



SPORTS

STAFF CONTACTS

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PRESCHOOL

PARENT CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, FWY, HVY)

Perfect class for first time participants! Parents join your child while learning basic fundamental skills of a new sport each week. Classes will consist of skill development, participation, development of teamwork, fun and quality time with child. Sports include: Soccer, Basketball, T-Ball, Floor Hockey, Flag Football and Playground games.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent Child All Sports	APY	3-4 years	M	5:30 PM	6:15 PM	\$37	\$54
Parent Child All Sports	FWY	3-4 years	W	5:20 PM	6:05 PM	\$37	\$54
Parent Child All Sports	HVY	3-4 years	M	5:00 PM	5:45 PM	\$37	\$54

YOUTH

SPORTS SAMPLER (AGES 4-6 YEARS) (APY, FWY, HVY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include: Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run the class.*

LITTLE SPORTS CLASSES (AGES 4-6 YEARS) (APY)

Learn the basics of the sport. Players participate in drills to improve and learn offensive and defensive skills, and also participate in scrimmage games. Everyone plays in this instructional class that emphasizes fun and participation. Programs include **Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.**

INTRODUCTION TO GOLF (AGES 7-14 YEARS) (HVY, NMY)

This class will take place at Winagamie Golf Course. Participants will be taught the basic skills of golf, how and when to use all the different clubs in their golf bag and learn course etiquette. The first 2 weeks of class will be skill work on the driving range, chipping green, and putting green. The last 2 weeks will be playing on the Highlands 9-hole course. Bringing your own clubs is recommended. We have limited clubs available for use. These classes will be combined and run on Tuesdays from 4:30-6:30 PM at Winagamie Golf Course if we do not have enough registrations to run both.

JR. G.A.T.O.R.S. (AGES 4-6 YEARS) (NMY)

(Games, Activities, Tag, Obstacles, Relays & Sports)

Participants will actively participate in the above activities, learn rules and skills, and have fun!

HOME SCHOOL SPORTS (NMY)

This is the YMCAs version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements and develop an understanding of why it is important to stay active. These classes will be combined and run from 11:00-11:45 AM if we do not have enough registrations to run both.

HOME SCHOOL SPORTS (HVY)

This is the YMCAs version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements and develop an understanding of why it is important to stay active.

SPORTS SKILLS (APY,FWY, NMY)

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

HOLIDAY BASKETBALL CAMP (GRADES 3-6) (NMY)

Come practice your skills during Christmas Break. Plenty of drills, skills contests, and fun! Play some games and be ready for a day of fun!

ARCHERY 101 (AGES 8-14) (ACY)

Learn the basics of archery including the "11 steps to becoming a successful archer." Class follows National Archery in Schools Program (NASP) guidelines. All equipment is provided, but experienced students may bring their own bows if they meet the instructor's standards. Class will be held outdoors.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Hoopsters Basketball	APY	4-6 years	T	4:30 PM	5:15 PM	\$37	\$54
Sports Sampler	APY	4-6 years	M	4:30 PM	5:15 PM	\$37	\$54
Sports Sampler	FWY	4-6 years	W	4:30 PM	5:15 PM	\$37	\$54
Sports Sampler	HVY	4-6 years	M	6:00 PM	6:45 PM	\$37	\$54
Intro to Golf – September 8—September 29	HVY	7-14 years	M	4:30 PM	6:30 PM	\$48	\$72
Intro to Golf – September 9—September 30	NMY	7-14 years	T	4:30 PM	6:30 PM	\$48	\$72
Jr GATORS	NMY	4-6 years	M	6:00 PM	6:45 PM	\$37	\$54
Home School Sports	NMY	7-10 years	W	11:00 AM	11:45 AM	\$37	\$54
Home School Sports	NMY	11-14 years	W	12:00 PM	12:45 PM	\$37	\$54
Home School Sports	HVY	7-12 years	T	1:00 PM	1:45 PM	\$37	\$54
Sports Skills – Basketball	NMY	Grades 1-2	TH	4:30 PM	5:15 PM	\$37	\$54
Sports Skills – Basketball	NMY	Grades 3-4	TH	5:30 PM	6:15 PM	\$37	\$54
Sports Skills – Basketball – Session 2	FWY	Grades 1-2	T	4:30 PM	5:15 PM	\$37	\$54
Sports Skills – Basketball – Session 2	FWY	Grades 3-4	T	5:30 PM	6:15 PM	\$37	\$54
Sports Skills - Basketball	APY	8-12 years	T	5:30 PM	6:15 PM	\$37	\$54
Holiday Basketball Camp - December 30	NMY	Grades 3-6	T	9:00 AM	11:00 AM	\$19	\$31
Archery 101	ACY	8-14 years	M	4:30 PM	5:15 PM	\$38	\$61

ESPORTS (AGES 8-18) (NEENAH-MENASHA YMCA)

Electronic Sports, or Esports, takes on the form of organized, multiplayer online video game competitions and is one of the fastest growing trends for youth engagement. Through the Y's Esports program, youth are welcome to be who they are, excel at what they love, and develop the social, strategic and problem-solving skills necessary to grow into thriving adults all in a safe, moderated and inclusive environment.

Immerse yourself in the world of gaming with our cutting-edge facility featuring 20 stations with top-of-the-line gaming computers! Whether you're a seasoned pro or just starting your gaming journey, our Tech Lab has something for everyone. See more at ymcafoxcities.org/esports.

ESPORTS OPEN PLAY

Experience gaming on another level at the Neenah-Menasha YMCA Tech Lab powered by Plexus! Open Play grants you access to the Tech Lab during all open hours. Come choose from our full library of games, hang out with friends and play on our gaming stations. Game on! Additional games/applications are available by request. Prices are **per month** for members and grant unlimited access based on availability.

FORTNITE LEAGUE

Come join us for a Fortnite League hosted in the Neenah-Menasha YMCA Tech Lab. This league will allow participants to put their skills to the test in a session long competition against other players in our program. We will be providing mouse/keyboards & Xbox controllers for all participants. Players can bring their own controller if they wish but it is not required.

LET'S PLAY! – ESPORTS

Come join us in the Neenah-Menasha YMCA Tech Lab for a fun evening of gaming with friends! Each night participants will have the option to play any game from the full library that we offer in the lab. We will also host mini-tournaments and other small challenges throughout the session. We will be providing mouse/keyboards & Xbox controllers for all participants. Players can bring their own controller if they wish but it is not required.

SUPER SMASH BROS ULTIMATE LEAGUE

The Super Smash Bros league is hosted in the Neenah-Menasha YMCA Tech Lab. This league will allow participants to put their skills to the test in a session-long competition against other players in our program. Participants must bring their own Nintendo Switch, a copy of Super Smash Bros. Ultimate, their charger, and joy-cons/controller. We also recommend bringing your docking station to hook up to the monitors!

FORTNITE TOURNAMENTS

Participants will be scored based on eliminations and placement. When registering, each player must register individually. In the registration, put your partner's name. Participants can sign up alone and be paired with a partner upon arrival. Prizes will be awarded to the top team. All equipment is provided by the YMCA.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Esports Open Play	NMY	All Ages	MTWTHFS	See Website	See Website	\$15/family or \$8/person (per month)	\$10/day
Fortnite League	NMY	Ages 8-18	M	6:00 PM	8:00 PM	\$59	\$79
Let's Play! Esports	NMY	Ages 8-18	T	6:00 PM	8:00 PM	\$37	\$57
Minecraft Education Series	NMY	Ages 8-18	W	6:00 PM	8:00 PM	\$59	\$79
Super Smash Bros Ultimate League	NMY	Ages 8-18	F	6:00 PM	8:00 PM	\$37	\$57
Duos Fortnite Tournament	NMY	Ages 8-18	September 13	12:00 PM	3:00 PM	\$10	\$15
Duos Fortnite Tournament	NMY	Ages 8-18	September 27	12:00 PM	3:00 PM	\$10	\$15
Duos Fortnite Tournament	NMY	Ages 8-18	October 11	12:00 PM	3:00 PM	\$10	\$15
Duos Fortnite Tournament	NMY	Ages 8-18	October 25	12:00 PM	3:00 PM	\$10	\$15

YOUTH & TEEN NIGHTS (FWY)

Youth and Teen Nights at the Y provide kids with a safe place to hang out with and be active. Get a group of friends together or come by yourself and meet new friends! Join us for music, basketball, dodgeball, swimming, arts & crafts, food and best of all FUN! More specific details are located at ymcafoxcities.org

Fee: Y Member - \$5 General Public - \$10

*Pre-registration preferred, but day of registration accepted

Fox West YMCA Youth Nights (Grades 4-6)

Saturdays 6:00 – 8:30 PM

October 18, November 8, December 13

MARTIAL ARTS (NMY)

September 9, 2025 – May 28, 2026

Judo is best described as a special martial art, derived from Ju-jitsu, with similarities to wrestling with its throws and pins. It is an Olympic sport, an art, a discipline, a recreation and fitness program, a means of self-defense, and a way of life. Instructor Mehdi Mohammadian is an 8th degree Black Belt and member of the Martial Arts Hall of Fame. Junior/Family and Adult classes offered.

Judo is a pay per month program, meaning you only need to register once. Once you register you be charged monthly. The price listed for each class is **per month**. After registering, you will be able to attend each class offered from September through May.

JR. BEGINNERS/FAMILY JUDO (6 YEARS AND OLDER) (NMY)

This is the introductory class for individuals who wish to start a judo training program. This class runs for 75 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Jr. Advanced/Family Judo class on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

BEGINNER ADULT JUDO (13 YEARS AND OLDER) (NMY)

This is the adult introductory class for individuals who wish to start a judo training program. This class runs for 90 minutes on Tuesdays. When a beginner participant is able to pass a skills test for their first advancement level, they will move on to the Advanced Adult Judo class on Thursdays. Price includes 1 person.

JR. ADVANCED/FAMILY JUDO (AGES 6-13 YEARS) (NMY)

This class is the next junior level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 75 minutes on Thursdays. Anyone over the age of 13 must be a part of a family to sign up. Price includes 1 person.

ADVANCED ADULT JUDO (AGES 13 YEARS AND OLDER) (NMY) This class is the next adult level class for individuals who wish to continue to refine their judo skills. Participants must test out of the Beginner Class to participate. This class runs for 90 minutes on Thursdays. Price includes 1 person.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jr./Family Beginners Judo	NMY	6 and older	T	5:30 PM	6:45 PM	\$52/month	\$76/month
Beginner Adult Judo	NMY	13 and older	T	7:00 PM	8:30 PM	\$62/month	\$86/month
Jr./Family Advanced Judo	NMY	6 and older	TH	5:30 PM	6:45 PM	\$52/month	\$76/month
Advanced Adult Judo	NMY	13 and older	TH	7:00 PM	8:30 PM	\$62/month	\$86/month

YOUTH SPORTS LEAGUES

PLAY MORE, PAY LESS - Value Added Leagues are FREE with YMCA family membership. This includes our primary leagues in each season throughout the school year.

- **Fall Volleyball (Volleyball 1)**
- **Fall Flag Football**
- **Youth Basketball**
- **Indoor Soccer**
- **Spring Flag Football**
- **Track & Field**

All leagues Co-Ed, unless otherwise noted.

League Registration/Cancelation Policy:

Late Registrations: There is a \$10 late fee added to the program after the registration deadline. Registration may be taken only if space is available.

Prior to registration deadline: If you withdraw from a league prior to the registration deadline, a full refund will be issued.

After deadline, but prior to the first day of the league: If you withdraw you will be issued credit voucher for future YMCA program minus the cost of your jersey.

After the first scheduled event (practice/game) of the league, there will be no refunds or credits.

FALL FLAG FOOTBALL – September 6 – October 18, 2025

REGISTRATION May 19 – August 10, 2025

Value-Added League FREE with YMCA Family Membership

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Flag Football	APY	Grade 4K-5K	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	APY	Grade 1-2	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	APY	Grade 3-4	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football - Boys	APY	Grade 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	FWY	Grade 4K-5K	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	FWY	Grade 1-2	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	FWY	Grade 3-4	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	HVY	Grade 4K-5K	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	HVY	Grade 1	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	HVY	Grade 2	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	HVY	Grade 3	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	HVY	Grade 4	SAT	September 6	October 18	FREE	\$49	\$69

Youth Flag Football - Boys	HVY	Grade 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	NMY	Grade 4K-5K	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	NMY	Grade 1-2	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football	NMY	Grade 3-4	SAT	September 6	October 18	FREE	\$49	\$69
Youth Flag Football - Boys	NMY	Grade 5-6	SAT	September 6	October 18	FREE	\$49	\$69

NEW! GIRLS FLAG FOOTBALL (Grades 5-8)

SEPTEMBER 6-OCTOBER 18. REGISTRATION MAY 19 - AUGUST 10, 2025.

Value-Added League FREE with YMCA Family Membership.

Get ready for an exciting season of flag football designed just for girls in grades 5 through 8! Our YMCA Girls Flag Football League focuses on fun, skill development, and teamwork in a supportive and empowering environment. Whether you're new to the game or have some experience, this league is a great way to stay active, make new friends, and grow your love for the sport.

Teams will play games at three different locations throughout the season, giving players the chance to experience a variety of fields and compete against teams from other communities. Practices and games are led by positive role models who emphasize sportsmanship, confidence, and having fun.

Come be part of the action — join us for a season full of energy, encouragement, and great football!

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Girls Flag Football	APY	Grades 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	APY	Grades 7-8	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	FWY	Grades 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	FWY	Grades 7-8	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	HVY	Grades 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	HVY	Grades 7-8	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	NMY	Grades 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Girls Flag Football	NMY	Grades 7-8	SAT	September 6	October 18	FREE	\$49	\$69

FALL VOLLEYBALL 1 – September 6 – October 18, 2025**REGISTRATION May 20 – August 10, 2025****Value-Added League FREE with YMCA Family Membership**

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Volleyball 1	APY	Grade 2-4	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	APY	Grade 5-6	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	FWY	Grade 2-3	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	FWY	Grade 4-6 Beginner	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	FWY	Grade 4-6 Intermediate	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	HVY	Grade 2-3	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	HVY	Grade 4-6 Beginner	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	HVY	Grade 4-6 Intermediate	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	NMY	Grade 2-3	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	NMY	Grade 4-6 Beginner	SAT	September 6	October 18	FREE	\$49	\$69
Volleyball 1	NMY	Grade 4-6 Intermediate	SAT	September 6	October 18	FREE	\$49	\$69

FALL SOCCER LEAGUE (FWY)– September 6 – October 18, 2025 (no soccer October 4)**REGISTRATION May 19 - August 10, 2025****THIS IS NOT A VALUE-ADDED PROGRAM**

Class name	YMCA	Age	Day	Time	Start	End	Y Member	General Public
Fall Soccer	FWY	Grade 4K-5K	SAT	10:00 AM	September 6	October 18	\$42	\$62
Fall Soccer	FWY	Grade 1	SAT	11:30 AM	September 6	October 18	\$42	\$62
Fall Soccer	FWY	Grade 2	SAT	11:30 AM	September 6	October 18	\$42	\$62
Fall Soccer	FWY	Grade 3-4	SAT	8:30 AM	September 6	October 18	\$42	\$62
Fall Soccer	FWY	Grade 5-6	SAT	8:30 AM	September 6	October 18	\$42	\$62

FALL SOCCER LEAGUE (HVY) – August 25 – October 6, 2025**REGISTRATION May 19-August 3, 2025****THIS IS NOT A VALUE-ADDED PROGRAM.**

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Soccer	HVY	Grade 4K/5K	M	August 25	October 6	\$42	\$62
Fall Soccer	HVY	Grade 4K/5K	W	August 27	October 1	\$42	\$62
Fall Soccer	HVY	Grade 1-2	T	August 26	September 30	\$42	\$62
Fall Soccer	HVY	Grade 3-4	TH	August 28	October 2	\$42	\$62

YOUTH BASKETBALL 3 ON 3 LEAGUE – September 16-October 23

REGISTRATION July 1-September 7

Our Youth 3-on-3 Basketball League is designed to help young athletes build confidence, develop fundamental skills, and foster a love for the game in a fun and supportive environment. **Each week players will be put on randomized teams for them to get an opportunity to play with different kids throughout the season.** With smaller teams and more touches on the ball, players get more opportunities to learn, lead, and grow skills on the court.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
3 on 3 Boys	APY	Grade 3 & 4	TH	September 18	October 23	\$37	\$55
3 on 3 Boys	APY	Grade 5 & 6	TH	September 18	October 23	\$37	\$55
3 on 3 Girls	APY	Grade 3 & 4	T	September 16	October 21	\$37	\$55
3 on 3 Girls	APY	Grade 5 & 6	T	September 16	October 21	\$37	\$55
3 on 3 Boys	FWY	Grade 3	M	September 15	October 20	\$37	\$55
3 on 3 Boys	FWY	Grade 4	M	September 15	October 20	\$37	\$55
3 on 3 Boys	FWY	Grade 5	M	September 15	October 20	\$37	\$55
3 on 3 Boys	FWY	Grade 6	M	September 15	October 20	\$37	\$55
3 on 3 Girls	FWY	Grade 3	TH	September 18	October 23	\$37	\$55
3 on 3 Girls	FWY	Grade 4	TH	September 18	October 23	\$37	\$55
3 on 3 Girls	FWY	Grade 5	TH	September 18	October 23	\$37	\$55
3 on 3 Girls	FWY	Grade 6	TH	September 18	October 23	\$37	\$55

FALL CROSS COUNTRY– SEPTEMBER 13-OCTOBER 11 - 5 week program.

REGISTRATION MAY 19 – September 7. Association Meet October 11 – Fox West YMCA

Programs is located at Apple Creek YMCA, Fox West YMCA, and Heart of the Valley YMCA. Youth who enjoy recreational outdoor running will enjoy our Cross-Country program. This co-ed program provides opportunity for kids to engage in pre-competitive, instructive practices as they enjoy group runs on open-air courses. Our program emphasizes building stamina and balance as participants learn about the importance of form and efficiency. Athletes may also participate in a competitive cross-country event as part of this program.

ACY - site for Appleton

FWY – site for Neenah-Menasha and Fox West areas

HVY – site for Heart of the Valley Y

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Cross Country	ACY	Grade 1-6	SAT	Sept 13	Oct 11	\$37	\$55
Cross Country	FWY	Grade 1-2	T	Sept 16	Oct 11	\$37	\$55
Cross Country	FWY	Grade 3-4	TH	Sept 18	Oct 11	\$37	\$55
Cross Country	FWY	Grade 5-6	TH	Sept 18	Oct 11	\$37	\$55
Cross Country	HVY	Grade 1-6	W	Sept 17	Oct 11	\$37	\$55

YOUTH VOLLEYBALL 2 – October 27 – December 13, 2025

REGISTRATION September 8 – October 12, 2025

This co-ed program will continue to develop the fundamentals learned in the skills and drills league, as well as more advanced strategies related to game like situations and overall to become more successful, more confident and continue to enjoy the game of volleyball at a young age. All teams will practice/scrimmages one night a week at the location in which you sign up for as listed below. There will be an end of the season tournament against other YMCA teams on Friday, December 12 or Saturday, December 13. Note: no practices the week of November 24.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Volleyball 2	FWY	Grade 3-4	M	October 27	December 13	\$49	\$69
Volleyball 2	FWY	Grade 5-6	M	October 27	December 13	\$49	\$69
Volleyball 2	HVY	Grade 3-4	T	October 28	December 13	\$49	\$69
Volleyball 2	HVY	Grade 5-6	T	October 28	December 13	\$49	\$69
Volleyball 2	NMY	Grade 3-4	T	October 28	December 13	\$49	\$69
Volleyball 2	NMY	Grade 5-6	T	October 28	December 13	\$49	\$69

YOUTH BASKETBALL 101 – November 1-December 13, 2025

REGISTRATION July 1-October 12, 2025

This co-ed program will develop the fundamentals of basketball to help them become more successful, more confident and continue to enjoy the game of basketball at a young age. All teams will practice for the first two weeks. The remaining four weeks are half practice and half game. Players will receive a t-shirt. Space will be limited. There is no basketball on November 29. Please note that this is not a value-added league, but a supplemental league for the value-added league.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Youth Basketball 101	FWY	4K/5K	SAT	November 1	December 13	\$42	\$62
Youth Basketball 101	FWY	Grade 1	SAT	November 1	December 13	\$42	\$62
Youth Basketball 101	FWY	Grade 2	SAT	November 1	December 13	\$42	\$62

YOUTH BASKETBALL LEAGUES (APY, FWY, HVY, NMY)

January 10 – February 21, 2026

REGISTRATION August 11 - December 7, 2025

This program will develop the fundamentals of basketball to help them become more successful, more confident and continue to enjoy the game of basketball at a young age. All practices/games will be on Saturdays. If we do not have enough players to run both boys and girls leagues for Grades 2-4, they will be combined into a co-ed league. *Grades 5/6 held at the Appleton YMCA only*

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Coed Basketball	APY	Grade 4K/5K	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	APY	Grade 1	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	APY	Grade 2	SAT	January 10	February 21	FREE	\$49	\$69
Youth Boys Basketball	APY	Grade 3/4 Boys	SAT	January 10	February 21	FREE	\$49	\$69
Youth Girls Basketball	APY	Grade 3/4 Girls	SAT	January 10	February 18	FREE	\$49	\$69
Youth Girls Basketball	APY	Grade 5/6 Girls	W	January 7	February 21	FREE	\$49	\$69
Youth Coed Basketball	FWY	Grade 4K/5K	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	FWY	Grades 1	SAT	January 10	February 21	FREE	\$49	\$69
Youth Boys Basketball	FWY	Grade 2 Boys	SAT	January 10	February 21	FREE	\$49	\$69
Youth Girls Basketball	FWY	Grades 2 Girls	SAT	January 10	February 21	FREE	\$49	\$69
Youth Boys Basketball	FWY	Grade 3/4 Boys	SAT	January 10	February 21	FREE	\$49	\$69
Youth Girls Basketball	FWY	Grade 3/4 Girls	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	HVY	Grade 4K/5K	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	HVY	Grade 1	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	HVY	Grade 2	SAT	January 10	February 21	FREE	\$49	\$69
Youth Boys Basketball	HVY	Grade 3/4 Boys	T	January 6	February 17	FREE	\$49	\$69
Youth Girls Basketball	HVY	Grade 3/4 Girls	T	January 6	February 17	FREE	\$49	\$69
Youth Coed Basketball	NMY	Grade 4K/5K	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	NMY	Grade 1	SAT	January 10	February 21	FREE	\$49	\$69
Youth Coed Basketball	NMY	Grade 2	SAT	January 10	February 21	FREE	\$49	\$69
Youth Boys Basketball	NMY	Grade 3/4 Boys	SAT	January 10	February 21	FREE	\$49	\$69
Youth Girls Basketball	NMY	Grade 3/4 Girls	SAT	January 10	February 21	FREE	\$49	\$69

BOYS Y-BALL BASKETBALL LEAGUE (APY, FWY, HVY, NMY)

January 10 – March 7, 2026

REGISTRATION August 11 - December 7, 2025

Teams will practice once per week at your home YMCA, based on availability. Games will be Saturdays, January 10-February 28, 2026, at Xcel Sports at Alliance Church in Appleton (Grades 9-12), or Neenah Middle School (Grades 5-8). The league tournament will be on February 28 for the top teams in the league. Format for the tournament is TBD and based on registration numbers for each division. Grades 9-12 will have team captains and Grades 5-8 will have parent coaches. Everyone should register individually, and team captains/coaches should email Jensen Hinton at jhinton@ymcafoxcities.org with your team member names along with a team name. There are no free agents for the Grades 9-12 division. Anyone who signs up alone for Grades 5-8 will be placed on team.

Jerseys are **not** provided for this league but will be available for purchase through a link that will be sent after registration. Free Agents must purchase a jersey. If you purchased a jersey last year, you do not need to buy one again. The style of the jerseys will be the same as they were last season. Teams are also able to order their own YMCA-appropriate custom jerseys. Jersey mockups must be sent to jhinton@ymcafoxcities.org for approval. Teams must all have the same color jersey.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Boys Y-BALL	APY	Grade 5-6	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	APY	Grade 7-8	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	APY	Grade 9-10	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	APY	Grade 11-12	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	FWY	Grade 5-6	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	FWY	Grade 7-8	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	FWY	Grade 9-10	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	FWY	Grade 11-12	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	HVY	Grade 5-6	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	HVY	Grade 7-8	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	HVY	Grade 9-10	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	HVY	Grade 11-12	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	NMY	Grade 5-6	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	NMY	Grade 7-8	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	NMY	Grade 9-10	SAT	January 10	March 7	\$61	\$88
Boys Y-BALL	NMY	Grade 11-12	SAT	January 10	March 7	\$61	\$88

ADULTS

ADULT RACQUETBALL LEAGUES APPLETON YMCA

REGISTRATION July 1-September 7

Whether you're a seasoned player or just getting back into the game, this league offers a fun and competitive environment for adults of all skill levels. This league offers 3 different divisions: A Competitive, B Intermediate and C Recreation). Each league runs on a separate night between 5:30pm-7:30pm. Our league features weekly matches, division standings and an end of season tournament. Come join our incredible Racquetball community at the Appleton YMCA.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Adult Racquetball Leagues: Level A	APY	18 years and older	Mon	September 15	November 17	\$25	\$35
Adult Racquetball Leagues: Level B	APY	18 years and older	Tues	September 16	November 18	\$25	\$35
Adult Racquetball Leagues: Level C	APY	18 years and older	Wed	September 17	November 19	\$25	\$35

Open Member Sports – no registration required

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Open Pickleball (Intermediate/Advanced)	APY	18+	M/T/W/TH/F	7:00 AM	11:00 AM	FREE	N/A*
Open Pickleball (Intermediate/Advanced)	APY	18+	SUN	7:00 AM	11:00 AM	FREE	N/A*
Open Pickleball - (Beginner)	APY	18+	M/T/W/TH/F	11:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	FWY	18+	M/W/F	5:00 AM	7:00 AM	FREE	N/A*
Open Pickleball	FWY	18+	M/T/W	10:00 AM	2:00 PM	FREE	N/A*
Open Pickleball	FWY	18+	TH/F	10:00 AM	NOON	FREE	N/A*
Intro to Pickleball	FWY	18+	TH	NOON	2:00 PM	FREE	N/A*
Open Pickleball (Intermediate/Advanced)	HVY	18+	M/W/F	11:15 AM	2:15 PM	FREE	N/A*
Open Pickleball	HVY	18+	T/TH	5:00 AM	8:00 AM	FREE	N/A *
Open Pickleball (Beginner)	HVY	18+	T/TH	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	SUN	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	M/W/F	1:00 PM	3:00 PM	FREE	N/A*
Open Pickleball	NMY	14+	M/W	6:00 PM	8:30 PM	FREE	N/A*
Open Volleyball	NMY	18+	T/TH	7:00 PM	9:00 PM	FREE	N/A*
Open Basketball	APY	18+	W	5:30 AM	7:00 AM	FREE	N/A*
Open Basketball	APY	18+	S	6:00 AM	7:45 AM	FREE	N/A*
Open Basketball	NMY	18+	SUN	9:00 AM	11:00 AM	FREE	N/A*
Open Basketball	NMY	18+	M/TH/F	11:00 AM	1:00 PM	FREE	N/A*
Open Basketball	NMY	18+	T/F	5:00 AM	7:00 AM	FREE	N/A*
Open Volleyball	HVY	16+	W	7:00 PM	8:30 PM	FREE	N/A*
Open Family Volleyball	HVY	All ages	SUN	2:00 PM	4:00 PM	FREE	N/A*

*** Guest passes available ONLY if accompanied by a Y member for \$15***