

## CHILD ABUSE PREVENTION CODE OF CONDUCT YMCA OF THE FOX CITIES Staff

A foundational commitment of the Y is to provide a healthy atmosphere for the growth and development of children. Thus, child abuse in any form is a primary concern to the Y. Child abuse is the mistreatment or neglect of a child resulting in injury or harm. In order to help prevent child abuse within Y programs, it is critical that all staff and volunteers understand the information provided, be on the lookout for suspicious behavior and abide by the following policies.

#### SUPERVISION:

- 1. In order to protect YMCA of the Fox Cities staff, volunteers and program participants at no time during a program may a staff member be alone with a single child where they cannot be observed by others. As staff supervise children, they should space themselves in a way others can see them.
- 2. Staff shall never leave a child unsupervised.
- 3. Restroom supervision: Staff will make sure the restroom is not occupied by suspicious or unknown individuals before allowing children to use the facilities. Staff will stand in the doorway while children are using the restroom. This policy allows privacy for the children and protection for the staff (not being alone with a child). If a staff is assisting younger children, doors to the facility must remain open. No child regardless of age should ever enter a bathroom alone on a field trip. Always send children in groups of three and whenever possible, with staff/volunteers. Follow the "rule of 3," striving to have two adults whenever possible.
- 4. Staff should conduct or supervise private activities with another YMCA staff or approved volunteer, including, but not limited to, diapering, putting on bathing suits, taking showers, etc. When this is not feasible, staff should be positioned so that they are visible to others.
- 5. Staff should not release children to anyone other than the authorized parent, guardian or other adult authorized by the parent or quardian.

## INTERACTION WITH CHILDREN:

- 1. Staff shall not abuse children including, but not limited to:
  - Physical abuse hitting, spanking, shaking, slapping, unnecessary restraints
  - Verbal abuse degrading, threatening, cursing
  - Sexual abuse inappropriate touching, exposing oneself, sexually oriented conversations
  - Mental abuse shaming, humiliation, cruelty
  - Neglect withholding food, water, basic care, etc.

Any type of abuse will not be tolerated and will be cause for immediate dismissal.

- 2. Staff must use positive techniques of guidance, including redirection, positive reinforcement and encouragement rather than competition, comparison and criticism. Staff will have age appropriate expectations and set up guidelines and environments that minimize the need for discipline. Physical restraint is used only in situations necessary to protect the child or other children from harm and must be documented in writing.
- 3. Staff must respond to children with respect and treat all children equally regardless of sex, race, religion and/or culture. Staff must portray a positive role model for youth by maintaining an attitude of respect, loyalty, patience, courtesy, tact and maturity.
- 4. Staff may not be alone with children they meet in Y programs outside of the Y. This includes babysitting, sleepovers, and inviting children in your home. Any exceptions require a written explanation before the fact and are subject to administrator approval.
- 5. Staffs are not to transport children in their own vehicles.
- 6. Staff may not date program participants under the age of 18 years of age.
- 7. Profanity, inappropriate jokes, intimate displays of affection toward other staff/volunteers, and sharing intimate details of one's personal life in the presence of children or parents is prohibited.
- 8. Staff may not engage in inappropriate electronic communication with youth.
- 9. Staff may not have secrets with youth and will only give gifts with prior permission from YMCA staff.

10. Staff will respect children's rights to not be touched in ways that make them feel uncomfortable and allow children the right to say no. Children are not to be touched in areas of their bodies that would be covered by a bathing suit.

Appropriate Physical/Verbal Interactions	Inappropriate Physical/Verbal Interactions	
Side hugs,	Full-frontal hugs	
Shoulder-to-shoulder	• Kisses	
Pats on the shoulder or back	Showing affection in isolated areas	
• Handshakes	Lap sitting	
High-fives and hand slapping	Wrestling	
Verbal praise	Piggyback rides	
Encouragement	• Tickling	
Positive reinforcement	Allowing a youth to cling to a staff member's leg	
Pats on the head, when culturally appropriate	Any type of massage given by or to a youth	
Arms around shoulders	Any form of affection that is unwanted by the youth or staff	
Holding hands (with young children in escorting	member	
situations)	Compliments relating to physique or body development,	
	Touching bottom, chest, or genital areas.	

#### YMCA EXPECTATIONS:

- 1. It is a staff person's legal and ethical duty to report suspected abuse or suspicious behavior. Staff will cooperate fully with any investigation Contact your supervisor or other YMCA staff member in any situation of suspected abuse.
- 2. Staff must appear clean, neat and appropriately attired.
- 3. While the Y does not discriminate against an individual's lifestyle, it does require that in the performance of their task, staff will abide by the standards of conduct set forth by the YMCA of the Fox Cities.
- 4. Using, possessing or being under the influence of alcohol or illegal drugs during work hours is prohibited.
- 5. Smoking or use of tobacco or vaping products in the presence of children or parents during work hours is prohibited.

## MANDATED REPORTER REQUIREMENTS:

All staff must follow state specific mandatory reporting requirements. Staff should be trained to be aware of and understand their legal and ethical obligation to recognize and report suspicions of mistreatment and abuse.

### Staff will:

- a. Be familiar with the symptoms of child abuse and neglect, including physical, sexual, verbal, and emotional abuse.
- b. Know and follow organization policies and procedures that protect youths against abuse.
- c. Report suspected child abuse or neglect to the appropriate authorities as required by state mandated reporter laws.
- d. Follow up to ensure that appropriate action has been taken.

As a YMCA staff or volunteer, we are all Mandated Reporters. If you are aware of, or suspect, any type of abuse of a youth, it is your obligation to call and make a report to Child Protective Services. We ask that you also communicate with your supervisor or Executive Director when contacting Child Protective Services.

Staff and volunteers will report concerns or complaints about other staff, volunteers, adults, or youths to their supervisor, Executive Director or Human Resources Director. Praesidium's Anonymous Helpline at 855-347-0751 may be called to discuss a potential child abuse issue.

Our organization cooperates fully with the authorities to investigate all cases of alleged abuse. Any staff or volunteer shall cooperate to the fullest extent possible in any external investigation by outside authorities or internal investigation conducted by the organization or persons given investigative authority by the organization. Failure to cooperate fully may be grounds for termination.

I agree to abide by the Child Abuse Code of Conduct:					
Staff Signature:	Date:				

See Communication and Cell Phone/Electronics Policy Below



# COMMUNICATION AND CELL PHONE/ELECTRONICS POLICY YMCA OF THE FOX CITIES Staff

This policy is in place to protect both minors and YMCA staff members, and to ensure transparency and accountability.

## Communication between Adults and Minors

- 1. **Supervisor communication** with staff (adult and minor) must be done ONLY in a professional manner. This applies across all platforms including but not limited to:
  - ✓ Social Media
  - ✓ Email
  - ✓ Text messaging
  - ✓ APPS
- 2. Adult Staff to Minor Staff (Peer to Peer Communication): The YMCA of the Fox Cities strongly advises against communication outside of work between adult staff and minor staff. This includes:
  - ✓ Messaging on social media
  - √ Texts or emails
  - ✓ Personal phone calls

Such communication significantly increases the risk of abuse, misunderstandings, inappropriate boundaries, or false allegations of abuse.

## 3. Minor Participant Communication:

- ✓ If any staff member is communicating with a minor participant, a second adult <u>must</u> be included; either a parent and/or YMCA supervisor.
- ✓ Staff personal contact information, including but not limited to phone number, e-mail address, social media shall not be given to minor participants.

## Cell Phone/Electronic Device Policy

- 1. Staff are not permitted to use Cell Phones/Electronic Devices for personal use while working with youth, as it prevents quality supervision.
- 2. YMCA Cell Phones/Electronic Devices may only be used as a tool to perform job responsibilities.
- 3. When a YMCA device is provided, the YMCA device must be used.
- 4. When a YMCA device <u>is not</u> provided staff may use personal cell phones/electronic devices in case of emergencies or in situations where contacting a supervisor/fellow staff member is necessary.
- 5. Software platforms used by the YMCA containing participant personal information shall not be on personal devices, unless you are an approved administrator. This includes but not limited to Lillio and Daxko.
- 6. When a YMCA device is provided, staff are not permitted to take pictures of participants on personal devices.
- 7. When a YMCA device is not provided, pictures taken must be uploaded and deleted daily with other staff as witness of completion.
- 8. Staff are not permitted to communicate with parents regarding children in their care on personal devices, through phone calls, personal e-mail/text, or social media.

I agree to abide by the Communication and Cell Phone/Electronics Policy:

Staff	Signature	:	Date:	