

FIND YOUR Y AT YMCA OF THE FOX CITIES

# YMCA OF THE FOX CITIES CAMP NAN A BO SHO GUIDE

### **All Campers Welcome**

Camp Nan a Bo Sho welcomes all participants and staff. We are committed to our camp being a welcoming, and inclusive space where everyone has an opportunity to reach their full potential with dignity. We strive to create a safe place where every camper feels comfortable being and expressing their true, genuine selves.

Inclusion is a core part of our mission. We understand how important it is to go beyond statements and put our mission into action. For specific policies and practices at camp, please refer to our website ymcafoxcities.org/nabs.

### **Group Planning**

Each camp session described in this guide provides an idea of the activities included at camp; however, camper input helps determine which activities the cabin participates in. No matter which program you choose, you will participate in all the traditional camp activities you love.

### Registration

Registration opens January 6, 2025 online at campnanabosho.org/register.

### Confirmation

Confirmation information is sent electronically, so it's crucial to provide us with a valid email address. Confirmation packets are also available at **campnanabosho.org/forms** after January 6, 2025.

### **Pricing**

You do not need to be a member of the YMCA of the Fox Cities to attend Camp Nan A Bo Sho. Y members receive a lower price and we encourage our camp families to consider becoming members. Y memberships must be maintained from time of registration through completion of the camp program to receive the member price.

We understand that our camp families have differing means to pay for their child's camp experiences, so we offer a voluntary three range personal pricing structure to accommodate all financial needs. This voluntary pricing structure does not influence the quality of your child's camp experience. Please consider selecting the highest range your family can afford. The range you choose is up to you.

**Range 1** – Most accurately reflects the true cost of YMCA Camp Nan A Bo Sho including wear and tear and depreciation. **Range 2** – A partially subsidized rate.

**Range 3** – Our historically standard rate, which does not represent the true cost of camp. This rate is subsidized through fundraising, special events and sustaining contributions.

### **Payment**

All camp programs require a \$125 non-refundable deposit that must be paid at the time of registration. Remaining balances are due two weeks prior to the first day of camp and will be withdrawn automatically using the payment method on file.

#### **Financial Assistance**

Cost should never be a barrier, financial assistance is available through the YMCA of the Fox Cities' Mission in Action Campaign. We believe that all children deserve a camp experience, we encourage all families who don't think camp is in their budget to apply for financial assistance. For more information, and to apply, please visit campnanabosho.org/parentinfo.

#### **Discounts**

**Referral discount -** Refer a non-sibling who has never attended YMCA Camp Nan A Bo Sho and receive a \$25 discount. **Multi-session discount -** Register for a second camp session and receive a \$25 discount. There's no limit to how many additional sessions you can receive a discount on!

### **Health & Safety**

All campers are required to have a completed electronic health history on file to attend camp. Information regarding the online health form will be emailed to you after your registration is received. Campers must provide their own health and accident insurance.

#### **Field Trips**

Some of our camp programs feature off-site field trips. Please note that all planned off-site field trips are subject to change at any time. Camp provides transportation and any required supplies/equipment for all field trips.

#### Staff

Our camp culture starts with well-trained, loving, enthusiastic and dedicated staff. Camp staff are selected on the basis of their values and proven abilities in working with youth. All staff participate in an extensive training program prior to the camp season. Over 50% of our staff were campers themselves!

#### **Bus Service**

Bus service is available to and from the Apple Creek YMCA, located at 2851 E Apple Creek Rd, Appleton WI, 54913. **Bus transportation requires a separate registration and is an additional fee.** 

#### Camp Swaq

Order your commemorative Camp Nan A Bo Sho T-shirt or sweatshirt to be delivered to your camper while they are at camp! Shirts can be ordered upon registering for camp until May 1, 2025. The 2025 shirts will not be available for purchase at camp.

Join us for an unforgettable summer at camp, where adventure awaits in the great outdoors! Experience the joy of making lifelong friendships while exploring nature through hiking, swimming, and high adventure wilderness trips. With a variety of activities—from arts and crafts to the climbing wall – there's something for everyone! Embrace the spirit of fun and friendship as we create lasting memories together. Don't miss out on the adventure – come join the fun!

Danielle "Chip" Pickering-Polzin Camp Director

FUN FOR ALL AGES ALL SUMMER LONG!		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
		June 15-20	June 22-27	June 29- July 2*	July 6-11	July 13-18	July 20-25	July 27- August 1	August 3-8	August 10-13*
Ages 5-7	Short N' Sweet (Sun-Tues)		x				x		x	
Ages 6-8	Camp Sampler (Tues-Fri)		Х				х		Х	
Ages 6-8	Summer Explorers				Х			Х		
	Imagination Station	X					Х			
	Icky Sticky Fun		Х			х			Х	
Ages 8-10	Pathfinders		Х		Χ		Х		Х	
	Water Otters	Х				Х	Х		Х	
	Sports of All Sorts		Х			х		Х		
	Night Crawlers	Х			Х			Х		
Ages 10-12	Adventure Seekers	Х				Х	Х		Х	
	Animal Adventures	X		Fourth of July Bash Ages 5-17 *Sunday-Wednesday	Х			Х		
	Splash Zone		Х		Х		Х		Х	.*
	Great Camp Excursion		Х			Х		Х		nd o
Ages 12-14	Voyagers		Х		Х			Х		End of Summer Bash Ages 5–17 *Sunday-Wednesday
	Tree Toppers		Х	July 5-1 Vedr		х	Х			mme 5-1 Vedr
	On The Loose	Х		/ Bas 7 nesd	Х		Х		Х	r Ba 7 nesd
	Thrill Seekers	Х		ay sh		Х		Х	Х	sh ay
Ages 12-14	Willow Flowage Canoe						2 Week	Program		
	Ice Age Trail Backpack	2 Week	Program							
Ages 13-15	Michigamme River Canoe				2 Week	Program				
	Pictured Rocks Backpack				2 Week Program					
14-16	Manitowish Waters Canoe	2 Week	Program							
	North Country Trail Backpack							2 Week	Program	
	Go Wild				Х				Х	
	Trailblazers	Х	Х			Х		Х		
Ages 15-16	Leaders in Training (LIT)	2 Week	Program				2 Week Program			
Ages 15-17	Boundary Waters Canoe						2 Week Program			
Ages 16-17	Counselor in Training (CIT)				2 Week	Program		2 Week	Program	
Ages 5-12	Day Camp-Summer Daze				Х				Х	

### **QUESTIONS**

For more information please visit **campnanabosho.org**. If you would like to see the camp, meet some of the staff and see what camp is all about, call us to schedule a personalized tour!

You may also contact us at 920.733.9622 or campnanabosho@ymcafoxcities.org

BUSINESS ADDRESS: 2851 E Apple Creek Rd, Appleton, WI 54913

CAMP ADDRESS: 18369 Okonto Ln, Lakewood, WI 54138

# **GENERAL PROGRAMS**

Ages 5-8

Ages 8-10

Ages 10-12

### **Short N'Sweet**

Ages: 5-7

Y Member: \$400 | \$375 | \$350 General Public: \$440 | \$415 | \$390

Spend 3 days and 2 nights exploring everything camp has to offer. Make new friends, go boating, swim in the lake, get creative in arts & crafts, and try something new. This program is perfect for the first-time camper. Program runs Sunday-Tuesday.

### **Camp Sampler**

Ages: 6-8

Y Member: \$440|\$415|\$390 General Public: \$480|\$455|\$430

For those not quite ready for a full week, join us for 4 days and 3 nights of camp fun. Go swimming, shoot archery, paddle around Waubee Lake during the day and watch the sunset each night.

Program runs Tuesday-Friday.

### Summer Explorers

Ages: 6-8

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Explore everything camp has to offer; swimming, boating, arts & crafts, campfires and so much more. You will have a blast whether you are an experienced camper or a first timer.

### **Imagination Station**

Ages: 6-8

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Unleash your creativity and connect with nature. Combine the magic of arts with the wonders of the Northwoods; a perfect blend of drama, music, crafts and outdoor exploration.

### **Icky Sticky Fun**

Ages: 6-8

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Find your inner scientist while making slime, elephant toothpaste and designing your own water rocket. The sky's the limit, literally!

### **Pathfinders**

Ages: 8-10

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Sample everything camp has to offer; swimming, kayaking, archery, arts & crafts and anything else you can dream up. Spend one night sleeping in a tent at camp!

### **Water Otters**

Ages: 8-10

Y Member: \$638 | \$613 | \$588 General Public: \$678 | \$653 | \$628

Pack your sunscreen and get ready to have fun at the lake. Explore the shore, jump on the water trampoline, soak up the sun and play water games. Take a day trip and have a picnic lunch at a local beach!

### **Sports of All Sorts**

Ages: 8-10

Y Member: \$638 | \$613 | \$588 General Public: \$678 | \$653 | \$628

Stay active playing basketball, soccer and gaga. Learn the finer points of golf and spend an afternoon playing lawn games. Start the day off right with some mind and body movement and make healthy snacks to refuel yourself for the next day.

### **Night Crawlers**

Ages: 8-10

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

The fun really begins when the sun goes down. Stay up late, gaze at the stars, and watch for animals that come out at night. Dissect owl pellets and learn about bats. Sleep in so you are ready for more late-night adventures.

### **Adventure Seekers**

Ages: 10-12

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Can't make up your mind what to do - do it all! Archery, swimming, riflery, arts & crafts, boating and much more. Spend one night in a tent on a canoe trip across Waubee Lake.

### **Animal Adventures**

Ages: 10-12

Y Member: \$688 | \$663 | \$638 General Public: \$728 | \$703 | \$678

Dive into the fascinating world of animals as you connect with fellow animal lovers and animal professionals learning how to care for and interact with critters of all types. Expand your knowledge with a visit to the zoo, spend an afternoon at the horse stables and learn about the wildlife that call camp home.

### **Splash Zone**

Ages: 10-12

Y Member: \$638 | \$613 | \$588 General Public: \$678 | \$653 | \$628

Make a splash as you get up early for a penguin dip, swim across the lake and take a day trip to a local waterpark. Wind down the week with a beautiful sunset paddle.

### **Great Camp Excursion**

Ages: 10-12

Y Member: \$638 | \$613 | \$588 General Public: \$678 | \$653 | \$628

Learn what it takes to survive in the wilderness; build a shelter, cook over the fire, purify water and use a map and compass to find your way. Spend two nights away from camp at a local campground practicing wilderness canoe and backpack skills.

### Ages 12-14

### Ages 14-16

### **Voyagers**

Ages 12-14

Y Members: \$638 | \$613 | \$588 General Public: \$678 | \$653 | \$628

Start your camp experience doing traditional camp activities, swimming, archery and much more. Challenge yourself on the high ropes course or climbing wall. Spend one day hiking a local trail in the Chequamegon-Nicolet National Forest.

### **Tree Toppers**

Ages 12-14

Y Members: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Your week will be spent in the trees. Tie knots, learn basic climbing techniques and climbing safety. Climb to the top of the rock wall, ride the zip line and complete the low and high ropes courses.

### On The Loose

Ages: 12-14

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Sleeping in? Movies? Ice cream parties? Between traditional camp activities like hanging out at the beach and stand-up paddle boarding, do everything you never thought you could do at camp.

### **Thrill Seekers**

Ages: 12-14

Y Member: \$688 | \$663 | \$638 General Public: \$728 | \$703 | \$678

Get your adrenaline flowing! Grab your PFD and do some whitewater rafting, spend the afternoon riding a zipline through the trees with views of the Menominee River and then return to camp to conquer the high ropes course.

### Go Wild

Ages: 14-16

Y Member: \$688 | \$663 | \$638 General Public: \$728 | \$703 | \$678

Go urban by day and wild by night. Play mini golf, watch a waterski show, race around on go-carts and explore Minocqua. Camp under the stars at a local campground on this 2 or 3 day out-of-camp adventure.

### **Trailblazers**

Ages: 14-16

Y Member: \$608 | \$583 | \$558 General Public: \$648 | \$623 | \$598

Enjoy all that camp has to offer; you pick what you want to do! From a pontoon ride, game nights and a trip to the local ice cream shop, your time at camp will be jam packed with fun.



## DAY CAMP PROGRAMS

Camp Nan A Bo Sho Day Camp offers our campers a chance to participate in all that camp has to offer during the day and return home each night. Day camp runs from 9:00 AM-4:30 PM, Monday-Friday, with lunch provided. Optional before care (starting at 7:30 AM) and after care (until 6:00 PM) is available for an additional cost. Transportation is NOT provided for this program.

### **Summer Daze**

Ages: 5-12

Y Member: \$255 | \$230 | \$205 General Public: \$295 | \$270 | \$245

Designed for campers who like a bit of everything — from sports to crafts, nature activities to swimming, you will get to experience it all! Each week is packed with a variety of activities for you to choose from to create the adventure you are looking for.

## Day Camp Before/After Care (Optional)

Ages: 5-12

Cost: \$5/Before Care, \$5/After

Care

Need to come early or stay late? No problem, you are welcome to join us for breakfast or stay through dinner. Choose the days you need! Please note – due to the resident camp schedule, After Care is not available on Friday.



### **HIGH ADVENTURE WILDERNESS TRIP PROGRAMS**

Our high adventure wilderness trips are fun, excitement and freedom rolled into two awesome weeks! Explore the beauty of the Northwoods of WI, MI and MN not many people get to see, guided by our specially trained trip leaders. We offer two types of wilderness trips: canoeing and backpacking, each with their own unique skill progression. We encourage campers to begin their wilderness trip journey with our level 1 & 2 programs, building skills that will help them be successful in our level 3 & 4 programs. All specialty trip supplies are provided, we just need you to join us!

### Willow Flowage Canoe (Level 1)

Ages: 12-14

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Listen to the call of the loon and enjoy evenings around the campfire with friends as you take a 4-5 day canoe trip on the Willow Flowage. Spend your first few days in camp brushing up on your wilderness skills before heading out on the trip of a lifetime.

This is a two-week program.

### Ice Age Trail Backpack (Level 1)

Ages: 12-14

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Throw everything you need in your backpack and hit the trail. Spend the first few days in camp brushing up on your wilderness skills before heading out of camp for a 4-5 day backpacking trip on the Ice Age Trail. This is a two-week program.

### Michigamme River Canoe (Level 2)

Ages: 13-15

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

The next step in wilderness canoeing, travel for 6-7 days down the Michigamme River. Learn new wilderness tripping skills while you work as a team to reach your next campsite each night. This is a two-week program.



### Pictured Rocks Backpack (Level 2)

Ages: 13-15

Y Member: \$1010 | \$985 | \$960

**General Public:** 

\$1050 | \$1025 | \$1000

Ready for the next challenge? Pack your bags and head to Pictured Rocks National Lakeshore in the beautiful UP of Michigan for a 6-7 day backpack adventure. This is a two-week program.



### **Manitowish Waters Canoe** (Level 3)

Ages: 14-16

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Spend 8-10 days paddling and portaging your way around the Manitowish Waters in Northern WI. From map reading to solo portaging to trail cooking, you will gain so many wilderness trip skills on this adventure. This is a two-week program.

### North Country Trail Backpack (Level 3)

Ages: 14-16

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Continue enhancing your wilderness skills on this 8-10 day backpacking trip on the beautiful North Country Trail located near Lake Superior in the UP of Michigan. This is

a two-week program.

### **Boundary Waters Canoe (Level 4)**

Aaes: 15-17

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

This ultimate test of your wilderness skills will take you on a 10-12 day canoe trip in the famed Boundary Water Canoe Wilderness in northern Minnesota. Be truly immersed in the wilderness, watch the loons and eagles as you paddle the crystal-clear waters and camp under the stars each night. This is a two-week program.

# LEADERSHIP PROGRAMS

Leaders in Training (LIT)

Ages: 15-16

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Challenge yourself, look inward, and find the leader you can be. You will work with other teens to achieve group goals, push your comfort zone and be amazed at what can be accomplished working as a team. Participate in a 3 day, 2 night out-of-camp canoe trip. This is a two-week program.

Counselor in Training (CIT)

Ages: 16-17

Y Member: \$1010 | \$985 | \$960

General Public: \$1050 | \$1025 | \$1000

Want to work at camp someday? Gain the leadership skills needed to work directly with the campers. Experience all the different roles that counselors play. Participate in a 3 day, 2 night out-of-camp backpacking trip. This is a two-week program.



### **4TH OF JULY BASH: JUNE 29-JULY 2**

When you think of the 4<sup>th</sup> of July you think of grill outs, fun outdoor games and fireworks – why not add camp to that list? Join your camp friends for a camp experience like never before. This short week, Sunday-Wednesday program, will feature Independence Day-themed activities along with all the fun of traditional camp activities. Campers will be divided in groups by age.

Ages: 5-17

Y Member: \$410 | \$385 | \$360 General Public: \$450 | \$425 | \$400

### **END OF SUMMER BASH: AUGUST 10–13**

As the summer winds down, do you wish you just had a few more days to spend at camp? Join us for 4 days, Sunday-Wednesday, as we throw an end of summer bash at camp. Participate in all your favorite camp activities along with super special activities like a foam party, giant slip n' slide and carnival games just for those joining our bash! Campers will be divided in groups by age.

Ages: 5-17

Y Member: \$410 | \$385 | \$360 General Public: \$450 | \$425 | \$400



### **FAMILY FUN WEEKEND: JULY 25-27**

Family programs provide time for families to connect in the unique camp environment. Fee includes food, lodging and all the activities camp has to offer, and is open to adults and kids of all ages. "Families" can include anyone you consider your family – grandparents, aunts, uncles and cousins are all invited! Create lifelong memories around the evening campfire and start a fun family tradition!

Adults (Age 18+) Y Member: \$240|\$215|\$190

Adults (Age 18+) General Public: \$280 | \$255 | \$230 Youth (Ages 5-17) Y Member: \$170 | \$145 | \$120

Youth (Ages 5-17) General Public: \$210|\$185|\$160

Children (Ages 0-4): FREE

### **Volunteer Work Day at Camp**

April 26, 2025 10:00 AM-4:00 PM

Come to Camp Nan A Bo Sho to help us get ready for the summer season. We have a project wish list we hope to accomplish at the Work Day. If you have a particular skill, trade or expertise (for example carpentry, electrical, plumbing) that you would like to share at the Work Day, please let us know when you register and we will have a special project for you. While there is no cost to attend this event, we do ask you to register so we can get an accurate count for lunch.







### YMCA OF THE FOX CITIES

218 E Lawrence St Appleton, WI 54911

