	\$63
Winter Volleyball	FWY	Grades 2-4	TH	5:00 PM	6:00 PM	\$42	\$63
Winter Volleyball	FWY	Grades 5-6	M	6:00 PM	7:00 PM	\$42	\$63
Winter Volleyball	FWY	Grades 5-7	TH	6:00 PM	7:00 PM	\$42	\$63
Winter Volleyball – Session 2	HVY	Grades 2-3	W	4:30 PM	5:30 PM	\$42	\$63
Winter Volleyball – Session 2	HVY	Grades 4-6	W	5:45 PM	6:45 PM	\$42	\$63
Winter Volleyball – Session 2	HVY	Grades 7-8	T	5:30 PM	6:30 PM	\$42	\$63
Home School Sports	APY	7 -11 years	T	2:00 PM	2:45 PM	\$35	\$53
Home School Sports	HVY	7 -11 years	T	1:00 PM	1:45 PM	\$35	\$53
Sports Skills – Basketball	FWY	Grades 1-4	T	5:00 PM	5:45 PM	\$35	\$53
Holiday Basketball Camp - December 22	NMY	Grades 3-6	F	9:00 AM	11:00 AM	\$18	\$26
Holiday Basketball Camp - December 27-28	NMY	Grades 3-6	W/TH	9:00 AM	11:00 AM	\$36	\$52

## YOUTH SPORTS LEAGUES

**PLAY MORE, PAY LESS - Value Added Leagues are FREE with YMCA family membership. This includes our primary leagues in each season throughout the school year.**

- Fall Volleyball (Volleyball 1)
- Fall Flag Football
- Youth Basketball
- Indoor Soccer
- Track & Field

**Please note:**

**Late Registrations: there is a \$10 late fee added to the program after the registration deadline. Registrations may be taken only if space is available.**

**Cancellations: before registration deadline will be full refund. If after deadline and before first practice/game will be YMCA credit. No credits refund after first date.**

**3 ON 3 BASKETBALL LEAGUE REGISTRATION: January 1 – February 26. Players will play 3 on 3 basketball weekly. Boys are on Monday nights. Girls are on Tuesday nights. No basketball week of March 25-29.**

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
3 on 3 - Boys	FWY	Grade 3	M	March 4	April 15	\$23	\$34
3 on 3 - Boys	FWY	Grade 4	M	March 4	April 15	\$23	\$34
3 on 3 - Boys	FWY	Grade 5	M	March 4	April 15	\$23	\$34
3 on 3 - Boys	FWY	Grade 6	M	March 4	April 15	\$23	\$34
3 on 3 - Boys	FWY	Grade 7 & 8	M	March 4	April 15	\$23	\$34
3 on 3 – Girls	FWY	Grade 3	T	March 5	April 16	\$23	\$34
3 on 3 – Girls	FWY	Grade 4	T	March 5	April 16	\$23	\$34
3 on 3 – Girls	FWY	Grade 5	T	March 5	April 16	\$23	\$34
3 on 3 – Girls	FWY	Grade 6	T	March 5	April 16	\$23	\$34
3 on 3 – Girls	FWY	Grade 7&8	T	March 5	April 16	\$23	\$34

## INDOOR SOCCER LEAGUE (APY, FWY, HVY, NMY)

**MARCH 2 - APRIL 6. REGISTRATION DECEMBER 11, 2023 – FEBURARY 5, 2024.** This is a value-added league!

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Indoor Soccer	APY	Grade 4K-5K	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	APY	Grade 1	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	APY	Grade 2	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	APY	Grade 3	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	APY	Grade 4-6	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	FWY	Grade 4K-5K	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	FWY	Grade 1	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	FWY	Grade 2	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	FWY	Grade 3-4	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	FWY	Grade 5-7	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	HVY	Grade 4K-5K	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	HVY	Grade 1	SAT	Mar 2	Apr 6	Free	\$40	\$60

Youth Indoor Soccer	HVY	Grade 2-3	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	HVY	Grade 4-6	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	NMY	Grade 4K-5K	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	NMY	Grades 1-2	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	NMY	Grade 3-4	SAT	Mar 2	Apr 6	Free	\$40	\$60
Youth Indoor Soccer	NMY	Grade 5-6	SAT	Mar 2	Apr 6	Free	\$40	\$60

## SPRING NFL FLAG FOOTBALL LEAGUE (APY, FWY, HVY, NMY)

**April 13- May 18. REGISTRATION DECEMBER 11-MARCH 17, 2024.** The Appleton YMCA and Neenah-Menasha YMCA Grades 7-8 league will play inter-Y games with home and away games.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Spring NFL Flag Football	APY	Grades 4K-5K	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grade 1	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grade 2	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grade 3	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grade 4	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grades 5-6	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	APY	Grades 7-8	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	FWY	Grades 4K-5K	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	FWY	Grades 1	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	FWY	Grades 2	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	FWY	Grades 3-4	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grades 4K-5K	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grade 1	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grade 2	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grade 3	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grade 4	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	HVY	Grades 5-6	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	NMY	Grades 4K-5K	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	NMY	Grades 1-2	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	NMY	Grades 3-4	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	NMY	Grades 5-6	SAT	April 13	May 18	\$51	\$51	\$77
Spring NFL Flag Football	NMY	Grades 7-8	SAT	April 13	May 18	\$51	\$51	\$77

## TRACK AND FIELD (APY, FWY, HVY, NMY)

**April 29- May 18. REGISTRATION February 19-April 14, 2024.**

This is a value-added league! The first three weeks will be practices on Saturdays at the location in which you sign up for. Locations are Appleton YMCA (Location TBD); Fox West YMCA (Fox West YMCA), Heart of the Valley (location to be determined) and Neenah-Menasha YMCA (Neenah Middle School). YMCA of the Fox Cities Track Meet will be held on Saturday, May 18 from 8:00 AM-2:30PM at Calder Stadium in Menasha.

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Track & Field	APY	Grade 5K	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 1	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 2	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 3	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 4	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 5	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	APY	Grade 6	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	HVY	Grades 5K-1	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	HVY	Grades 2-3	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	HVY	Grades 4-6	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	NMY	Grades 5K-2	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	NMY	Grades 3-6	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	FWY	Grades 5K-1	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	FWY	Grades 2-3	SAT	April 27	May 18	Free	\$27	\$41
Track & Field	FWY	Grades 4-6	SAT	April 27	May 18	Free	\$27	\$41

## HEART OF THE VALLEY INTERMEDIATE/COMPETITIVE VOLLEYBALL LEAGUE – April

**16-May 28, 2024. REGISTRATION- December 11, 2023-March 17, 2024.** This league is designed for players with previous volleyball experience. Players will have equal playing time. Everyone should register individually and email their team to Ryan Schmit at [rschmit@ymcafoxcities.org](mailto:rschmit@ymcafoxcities.org). Maximum of 5 players per team, 4 players will play at a time. Any kids without a team will be assigned to a team, but it is encouraged players sign up with a team. League format is open play, meaning teams will come in, warm up and play! No instruction time will be given. Scores and standings will be kept, and May 28 will be a tournament based on season standings.

Class Name	YMCA	Age	Day	Start	End	Y Member	General Public
Intermediate/Competitive Volleyball League	HVY	Grades 7-8	T	Apr 16	May 21	\$46	\$69

**FOX WEST SUMMER SOCCER LEAGUE – REGISTRATION JANUARY 1 – April 3. Practices begin the week of May 6. Games begin June 3. Season ends July 31.** Our summer soccer features several weeks of practice with their team prior to their first game. Practices and games are held at Lion’s Park in Greenville. Teams play 8 games during the season. No games week of July 1-5. Each participant will receive a full uniform (jersey, shorts and socks). THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ages 4-5	FWY	4-5 years	T	May 6	July 31	\$59	\$89
U6	FWY	5-6 years	T	May 6	July 31	\$59	\$89
U8	FWY	7-8 years	M	May 6	July 31	\$59	\$89
U10	FWY	9-10 years	M	May 6	July 31	\$59	\$89
U12	FWY	11-12 years	W	May 6	July 31	\$59	\$89
U15	FWY	13-15 years	W	May 6	July 31	\$59	\$89

**FOX WEST PRE-SEASON SOCCER CAMP – April 23 & 30 (Ages 4-7) or April 25 & May 2 (Ages 8-12). REGISTRATION January 1 – April 21.** Dribbling Camp focuses directly on improving dribbling skills.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Season Soccer Camp	FWY	Ages 4-7	T	4:30 PM	5:15 PM	\$20	\$30
Pre-Season Dribbling Camp	FWY	Ages 4-7	T	5:30 PM	6:15 PM	\$20	\$30
Pre-Season Soccer Camp	FWY	Ages 8-12	TH	4:30 PM	5:15 PM	\$20	\$30
Pre-Season Dribbling Camp	FWY	Ages 8-12	TH	5:30 PM	6:15 PM	\$20	\$30

**SUMMER SOCCER LEAGUE (APY & HVY)– June 17-July 31, 2024.**

**REGISTRATION: February 12- May 19, 2024.** Teams will practice followed by a game one day a week. There will be no games the week of July 1-5. THIS IS NOT A VALUE-ADDED PROGRAM.

APY game location TBD

HVY will play at the Heart of the Valley YMCA

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Soccer	APY	Ages 4-5	T	June 18	July 30	\$40	\$60
Summer Soccer	APY	Ages 6-7	M	June 17	July 29	\$40	\$60
Summer Soccer	APY	Ages 8-9	T	June 18	July 30	\$40	\$60
Summer Soccer	APY	Ages 10-11	M	June 17	July 29	\$40	\$60
Summer Soccer	HVY	Ages 4-5	M	June 17	July 29	\$40	\$60
Summer Soccer	HVY	Ages 6-7	T	June 18	July 30	\$40	\$60
Summer Soccer	HVY	Ages 8-9	W	June 19	July 31	\$40	\$60
Summer Soccer	HVY	Ages 10-11	W	June 19	July 31	\$40	\$60



## MARTIAL ARTS (NMY)

**September 11 – May 31, 2024**

**NEW!** Starting this fall, Judo will be a per month program, meaning you only need to register once. Once you register you will be charged monthly. The price listed for each class is **per month**. After registering, you will be able to attend each class offered from September through May. You can register or cancel at anytime throughout the year.

Judo is best described as a special martial art, derived from Ju-jitsu, with similarities to wrestling with its throws and pins. It is an Olympic sport, an art, a discipline, a recreation and fitness program, a means of self-defense, and a way of life. Instructor: Mehdi Mohammadian, is an 8th degree Black Belt, and member of the Martial Arts Hall of Fame. Junior/Family and Adult classes offered.

### JR. BEGINNERS/FAMILY JUDO (6 YEARS AND OLDER) (NMY)

This is the introductory class for individuals who wish to start a judo training program. This class runs for 75 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Jr. Advanced/Family Judo class on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

### BEGINNER ADULT JUDO (13 YEARS AND OLDER) (NMY)

This is the adult introductory class for individuals who wish to start a judo training program. This class runs for 90 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Advanced Adult Judo class on Thursdays. Price includes 1 person.

### JR. ADVANCED/FAMILY JUDO (AGES 6-13 YEARS) (NMY)

This class is the next junior level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 75 minutes on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

**ADVANCED ADULT JUDO (AGES 13 YEARS AND OLDER) (NMY)** This class is the next adult level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 90 minutes on Thursdays. Price includes 1 person.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr./Family Beginners Judo	NMY	6 and older	T	5:30 PM	6:45 PM	\$49/month	\$72/month
Beginner Adult Judo	NMY	13 and older	T	7:00 PM	8:30 PM	\$58/month	\$81/month
Jr./Family Advanced Judo	NMY	6 and older	TH	5:30 PM	6:45 PM	\$49/month	\$72/month
Advanced Adult Judo	NMY	13 and older	TH	7:00 PM	8:30 PM	\$58/month	\$81/month

## TEENS

### ESPORTS (AGES 8-18) (NEENAH-MENASHA)

The YMCA of the Fox Cities is thrilled to unveil our state-of-the-art Tech Lab, launching Nov. 27! Immerse yourself in the world of gaming with our cutting-edge facility featuring 20 stations with top-of-the-line gaming computers! Whether you're a seasoned pro or just starting your gaming journey, our Tech Lab has something for everyone. See more at [ymcafoxcities.org/esports](http://ymcafoxcities.org/esports).

Electronic Sports, or Esports, takes on the form of organized, multiplayer online video game competitions and is one of the fastest growing trends for youth engagement. Through the Y's Esports program, youth are welcome to be who they are, excel at what they love, and develop the social, strategic and problem-solving skills necessary to grow into thriving adults all in a safe, moderated and inclusive environment.

#### ESPORTS OPEN PLAY

Come experience gaming on another level at the Neenah-Menasha YMCA Tech Lab powered by Plexus! Open Play grants you access to the Tech Lab during all open hours. Come choose from our full library of games, hang out with friends and play on our gaming stations. Game on! Additional games/applications are available by request. Prices are **per month** for members and grant unlimited access based on availability.

#### FORTNITE LEAGUE

NEW THIS YEAR! Come join us for our all-new Fortnite League hosted in the Neenah-Menasha YMCA Tech Lab. This league will allow participants to put their skills to the test in a session long competition against other players in our program. We will be providing mouse/keyboards & Xbox controllers for all participants. Players can bring their own controller if they wish but it is not required.

#### LET'S PLAY! – ESPORTS

Come join us in the brand-new Neenah-Menasha YMCA Tech Lab for a fun evening of gaming with friends! Each night participants will have the option to play any game from the full library that we offer in the lab. We will also host mini tournaments and other small challenges throughout the session. We will be providing mouse/keyboards & Xbox controllers for all participants. Players can bring their own controller if they wish but it is not required.

#### SUPER SMASH BROS ULTIMATE LEAGUE

The Super Smash Bros league is hosted in the Neenah-Menasha YMCA Tech Lab. This league will allow participants to put their skills to the test in a session long competition against other players in our program. Participants must bring their own Nintendo Switch, a copy of Super Smash Bros. Ultimate, their charger, and joycons/controller. We also recommend bringing your docking station to hook up to the monitors!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Esports Open Play	NMY	All Ages	MTWTHFS	See Website	See Website	\$15/family or \$8/person (per month)	\$10/day
Fortnite League (Youth)	NMY	Ages 8-12	M	5:00 PM	7:00 PM	\$56	\$78
Let's Play! - Esports (Youth)	NMY	Ages 8-12	W	5:00 PM	7:00 PM	\$35	\$55
Let's Play! - Esports (Teen)	NMY	Ages 13-18	TH	5:00 PM	7:00 PM	\$35	\$55
Super Smash Bros Ultimate League	NMY	Ages 8-18	F	5:00 PM	7:00 PM	\$35	\$55



## YOUTH & TEEN NIGHTS (APY, FWY, HVY)

Youth and Teen Nights at the Y provide kids with a safe place to hang out with and be active. Get a group of friends together or come by yourself and meet new friends! Join us for music, basketball, dodgeball, swimming, arts & crafts, food and best of all **FUN!** More specific details located at [ymcafoxcities.org](http://ymcafoxcities.org).

**Fee: Y Member - \$5 General Public - \$10**

\*Pre-registration is required.

### Appleton YMCA Teen Nights (Grades 5-8)

Fridays 5:00 – 8:00pm

February 23, April 26

### Fox West YMCA Youth Nights (Grades 2-6)

Saturdays 6:00 – 8:30 PM

January 20, February 17 & March 16

### Heart of the Valley YMCA Youth Nights (Grades 3-6)

Fridays 6:00 – 8:00 PM

January 19, March 8

## ADULTS

**Open Member Sports** – no registration required, see branch schedules for updated time and options.

### OGDEN YMCA PICKLEBALL COURTS

The Ogden YMCA and Valley Tennis Center offers 4 indoor pickleball courts which are located on tennis courts 5 & 6. When you book a tennis court, you get 2 pickleball courts and court fees are split between the players on the court sheet. You can't book and be charged for just 1 pickleball court.

For more information and/or questions please call 920-560-0001 or email Patti Stinski

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Open Pickleball	APY	18+	M/T/W/TH/F	7:00 AM	1:45 PM	FREE	N/A*
Open Pickleball	APY	18+	SUN	7:00 AM	11:00 AM	FREE	N/A*
Open Pickleball	FWY	18+	M/W/F	5:00 AM	7:00 AM	FREE	N/A*
Open Pickleball	FWY	18+	M/T/W	10:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	FWY	18+	TH/F	10:00 AM	NOON	FREE	N/A*
Open Pickleball - (Beginner)	FWY	18+	TH	NOON	2:00 PM	FREE	N/A*
Open Pickleball (Intermediate/Advanced)	HVY	18+	M/W/F	11:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	HVY	18+	T/TH	6:00 AM	8:00 AM	FREE	N/A *
Open Pickleball (Beginner)	HVY	18+	T/TH	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	SUN	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	M/W/F	1:00 PM	3:00 PM	FREE	N/A*
Open Volleyball	NMY	18+	T/TH	7:00 PM	9:00 PM	FREE	N/A*
Open Basketball	APY	18+	W	5:30 AM	7:00 AM	FREE	N/A*
Open Basketball	APY	18+	S	6:00 AM	7:45 AM	FREE	N/A*
Open Basketball	NMY	18+	SUN	9:00 AM	11:00 AM	FREE	N/A*
Open Basketball	NMY	18+	M/TH/F	11:00 AM	1:00 PM	FREE	N/A*
Open Basketball	NMY	18+	T/F	5:00 AM	7:00 AM	FREE	N/A*
Open Adult Volleyball	HVY	16+	F	5:30 PM	7:30 PM	FREE	N/A*
Open Family Volleyball	HVY	All ages	SUN	2:00 PM	4:00 PM	FREE	N/A*

**\* Guest Passes available only if accompanied by a Y member for \$12**