



## GROWTH & DEVELOPMENT

### SPRING PROGRAM SESSION:

**April 14 – June 1, 2025**

**No classes Sunday, May 25 and Monday, May 26, 2025**

#### STAFF CONTACTS

ACY – Jamie Henson Child Care Services Director P 920.702.2315 E [jhenson@ymcafoxcities.org](mailto:jhenson@ymcafoxcities.org)

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APY - Amanda Tangwall Child Care Services Coordinator P 920.954.7657 E [atangwall@ymcafoxcities.org](mailto:atangwall@ymcafoxcities.org)

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HVY – Sarah Locy Child Care Services Director P 920.830.5709 E [slocy@ymcafoxcities.org](mailto:slocy@ymcafoxcities.org)

NMY – Cheryl Richard Child Care Services Coordinator P 920.886.2152 [crichard@ymcafoxcities.org](mailto:crichard@ymcafoxcities.org)

#### PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

#### MESSY CREATIVE FUN! (AGES 3-6 YEARS WITH PARENT) (FWY)

Explore the many different ways to create art. We'll have creative messy fun painting, drawing, gluing and lots more. Come to class ready for fun and dressed to get messy.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$43	\$65
Messy, creative fun!	FWY	3-6 years with parent	T	5:15 PM	6:30 PM	\$43	\$66

## CHILDREN'S CLASSES (AGES 1½-6)

### AGES 1½-3 YEARS

#### LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (AGES 18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$38	\$61
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$38	\$61

### AGES 2-3 YEARS

#### JUST FOR TWO'S (AGE 2 YEARS) (FWY) (HVY)

We know toddlers love being with friends. This class is all about making connections first! We'll play, create, and grow together.

#### BABY ANIMALS (AGES 2-3 YEARS) (FWY)

This exciting class will allow your little one to be stimulated by the springtime baby animals as we learn about the different critters and furry friends. Your little one will discover new animals each class while learning and playing with friends through song, story, and play.

#### BRIGHT BEGINNINGS (AGES 2-3 YEARS) (HVY)

Looking to begin your child's independence? This fun and engaging class is designed specifically for toddlers to learn and grow through play! This interactive class encourages little ones to explore their creativity, develop motor skills, and build social connections in a safe and nurturing environment.

#### BUSY BEES (AGES 2-3 YEARS) (APY) (HVY)

We'll buzz through a variety of activities, engaging in stories, songs, and crafts that spark creativity and fun. This class is perfect for 2-year-olds ready to explore with a bit more independence.

#### SENSORY SEEKERS (AGES 2-3 YEARS) (HVY)

This class focuses on sensory activities that engage toddlers through all five senses. Each week, we'll explore new sensory experiences to foster curiosity, and creativity. Children should be comfortable participating independently.

#### SPRING INTO ACTION (AGES 2-3 YEARS) (FWY)

Join in for an action-packed class including songs, stories, art, dance and play!

#### WIGGLES AND GIGGLES (AGES 2-3 YEARS) (HVY)

This class is designed to promote physical activity, coordination, and fun through various movement activities, games, and songs. Children should be comfortable participating independently.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$38	\$61
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$38	\$61
Just for Two's	HVY	2 years	M	10:00 AM	10:45 AM	\$28	\$48
Just for Two's	HVY	2 years	W	9:00 AM	9:45 AM	\$33	\$56
Baby Animals	FWY	2-3 years	M	10:00 AM	11:00 AM	\$33	\$52
Bright Beginnings	HVY	2-3 years	TH	9:00 AM	9:45 AM	\$33	\$56
Busy Bees	APY	2-3 years	T	10:00 AM	10:45 AM	\$33	\$56

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Busy Bees	HVY	2-3 years	W	10:00 AM	10:45 AM	\$33	\$56
Sensory Seekers	HVY	2-3 years	M	9:00 AM	9:45 AM	\$37	\$57
Spring into action	FWY	2-3 years	W	10:00 AM	11:00 AM	\$38	\$61
Wiggles and Giggles	HVY	2-3 years	T	9:00 AM	9:45 AM	\$33	\$56
Wiggles and Giggles	HVY	2-3 years	TH	10:00 AM	10:45 AM	\$33	\$56

## AGES 2-4 YEARS

### FOOD EXPLORATION (AGES 2-3 YEARS) (HVY)

This class introduces toddlers to healthy snacks through fun, hands-on food exploration. Toddlers will discover new flavors in an engaging and social environment. This is the first step in food exploration before moving on to our *Booking and Cooking* program for ages 3-5! Children should be comfortable participating independently.

### BEYOND PLAY (AGES 2-4 YEARS) (APY)(NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

### KINDNESS IN THE COMMUNITY (AGES 2-4 YEARS) (NMY)

YOU BELONG IN THIS CLASS! Children will learn about inclusion, and belonging, and create a sense of community through stories, songs, art, games, and large motor-interactive play.

### ABC's and 123's (AGES 2½-4 YEARS) (ACY)

Fun with letters and numbers. Play games, sing songs, enjoy books, and create art while learning your letters and numbers.

### BLOOMING CREATIONS (AGES 2½-4 YEARS) (ACY)

Fun with a spring fling. Play games, sing songs, enjoy books, and create art while learning about spring. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### LAUGHTER, LEARNING, LUNCH (AGES 2½-4 YEARS) (ACY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut free lunch.

### MOVE, GROOVE AND GAMES (AGES 2½-4 YEARS) (FWY)

Learning through movement, music, and activities. We'll have fun being active, interacting through music, playing games, and doing activities. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

### SPRING HAS SPRUNG (AGES 2½-4 YEARS) (FWY)

Explore the fun of the season while having fun with friends and learning social skills. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

### SPRING INTO ACTION (AGES 2½-4 YEARS) (ACY)

Join in for an action-packed class including songs, stories, art, dance, and play. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

## **LAUGHTER, LEARNING, LUNCH (AGES 2½-5 YEARS) (FWY)**

Exploring, laughter, and learning - what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Food Exploration	HVY	2-3 years	T	10:00 AM	10:45 AM	\$43	\$66
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$49	\$72
Beyond Play	APY	2-4 years	TH	9:30 AM	10:30 AM	\$38	\$61
Kindness in the Community	NMY	2-4 years	W	9:00 AM	10:30 AM	\$49	\$72
ABC's and 123's	ACY	2½ -4 years	M	9:00 AM	11:00 AM	\$52	\$70
Blooming Creations-Bring Lunch	ACY	2½ -4 years	W	9:00 AM	12:00 PM	\$75	\$97
Friday Fun-Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$75	\$97
Laughter, Learning, Lunch-Bring Lunch	ACY	2½ -4years	TH	9:00 AM	12:00 PM	\$75	\$97
Move, Groove and Games	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$61	\$82
Spring Has Sprung	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$61	\$82
Spring Into Action-Bring Lunch	ACY	2½ -4 years	T	9:00 AM	12:00 PM	\$75	\$97
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$48	\$71
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$48	\$71

## **AGES 3-4 YEARS**

### **JUST FOR THREE'S (AGE 3 YEARS) (HVY)**

This class is tailored specifically for three-year-old children, offering a nurturing and engaging environment where they can explore, learn, and grow. Designed to meet the unique developmental needs of this age group, the program focuses on fostering independence, social skills, and early learning through play-based activities.

### **JUST FOR FOURS (AGE 4 YEARS) (HVY)**

This engaging class is geared towards energetic and curious four-year-olds. It combines play-based learning with structured activities to foster creativity, social skills, and cognitive development. The curriculum emphasizes hands-on exploration, storytelling, music, movement, and early literacy and numeracy skills in a fun, nurturing environment. Perfectly paced for their age, it provides a balance of guided learning and free play, encouraging independence and a love for discovery.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Just for Three's	HVY	3 years	M	8:45 AM	9:45 AM	\$33	\$51
Just for Four's	HVY	4 years	F	8:45 AM	9:45 AM	\$38	\$60

## **AGES 3-5 YEARS**

### **BOOKING AND COOKING (AGES 3-5 YEARS) (HVY)**

In this exciting class, kids will enjoy a two-in-one adventure of reading and cooking! First, we'll dive into a fun, interactive story that inspires creativity. Then, we'll roll up our sleeves and cook a simple, kid-friendly recipe based on the story. It's a perfect blend of imagination and hands-on learning.

**COOL KIDS (AGES 3-5 YEARS) (NMY)**

The coolest thing about being a kid is learning through play! We'll make new friends, explore the magic of books, sing songs, play games, create arts and crafts. Your little one will be so busy they won't realize all the things they are experiencing about social emotional learning, language, and creativity!

**ECO-KIDS (AGES 3-5 YEARS) (ACY)**

Explore the outdoors and watch the changes throughout the seasons while we learn more about the plants and animals found around our YMCA and on the Purdy Preserve. Short hikes and playtime outside will be supplemented with craft and story time indoors. Have your child dressed for the weather as we will be outdoors every week, weather permitting!

**FOUNDATIONS OF EARLY LEARNING (AGES 3-5 YEARS) (HVV)**

Early learners will be introduced to key concepts in literacy and math as we uncover the magic of the alphabet through fun songs, stories, and interactive activities. Plus, we'll dive into counting and number recognition with engaging games and hands-on learning, helping to build a solid foundation in these essential skills.

**GROW WITH ME (AGES 3-5 YEARS) (FWY)**

Crafts, stories, and games to enhance creativity and fine motor skills with a gardening theme. We will use tools to plant seeds, dig holes and help in the garden. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

**LITTLE MUSICIANS (AGES 3-5 YEARS) (HVV)**

This lively and interactive class introduces children to the joys of rhythm, melody, and creative expression. Through singing, dancing, playing simple instruments, and listening to a variety of musical styles, children develop essential skills like coordination, listening, and teamwork. At the end of the session, your child will have the chance to shine in a special recital to showcase all they've learned!

**MINI MASTERPIECE (AGES 3-5 YEARS) (HVV)**

In this class, we'll explore painting with a variety of mediums. Your little artist will have fun getting creative while learning simple techniques. Be sure to join us on the last day for our art gallery presentation—dress for a mess!

**OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as much of each class will be held outdoors, weather permitting.

**PRESCHOOL READINESS (AGES 3-5 YEARS) (HVV)**

Is your little one ready to extend their classroom experience? This is the perfect fit! We'll make new friends, play games, sing songs, read stories, and create crafts, all while exploring a new theme each week. Activities may include outdoor play, time in the family fun center, and even gym time. Please bring a peanut-free snack for your child during snack time.

**READING RAINBOW (AGES 3-5 YEARS) (HVV)**

Join us for a colorful reading adventure! Each week, we'll explore a new color through engaging stories and creative crafts. Dress in the color of the week and have fun learning. Our first week, wear RED!!

**SENSORY SCIENTISTS (AGES 3-5 YEARS) (HVV)**

We've combined science and sensory exploration to give children the opportunity to discover the world around them using all five senses. This class invites little ones to dive into a variety of sensory activities, where they can explore, experiment, build, create, and learn through hands-on fun.



### **YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)**

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Portions of each class will be held outdoors, weather permitting, so dress accordingly!

### **OUTDOOR EXPLORERS CLUB (AGES 5-10 YEARS) (ACY)**

Let the Environmental Education team at the Apple Creek YMCA turn your off-day from school into a full day of exploration and activities related to the outdoors. Join us for hikes, playing in the woods, creative free-time, and more! Pack a nut-free lunch, snacks and appropriate clothing for indoors and outdoors in a backpack and join us for a fun-filled day! Additional information will be sent by email after registration has been completed.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Booking and Cooking	HVY	3-5 years	TH	9:45 AM	10:45 AM	\$48	\$71
Cool Kids	NMY	3-5 years	TH	9:30 AM	10:30 AM	\$38	\$60
Eco-Kids	ACY	3-5 years	TH	9:30 AM	11:00 AM	\$53	\$79
Foundations of Early Learning	HVY	3-5 years	T	8:45 AM	9:45 AM	\$38	\$60
Grow With Me	FWY	3-5 years	F	9:00 AM	11:00 AM	\$61	\$82
Little Musicians	HVY	3-5 years	TH	8:45 AM	9:30 AM	\$43	\$66
Mini Masterpiece	HVY	3-5 years	M	10:00 AM	10:45 AM	\$43	\$66
Outrageous Outdoors	ACY	3-5 years	T	9:00 AM	10:30 AM	\$53	\$79
Preschool Readiness	HVY	3-5 years	W	8:45 AM	10:45 AM	\$61	\$82
Reading Rainbow	HVY	3-5 years	T	10:00 AM	10:45 AM	\$33	\$55
Sensory Scientists	HVY	3-5 years	F	10:00 AM	10:45 AM	\$43	\$66
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$53	\$79
Outdoor Explorers Club-Apr 18	ACY	5-10 years	F	7:00 AM	5:00 PM	\$45	\$60
Outdoor Explorers Club-May 23	ACY	5-10 years	F	7:00 AM	5:00 M	\$45	\$60

### **MONTHLY WORKSHOPS**

Bring your children to our ONE-DAY Fun Shop! These are one-day events that engage children in fun activities. Each Fun Shop centers on a specific theme or topic.

### **EASTER BUNNY HOP (AGES 3-5 YEARS) (HVY)**

Come shake your bunny tails in this music and movement Easter class! We will dance and sing as quickly as little bunnies. We will also be creating a unique Easter craft to bring home.

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Easter Bunny Hop-Apr 9	HVY	3-5 years	W	1:00PM	2:30PM	\$15	\$20
Easter Bunny Hop-Apr 15	HVY	3-5 years	T	1:00PM	2:30PM	\$15	\$20