



EVENTS AND FAMILY ACTIVITIES

FAMILY

FAMILY FUN CENTER (AGES 9 YEARS AND UNDER) (APY, HVY) (YMCA MEMBERS ONLY)

The Family Fun Center is a perfect play area for kids 9 years and under. Features vary by branch and may include a sport arena with basketball & soccer, tree fort, adventure maze with obstacles, climbing ropes or wall, slides and more. Another attraction included is a soft play toddler area. Children ages 8-9 may use the Family Fun Center without supervision. Children under the age of 8 must be accompanied by a parent/adult/guardian (age 16+).

APPLETON YMCA Family Open Time:

M-F - 8:00 AM-9:00 AM
M-F - 11:00 AM-1:00 PM
M-F - 4:00-8:00 PM
SAT - 8:00 AM-5:00 PM
SUN - 8:00 AM-5:00 PM

HEART OF THE VALLEY YMCA Family Open Time:

M-F - 9:30 AM-NOON
M-TH - 4:00 PM-7:00 PM
SAT - 9:00 AM-12:00 PM
SUN - 11:00 AM-2:00 PM

Note: Please scan your Y membership card with Family Fun Center attendant at the Heart of the Valley Y.

ADVENTURE ALLEY (AGES 9 YEARS AND UNDER) (NMY)

Adventure Alley is a supervised area for youth up to 9 years of age. Youth 7 years old and under must be with a parent or guardian. It includes a Play Maze, Lego Ledge and Coloring Area. Socks are required for the Play Maze. Hours are:

M-F - 9:00 AM-NOON
M-TH - 4:00-7:00 PM
SAT - 9:00 AM-NOON
SUN - NOON-3:00 PM

FRIDAY NIGHT OUT (AGES 6 WEEKS TO 8 YEARS) (NMY)

Parents take the night off! Our teachers will provide an exciting night for your child, while you enjoy an evening out. Children will love the wide variety of age-appropriate activities.

Friday, June 20	5:00-8:00 PM
Friday, July 18	5:00-8:00 PM
Fee: Y Member \$15	General Public \$20

EVENTS

FREE OUTDOOR FITNESS CLASSES! We are partnering with Appleton Park and Rec and Lawrence University to provide FREE weekly fitness classes outdoors this summer. Get your Zumba going at Houdini Plaza on Tuesdays and find your Zen Mondays at Lawrence University and at City Park on Thursdays. Classes begin the week of June 9.

Class name	YMCA	Location	Day	Start	End	Y Member	General Public
Zumba®	APY	Houdini Plaza	T	6:00 PM	6:45 PM	FREE	FREE
Yoga	APY	City Park	TH	6:00 PM	6:45 PM	FREE	FREE

FREE OUTDOOR FITNESS CLASS! We are partnering with Greenville Parks and Recreation Department to provide a FREE weekly fitness class outdoors this summer. Find your Zen Thursdays at Jennerjohn Park in Greenville.

Classes begin the week of June 9.

Class name	YMCA	Location	Day	Start	End	Y Member	General Public
Yoga	FWY	Jennerjohn Park	TH	5:15 PM	6:15 PM	FREE	FREE

CHRISTMAS IN JULY!

HEART OF THE VALLEY YMCA

Wednesday, July 24 5:00-7:00 PM

FREE event open to the public

Tis the season for some summer holiday cheer! Grab your family, friends and neighbors and stop by our Christmas in July event outside on the David Richardson Memorial Basketball Courts.

Activities include: Fire and Police Departments, Dance & Bubble Party, Crafts, Outdoor Games, Giveaways, Scavenger Hunt and a special appearance from the big man himself, Santa! Food trucks will be available.

15TH ANNUAL FREAKY 5K RUN/WALK & MINI MONSTER DASH (APY)

SAVE THE DATE! A fun event for the entire family. Costumes are welcome. 5K Run/walk, games, inflatable, Mini Monster Dash Kids Run, music, prizes, refreshments and much more!

Saturday 8:00 AM October 25