



GROWTH & DEVELOPMENT

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WINTER 2 PROGRAM SESSION:

February 26-April 14, 2024

PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

JR EXPLORERS (AGES 3-6 YEARS WITH PARENT) (FWY)

A fun class with hands-on activities. Group interactions encouraged through songs and games. Parents participate with their children for a great opportunity to explore, learn and play together.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$37	\$59
Jr Explorers	FWY	3-6 years with parent	T	5:15 PM	6:30 PM	\$47	\$69

CHILDRENS CLASSES (AGES 1½-6)

AGES 1½-3 YEARS

LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

COZY CRAFTS (AGE 2 YEARS) (HVV)

Beat those winter blues while making fun art projects! Wear your warm and cozy clothes or jammies and come warm up from the cold and make winter art projects! Must have previous experience in growth and development or kids' corner.

JUST FOR TWO'S (AGE 2 YEARS) (FWY, HVV)

We know toddlers like being together. This is a class where first friends are made. We will play, create, and develop together!

LAUGH & LEARN FOR TWO'S (AGE 2 YEARS) (NMY)

This exciting program will allow two-year-olds the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$37	\$59
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$37	\$59
Cozy Crafts	HVV	2 years	T	10:00 AM	11:00 AM	\$37	\$59
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$37	\$59
Just for Two's	HVV	2 years	M	9:00 AM	9:45 AM	\$32	\$54
Just for Two's	HVV	2 years	T	9:00 AM	9:45 AM	\$32	\$54
Laugh & Learn for Two's	NMY	2 years	T	8:30 AM	9:15 AM	\$32	\$54

AGES 2-3 YEARS

ADVENTURE TIME (AGES 2-3 YEARS) (APY)

Each week we will adventure through learning. The children will develop their motor skills, work on peer interactions, and develop their social and emotional skills while learning through weekly themed stories, crafts, activities, and games and gaining more independence! Children should have a positive prior Growth and Development, Kids Corner, or Play and Learn experience.

EMOTIONS AND FEELINGS ARE FUN (AGES 2-3 YEARS) (FWY)

Come have fun while learning about different feelings and emotions through games, play, songs, and improving a child's recognition and control of their own feelings. Children will discover their own "toolbox" of self-regulation.

PLAY, PLAY, PLAY (AGES 2-3 YEARS) (HVV)

Watch as your child learns colors, numbers, and letters through play-based and child lead activities including games, arts and crafts, and small and large group activities.

WHAT'S THE WEATHER? (AGES 2-3 YEARS) (FWY)

Hurricanes! Sandstorms! Blizzards! Let's strap on our boots, We are about to learn about them all and so much more.

BEYOND PLAY (AGES 2½-3 YEARS) (HVY)

Packing fun into every class! We'll explore different themes, make fun projects and move our bodies all while enjoying group and story time.

BUSY BEES (AGES 2½-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2.5–3-year-olds ready for a little more independence. Child should have taken Just for Two's or have had a positive Kids Corner experience before taking this class.

WATCH ME GO! (AGES 2½-3 YEARS) (HVY)

Take pride in completing your own artwork, develop fine motor skills, and practice listening skills.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adventure Time	APY	2-3 years	W	9:30 AM	10:30 AM	\$37	\$59
Emotions and Feelings are fun!	FWY	2-3 years	M	10:00 AM	11:00 AM	\$37	\$59
Play, Play, Play!	HVY	2-3 years	W	9:00 AM	10:00 AM	\$37	\$59
Play, Play, Play!	HVY	2-3 years	TH	9:00 AM	10:00 AM	\$37	\$59
What's the Weather?	FWY	2-3 years	W	10:00 AM	11:00 AM	\$37	\$59
Beyond Play	HVY	2½ -3 years	W	10:30 AM	11:30 AM	\$37	\$59
Busy Bees	HVY	2½-3 years	TH	10:15 AM	11:15 AM	\$37	\$59
Busy Bees	HVY	2½-3 years	F	9:00 AM	10:00 AM	\$37	\$59
Watch Me Go!	HVY	2½-3 years	F	10:15 AM	11:15 AM	\$37	\$59

AGES 2-4 YEARS**BEYOND PLAY (AGES 2-4 YEARS) (NMY)**

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

KINDNESS IN THE COMMUNITY (AGES 2-4 YEARS) (NMY)

YOU BELONG IN THIS CLASS! Children will learn about inclusion, belonging, and create a sense of community through stories, songs, art, games, and large motor-interactive play.

SING AND PLAY IN SPANISH (AGES 2-4 YEARS) (NMY)

This preschool primer will include activities, songs and fingerplays about colors, shapes, numbers, letters and vocabulary taught in Spanish with support teachers who speak English. If you'd like your child's learning to continue for the day, you can also sign up for Let's Keep Movin' or Cool Kids and we can help with transfer.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch for Apple Creek YMCA and nut-free snack for Appleton YMCA.

LAUGHTER, LEARNING, LUNCH (AGES 2 ½-4 YEARS) (ACY), (AGES 2½-5 YEARS) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

MESSY, CREATIVE FUN (AGES 2 ½-4 YEARS) (FWY) Explore the many different ways to create art. We'll have creative messy fun painting, drawing, gluing, and lots more. Come to class ready for fun and dressed to get messy. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

MONDAY FUN DAY (AGES 2½-4 YEARS) (ACY)

Explore and have fun with friends. We will incorporate songs, stories, and art while making new friends.

MUSIC, DANCE AND YOGA! (AGES 2½-4 YEARS) (FWY)

Let your child explore and let their wiggles out through music and dance! Then ending class learning new yoga poses every day.

WEATHER WARM UP (AGES 2½-4 YEARS) (ACY)

What's up with this weather? We will learn about the change of the seasons with fun books and art. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

WINTER WONDERLAND (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$47	\$69
Kindness in the Community	NMY	2-4 years	W	9:00 AM	10:30 AM	\$47	\$69
Sing and Play in Spanish	NMY	2-4 years	TH	8:45 AM	9:30 AM	\$32	\$54
Friday Fun-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$73	\$95
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$47	\$69
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$47	\$69
Messy, Creative, Fun	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$59	\$80
Monday Fun Day	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$59	\$80
Music, Dance and Yoga	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$59	\$80
Weather Warm Up-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$73	\$95
Winter Wonderland-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$73	\$95

AGES 3-4 YEARS**JUST FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (HVY)**

Help your three and four years old get pre-school/kindergarten ready! We will practice fine motor skills, letter, number, and color recognition through stories, songs, art projects, and other fun activities. We will also work on taking turns, using manners, working together, interactive play, and lots more.

LAUGH & LEARN FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (NMY)

This exciting program will allow preschool children the opportunity to laugh and learn along with friends. We will explore some of childhood's favorite literature, focusing on one book each week. Songs, fingerplays, games, and crafts will support our learning!

POLAR PALS (AGES 3-4 YEARS) (HVY)

As the leaves change around us, it gets colder, and the weather shifts allow children to learn about the weather, the changes, and what to expect! Explore the seasons and the holidays that we celebrate as the weather changes!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Three's & Four's	HVY	3-4 years	M	10:30 AM	12:00 PM	\$47	\$69

Just for Three's & Four's	HVY	3-4 years	TH	10:30 AM	12:00 PM	\$47	\$69
Laugh & Learn for Three's & Four's	NMY	3-4 years	T	9:30 AM	11:00 AM	\$47	\$69
Polar Pals	HVY	3-4 years	M	9:00 AM	10:00 AM	\$37	\$59

AGES 3-6 YEARS

COOL KIDS (AGES 3-5 YEARS) (NMY)

The coolest thing about being a kid is learning through PLAY!! Small group experiences, work centers, story time, dancing, singing, arts and crafts will keep your little one so busy they don't realize all the things they are learning about friendship, problem-solving, language and academics ... but parents will!

DR. SUESS ADVENTURES (AGES 3-5 YEARS) (FWY)

Oh the places you go! Every week we will read a Dr. Suess book and learn all about the rhymes with crafts, games and more! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

ECO-KIDS (AGES 3-5 YEARS) ACY

Explore the outdoors and watch the changes throughout the seasons while we learn more about the plants and animals found around our YMCA and on the Purdy Preserve. Short hikes and playtime outside will be supplemented with craft and story time indoors. Have your child dressed for the weather as we will be outdoors every week, weather permitting!

LEAPING LETTERS (AGES 3-5 YEARS) (HVY)

This is a 2-day class. Tuesday's your children will work on letter recognition, sounds, and writing skills. But wait, there is more! Thursday we will leap around the room/gym/family fun center practicing our learned skills with large muscle activities and exercises.

LITTLE MUSICIANS (AGES 3-5 YEARS) (HVY)

Children will explore rhythm and movement as we use instruments, dancing, singing, and popular children's songs to explore and learn about everything from holidays to colors to body parts and bones!

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

PRESCHOOL PREP (AGES 3-5 YEARS) (APY)

Come prepare for preschool! Each week we will explore and learn through play-based activities, art projects, and sensory experiences. Children will discover colors, numbers, letters, and develop independence while working on social and emotional skills, fine and large motor skills, and self-help skills. The content of the class is based on the learning in Preschool, and this will be a good prep for children entering preschool or 4K in the fall!

PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)

Looking for a longer class? This is for you! We will make new friends, play games, sing songs, read stories and make crafts. Each week we will have a new theme. We may go outside, play in the family fun center, and even use the gym. There will be snack time, so please bring a peanut free snack for your child.

READING RAINBOW (AGES 3-5 YEARS) (HVY)

Come read about the colors of the rainbow with us! Each week we will focus on a different color through a craft and story. You can even wear that color to class. First week is RED!

SENSORY SCIENTISTS (AGES 3-5 YEARS) (HVY)

Science and sensory mixed together for young children to explore by using their five senses. This class will allow the children to dig into different sensory items and explore the world around them. We will explore, experiment, build, create and learn through fun activities.

WINTER WONDERLAND (AGES 3-5 YEARS) (APY)

Come celebrate winter each week with games, crafts, books, and activities. Children will explore and learn about colors, numbers, letters, and develop independence while working on social and emotional skills, fine and large motor skills, and self-help skills.

YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Much of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Cool Kids	NMY	3-5 years	TH	9:30 AM	10:30 AM	\$37	\$59
Dr. Suess Adventures	FWY	3-5 years	F	9:00 AM	11:00 AM	\$59	\$80
Eco-Kids	ACY	3-5 years	TH	9:30 AM	11:00 AM	\$47	\$69
Leaping Letters	HVY	3-5 years	T/TH	8:45 AM	10:00 AM	\$73	\$95
Little Musicians	HVY	3-5 years	T	10:30 AM	11:30 AM	\$37	\$59
Outrageous Outdoors	ACY	3-5 years	T	9:00 AM	10:30 AM	\$47	\$69
Preschool Prep	APY	3-5 years	T	9:00 AM	11:00 AM	\$59	\$80
Preschool Readiness	HVY	3-5 years	W	8:45 AM	11:00 AM	\$63	\$85
Reading Rainbow	HVY	3-5 years	F	9:00 AM	10:00 PM	\$37	\$59
Sensory Scientist	HVY	3-5 years	F	10:30 AM	11:30 AM	\$37	\$59
Winter Wonderland	APY	3-5 years	TH	9:00 AM	11:00 AM	\$59	\$80
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$47	\$69

FUN SHOPS –NEW

Bring your children to our ONE-DAY Fun Shop! These are one-day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

SHAMROCK SWEETS (AGES 3-5 YEARS) (HVY)

Let's make some yummy treats to celebrate St. Patrick's Day! Your little lucky leprechauns will make some fun no-bake treats and create a craft to go with it in this workshop. Wear your green!

EASTER BUNNY HOP (AGES 3-5 YEARS) (HVY)

Come shake your bunny tails in this music and movement Easter class! We will dance and sing as quick as bunnies. We will also be creating a unique Easter craft to bring home.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Shamrock Sweets-March 7	HVY	3-5 years	TH	1:00 PM	2:30 PM	\$10	\$17
Easter Bunny Hop-March 27	HVY	3-5 years	W	1:00 PM	2:30 PM	\$10	\$17