



GROWTH & DEVELOPMENT

FALL 1 PROGRAM SESSION:

September 8 – October 26, 2025

STAFF CONTACTS

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APPLE CREEK YMCA

PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$43	\$65

APPLE CREEK YMCA

CHILDREN'S CLASSES (AGES 1½-10)

FALL FUN (AGES 2½-4 YEARS) (ACY)

Explore the fun of the season while having fun with friends and learning social skills.

FRIDAY FUN (AGES 2½-4 YEARS) (ACY)

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)

Exploring, laughter and friendship, what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

PIRATES AND DINOSAURS (AGES 2½-4 YEARS) (ACY)

Come on a two-part adventure, all in one class. Some of the classes will be about dinosaurs and some will be about pirates. We will be reading stories, doing art, and learning songs and rhymes all about pirates and dinosaurs. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

PLAY, LEARN, GROW (AGES 2½-4 YEARS) (ACY)

Playing is a very important part of learning and growing. Come play and make some new friends. We will also do some learning with fun carpet time games. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

ECO-KIDS (AGES 3-5 YEARS) (ACY)

Explore the outdoors and watch the changes throughout the seasons while we learn more about the plants and animals found around our YMCA and on the Purdy Preserve. Short hikes and playtime outside will be supplemented with craft and story time indoors. Have your child dressed for the weather as we will be outdoors every week, weather permitting!

OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as much of each class will be held outdoors, weather permitting.

YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Portions of each class will be held outdoors, weather permitting, so dress accordingly!

OUTDOOR EXPLORERS CLUB (AGES 5-10 YEARS) (ACY)

Let the Environmental Education team at the Apple Creek YMCA turn your off-day from school into a full day of exploration and activities related to the outdoors. Join us for hikes, playing in the woods, creative free-time, and more! Pack a nut-free lunch, snacks and appropriate clothing for indoors and outdoors in a backpack and join us for a fun-filled day! Additional information will be sent by email after registration has been completed.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Fun	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$70	\$91
Friday Fun-Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$84	\$107
Fun with Friends-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$84	\$107
Pirates and Dinosaurs-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$84	\$107
Play, Learn, Grow-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$84	\$107
Eco-Kids	ACY	3-5 years	TH	9:30 AM	11:00 AM	\$53	\$79
Outrageous Outdoors	ACY	3-5 years	T	9:30 AM	11:00 AM	\$53	\$79
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$53	\$79

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Outdoor Explorers Club-Sept. 29	ACY	5-10 years	M	7:00 AM	5:00 PM	\$42	\$56
Outdoor Explorers Club-Oct. 31	ACY	5-10 years	F	7:00 AM	5:00 PM	\$42	\$56

FOX WEST YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

JR EXPLORERS (AGES 3-6 YEARS WITH PARENT) (FWY)

A fun class with hands-on activities. Group interactions encouraged through songs and games. Parents participate with their children for a great opportunity to explore, learn, and play together. Class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr Explorers	FWY	3-6 years with parent	T	5:15 PM	6:30 PM	\$42	\$64

FOX WEST YMCA CHILDRENS CLASSES (AGES 1½-6)

JUST FOR TWO'S (AGE 2 YEARS) (FWY, HVY)

We know toddlers like being together. This is a class where friends are made first. We will play, create, and develop together!

COLOR AND SHAPE EXTRAVAGANZA (AGES 2-3 YEARS) (FWY)

Explore the colors and shapes in the environment while having fun with friends and learning social skills. Your child will learn about colors and shapes through games, art, and stories.

NURSERY RHYME PLAY TIME (AGES 2-3 YEARS) (FWY)

Explore the magic of Nursery rhymes as we adventure through a library of books. We will pair some of our favorite nursery rhymes with crafts, activities, songs and more.

ADVENTURE BOOKLAND (AGES 2½-4 YEARS) (FWY)

Explore the magic of story time as we adventure through a library of books. We will pair some of our favorite books with crafts, activities, songs and more. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

DR. SUESS ADVENTURES (AGES 2½-4 YEARS) (FWY)

Oh the places you go! Every week we will read a Dr. Suess book and learn all about the rhymes with crafts, games and more! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

LAUGHTER, LEARNING, LUNCH (AGES 2½-5 YEARS) (FWY)

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

FRIDAY FRENZY! (AGES 3-5 YEARS) (FWY)

Let your child explore with our Friday Frenzy class! Each week will feature a different theme- superheroes, princes/princesses, sports, and more! Children will explore their creativity through games, activities, and projects. Children are free to dress up for the theme each week as well. The instructor will let participants know what the theme for the next week will be. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$38	\$61
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$38	\$61
Color and Shape Extravaganza	FWY	2-3 years	W	10:00 AM	11:00 AM	\$38	\$61
Nursery Rhyme Play Time	FWY	2-3 years	M	10:00 AM	11:00 AM	\$38	\$61
Adventure Bookland	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$61	\$82
Dr. Suess Adventures	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$61	\$82
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$48	\$71
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$48	\$71
Friday Frenzy!	FWY	3-5 years	F	9:00 AM	11:00 AM	\$61	\$82

HEART OF THE VALLEY YMCA CHILDRENS CLASSES (AGES 2-5)

JUST FOR TWO'S (AGE 2 YEARS) (HVY)

We know toddlers like being together. This is a class where friends are made first. We will play, create, and develop together!

PLAYFUL STEPS (AGES 2-3 YEARS) (HVY)

Let's move our bodies! This class will emphasize playful movement and activities designed to boost your toddler's coordination, body awareness, and self confidence in a nurturing environment.

SINGING THROUGH THE SEASON (AGES 2-3 YEARS) (HVY)

Join us as we sing through the season of Fall! In this class we will play, sing, and explore musical instruments as we learn about the beauty of Fall and the celebrations that occur throughout the season. The final class will incorporate parents/grown-ups for a group singalong of the music we've enjoyed!

BUSY BEES (AGES 2½-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence. Your child should have taken Just for 2's or have had a positive Kids Corner experience before taking this class.

READING RAINBOW (AGES 2½-3 YEARS) (HVY)

This class is designed to spark your toddler's curiosity and develop visual skills while learning about the colors around them! We will focus on a "color of the day" and pair it with a story and song. Let's have fun and wear the colors too! The first class is RED! This class is for 2-3-year-olds ready for a longer classroom experience.

ROOM TO BLOOM (AGES 2½-3 YEARS) (HVY)

There is so much growing to do in this fun and engaging class! We will focus on toddler appropriate social skills through play-based learning and language development. We will get creative with a craft and have fun with friends in group activities! This class is for 2-3-year-olds ready for a longer classroom experience.

JUST FOR 3'S AND 4'S (AGES 3-4 YEARS) (HVY)

Calling all 3- and 4-year-olds! Come join us for a fun and engaging class! We will work on fine motor skills, small group experiences, work centers and get creative with art. This class will feature a group teacher-led activity to create a positive circle and rug time experience with friends.

ANIMALS OF THE FALL (AGES 3-5 YEARS) (HVY)

Let's learn how animals prepare for winter! In this class, we will explore and discuss how animals are adapting in nature with the colder weather approaching. We will incorporate hands-on activities and a book as we learn how animals migrate, hibernate, and store food in the Fall!

AUTUMN ART (AGES 3-5 YEARS) (HVY)

In this class, we'll explore painting with a variety of mediums. Your little artist will have fun getting creative while learning simple techniques and incorporating the beautiful colors of fall. Be sure to join us on the last day for our art gallery presentation—dress for a mess!

FOUNDATIONS OF EARLY LEARNING (AGES 3-5 YEARS) (HVY)

Early learners will be introduced to key concepts in literacy and math as we uncover the magic of the alphabet through fun songs, stories, and interactive activities. Plus, we'll dive into counting and number recognition with engaging games and hands-on learning, helping to build a solid foundation in these essential skills. Please bring a peanut-free snack for your child during snack time.

I CAN BE AN AUTHOR! (AGES 3-5 YEARS) (HVY)

Early childhood experiences help create a strong foundation for future writers! In this class, we will develop a knowledge of writing and drawing to create a variety of short stories. At the end of the session, your child will unleash the creative writing skills they have learned in class to create a book and officially become an author!

NICE TO MEET YOU! (AGES 3-5 YEARS) (HVY)

We love meeting new friends! In this class we will focus on building social and emotional skills through interactive play and group activities, while learning to manage emotions and interact respectfully with others. Sharing and caring is fun with friends!

NO NEEDLE, STILL SEW FUN! (AGES 3-5 YEARS) (HVY)

Join us as we explore different methods of sewing without using a needle! Your child will make a variety of projects as we focus on developing fine motor skills, hand-eye coordination, and creativity! We will combine the sewing skills learned to create a large and more complex project at the end of the session.

PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)

Are you looking for a longer class? This is for you! In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment. There will be snack time, so please pack a peanut-free snack.

STORYBOOK STEM (AGES 3-5 YEARS) (HVY)

This class combines the enjoyment of reading with hands-on, STEM-based activities. Your child will engage in a fun project applying science, technology, engineering and math concepts inspired by a book we will read in class. Dress for the possibility of a mess!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Two's	HVY	2 years	T	9:00 AM	9:45 AM	\$33	\$56
Just for Two's	HVY	2 years	TH	9:00 AM	9:45 AM	\$33	\$56
Playful Steps	HVY	2-3 years	T	10:00 AM	10:45 AM	\$33	\$56
Playful Steps	HVY	2-3 years	TH	10:00 AM	10:45 AM	\$33	\$56
Singing Through the Season	HVY	2-3 years	T	11:00 AM	11:45 AM	\$33	\$56

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Singing Through the Season	HVY	2-3 years	TH	11:00 AM	11:45 AM	\$33	\$56
Busy Bees	HVY	2½-3 years	W	9:00 AM	10:00 AM	\$38	\$60
Busy Bees	HVY	2½-3 years	F	9:00 AM	10:00 AM	\$38	\$60
Reading Rainbow	HVY	2½-3 years	M	9:00 AM	10:00 AM	\$38	\$60
Reading Rainbow	HVY	2½-3 years	W	10:30 AM	11:30 AM	\$38	\$60
Room to Bloom	HVY	2½-3 years	M	10:30 AM	11:30 AM	\$38	\$60
Just for 3's and 4's	HVY	3-4 years	M	9:00 AM	10:00 AM	\$38	\$60
Animals of the Fall	HVY	3-5 years	F	9:00 AM	10:00 AM	\$38	\$60
Autumn Art	HVY	3-5 years	M	10:30 AM	11:30 AM	\$38	\$60
Foundations of Early Learning	HVY	3-5 years	T	9:00 AM	11:30 AM	\$70	\$92
I Can Be an Author!	HVY	3-5 years	M	1:00 PM	2:30 PM	\$48	\$71
Nice to Meet You!	HVY	3-5 years	TH	9:00 AM	10:00 AM	\$38	\$60
No Needle, Still Sew Fun!	HVY	3-5 years	W	1:00 PM	2:30 PM	\$48	\$71
Preschool Readiness	HVY	3-5 years	W	9:00 AM	11:30 AM	\$70	\$92
Storybook STEM	HVY	3-5 years	TH	10:30 AM	11:30 AM	\$38	\$60

HEART OF THE VALLEY WORKSHOPS (AGES 3-5)

NOT SO SPOOKY HALLOWEEN PARTY (3-5 years) (HVY)

Come celebrate Halloween with us! Your child is welcome to wear a costume (please no masks). In this workshop we will dance, have a kid friendly Halloween story time, and paint mini pumpkins. It will be Boo-tacular!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Not So Spooky Halloween Party - October 23	HVY	3-5 years	TH	12:30 PM	2:30 PM	\$20	\$25

NEENAH MENASHA YMCA CHILDRENS CLASSES (AGES 1½-6)

LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

BEYOND PLAY (AGES 2-4 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano.

FALL FRIEND-ZY (AGES 2-4 YEARS) (NMY)

Let's celebrate friendship, kindness and the goodness that comes along with the fall season! Children will learn about friendship, belonging and create community through stories, songs, art, games, and large motor-interactive play.

COOL KIDS (AGES 3-5 YEARS) (NMY)

The coolest thing about being a kid is learning through play! We'll make new friends, explore the magic of books, sing songs, play games, create arts and crafts. Your little one will be so busy they won't realize all the things they are experiencing about social emotional learning, language, and creativity!

PRESCHOOL READINESS (AGES 3-5 YEARS) (NMY)

Thinking about sending your child to preschool soon? In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment, including small group activities, singing together, free play and art projects. Think ... preschool on a smaller scale!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$38	\$61
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$38	\$61
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$49	\$72
Fall Friend-Zy	NMY	2-4 years	W	9:00 AM	10:30 AM	\$49	\$72
Cool Kids	NMY	3-5 years	TH	9:30 AM	10:30 AM	\$38	\$60
Preschool Readiness	NMY	3-5 years	T	9:30 AM	10:30 AM	\$38	\$60

NEENAH MENASHA YMCA WORKSHOPS/EVENTS (AGES 3-5)

TUESDAY LUNCH WITH LEGENDS (AGES 3-5 YEARS) (NMY)

Pack a lunch to eat in Kids Corner with legendary teachers, Ms Judy and Ms Angela! After you eat, there will be dancing, singing, playing games and an art project. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Tuesday Lunch with Legends - September 23	NMY	3-5 years	T	12:00 PM	1:30 PM	\$15	\$20