



DANCE

STAFF CONTACTS

FWY/ACY - Megan Stine, Dance Coordinator P 560.3410 E mstine@ymcafoxcities.org

NMY/HVY/APY/OGY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

NMY/HVY/APY/OGY - Hollie O'Toole, Arts and Humanities Coordinator P 886.2108 E hotoole@ymcafoxcities.org

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INSPIRE DANCE STUDIO FOX WEST & APPLE CREEK

Inspire Dance Studio (IDS) is a recital program which begins each September and runs until April, ending the season with a professional recital for all dancers. Each IDS instructor has extensive dance training and years of teaching experience, as well as maintaining a continuing dance education. IDS offers progressive dance training, where dancers can grow their experience and knowledge each year.

NEW! Classes at Apple Creek Y: Inspire Dance Studio will be offering dance classes at ACY. We are so excited to serve another location!

INSPIRE DANCE STUDIO COMPETITIVE TEAM FOX WEST YMCA DANCE

Inspire Dance Studio (IDS) held their auditions for the 2023-2024 season in May. Dancers who auditioned were placed on teams, as well as Individual Performances as a result of that audition. For more information on our competitive teams please email Megan Stine at Mstine@ymcafoxcities.org.

STUDIO Y DANCE STUDIO APPLETON, HEART OF THE VALLEY, NEENAH-MENASHA, and OGDEN YMCA-NEW

The Studio Y Dance Program offers dance classes for ages 18 months-adult. The Studio Y dance program encourages the technical progression of dancers and provides consistent and knowledgeable instruction at each level of development. All sites offer recital classes and competition teams, spring, and summer programs.

Recital Costume: \$65 non-refundable costume fee must be paid at the time of registration. Students will be sent home with recital packets in March with more details regarding the performance.

Class placement: The Studio Y program offers ages next to classes as a guide in our progressive dance levels. If you have questions on where your child should be placed by level please contact Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org or Hollie O'Toole, Arts and Humanities Coordinator P 886.2108 E hotoole@ymcafoxcities.org

Payment Policy: 7-week classes will be paid in full at the time of registration. All 13-week and 30-week classes are paid monthly and will automatically draft on the 15th of every month for the entirety of the session. Please reach out to Maeghan, Hollie, or Angela if you are interested in a full-pay option.

Classes at the Ogden Y-NEW: Studio Y will be offering dance classes at OGY. We are so excited to serve another location!

2024 DANCE RECITAL

Saturday, May 11, 2024

Fox Cities Performing Arts Center

All Competition Teams, 30-week classes and 16-week classes (Jan-May session) will participate in the annual dance recital. Private and Semi-Private dance classes will also be given the opportunity to perform.

HEART OF THE VALLEY YMCA PRESCHOOL AND YOUTH CLASSES

7-WEEK WINTER SESSION

WINTER 2 - FEBRUARY 26-APRIL 28 (NO CLASSES MARCH 24-APRIL 7)

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS WITH PARENT/GUARDIAN) (NMY)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers required.

HEART OF THE VALLEY YMCA

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	HVY	18 months-3 years w/parent/guardian	W	10:45 AM	11:15 AM	\$51	\$72

NEENAH-MENASHA YMCA PRESCHOOL AND YOUTH CLASSES

7-WEEK WINTER SESSION

WINTER 2-FEBRUARY 26-APRIL 28 (NO CLASSES MARCH 24-APRIL 7)

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS WITH PARENT/GUARDIAN) (NMY)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers required.

CREATIVE MOVEMENT (AGES 2-3 YEARS) (NMY)

This fun class focuses on coordination and rhythm in creative and imaginative ways. This class will engage your dancer in movement!

NEENAH-MENASHA YMCA

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	NMY	18 months-3 years w/parent/guardian	TH	10:45 AM	11:15 AM	\$51	\$72
Creative Movement	NMY	2-3 years	TH	10:10 AM	10:40 AM	\$51	\$72

NEENAH-MENASHA YMCA SPECIALTY DANCE CLASSES

7-WEEK WINTER SESSION

WINTER 2-FEBRUARY 26-APRIL 28 (NO CLASSES MARCH 24-APRIL 7)

DANCE STRETCH AND STRENGTHEN-FORMERLY "DANCE PILATES" (AGES 12 YEARS +) (NMY)

This high-energy mat class is set with pop music for a fresh outlook on the Pilates Method. Traditional Pilates Method sets are paired with floor barre movements to offer deep conditioning exercises that improve flexibility, increase strength, and create long, lean muscles. With the ability to work at your own pace, you will progress toward your optimal fitness.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Dance Stretch and Strengthen formerly "Dance Pilates"	NMY	12 years +	M	11:30 AM	12:15 PM	\$51	\$72
Dance Stretch and Strengthen formerly "Dance Pilates"	NMY	12 years +	W	11:30 AM	12:15 PM	\$51	\$72

PRIVATE DANCE LESSONS

Available for ages 7-Adult. Ballet, Pointe, Tap, Hip Hop, Jazz, Lyrical and more! Classes are available at all levels of training. Semi-private/duet classes are also available at the same cost. Please contact Hollie O'Toole, Dance Program Coordinator, 920.886.2108 for availability.

5-30 min. lessons - Fee: YMCA Member - \$101 General Public - \$129

5-45 min. lessons - Fee: YMCA Member - \$150 General Public - \$186

5-1-hour lessons - Fee: YMCA Member - \$197 General Public - \$223