



DANCE

STAFF CONTACTS

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NMY/HVY/APY/OGY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

NMY/HVY/APY/OGY - Angela Larsen, Arts and Humanities Coordinator P 886.2106 E alarsen@ymcafoxcities.org

NMY/HVY/APY/OGY - Abbie Dench, Arts and Humanities Specialist P 560.3737 E adench@ymcafoxcities.org

FALL 2 PROGRAM SESSION:

October 27 – December 21, 2025

No programs November 24 – 30, 2025

INSPIRE DANCE STUDIO CLASSES

INSPIRE DANCE STUDIO FOX WEST & APPLE CREEK

Inspire Dance Studio (IDS) is a recital program which begins each September and runs until April, ending the season with a professional recital for all dancers. Each IDS instructor has extensive dance training and years of teaching experience, as well as maintaining a continuing dance education. IDS offers progressive dance training, where dancers can grow their experience and knowledge each year.

INSPIRE DANCE STUDIO COMPETITIVE TEAM FOX WEST YMCA DANCE

Inspire Dance Studio (IDS) held their auditions for the 2025-2026 season in May. Dancers who auditioned were placed on teams, as well as Individual Performances as a result of that audition. For more information on our competitive teams please email Megan Stine at Mstine@ymcafoxcities.org.

STUDIO Y DANCE PROGRAM

APPLETON, HEART OF THE VALLEY, NEENAH-MENASHA, and OGDEN YMCA

NMY/HVY/APY/OGY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

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The Studio Y Dance Program offers dance classes for ages 18 months-adult. The Studio Y dance program encourages the technical progression of dancers and provides consistent and knowledgeable instruction at each level of development. All sites offer recital classes and competition teams at the Neenah-Menasha and Heart of the Valley Y's, spring, and summer programs. The Studio Y program offers quality instruction with a maximum of 8-12 students in a class. The season ends with a professional dance recital, scheduled

for Saturday, May 2, 2026 at the Fox Cities Performing Arts Center. All Competition Teams, 30-week classes and 16-week classes (Jan-April session) will participate in the annual dance recital.

HEART OF THE VALLEY YMCA PRESCHOOL CLASSES

7-WEEK FALL SESSIONS

SESSION 2: OCTOBER 27- DECEMBER 21 (NO CLASSES NOVEMBER 24-30)

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS WITH GUARDIAN)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	HVY	18 months-3 years w/ guardian	W	10:45 AM	11:15 AM	\$56	\$82
Hip Hop Skip Jump	HVY	18 months-3 years w/ guardian	F	10:45 AM	11:15 AM	\$56	\$82

NEENAH_MAENASHA PRESCHOOL CLASSES

7-WEEK FALL SESSIONS

SESSION 2: OCTOBER 27- DECEMBER 21 (NO CLASSES NOVEMBER 24-30)

CREATIVE MOVEMENT (AGES 2-3 YEARS) (NMY)

This fun class focuses on coordination and rhythm in creative and imaginative ways. This class will engage your dancer in movement!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Creative Movement	NMY	2-3 years	TH	10:10 AM	10:40 AM	\$56	\$82

NEENAH-MENASHA TEEN AND ADULT DANCE CLASSES

TAP (AGES 18 YEARS +) (NMY)

This energetic class will focus on new tap steps, traveling combinations, terminology, and percussive musicality! A comprehensive tap technique class for dancers at any level of training! Tap shoes required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Tap	NMY	18 years +	M	2:30 PM	3:30 PM	\$122	\$170