



## GROWTH & DEVELOPMENT

### FALL 2 PROGRAM SESSION:

October 27 – December 21, 2025

No programs November 24 – 30, 2025 unless otherwise noted in the description

#### STAFF CONTACTS

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### APPLE CREEK YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

#### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor time with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries	ACY	18 months-3 years with parent	W	9:30 AM	10:30 AM	\$43	\$65



## APPLE CREEK YMCA CHILDREN'S CLASSES (AGES 1½-10)

### **ANIMALS ON LAND AND SEA (Ages 2½-4 years) (ACY)**

Lions and Tigers and Fish Oh My! Making friends and learning is the focus of this fun class. Each week we will explore a new animal along with books, songs, and art. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### **FALL FUN (AGES 2½-4 YEARS) (ACY)**

Explore the fun of the season while having fun with friends and learning social skills.

### **FRIDAY FUN (AGES 2½-4 YEARS) (ACY)**

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### **FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)**

Exploring, laughter and friendship, what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### **PLAY, LEARN, GROW (AGES 2½-4 YEARS) (ACY)**

Playing is a very important part of learning and growing. Come play and make some new friends. We will also do some learning with fun carpet time games. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.

### **ECO-KIDS (AGES 3-5 YEARS) (ACY)**

Explore the outdoors and watch the changes throughout the seasons while we learn more about the plants and animals found around our YMCA and on the Purdy Preserve. Short hikes and playtime outside will be supplemented with craft and story time indoors. Have your child dressed for the weather as we will be outdoors every week, weather permitting!

### **OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)**

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as much of each class will be held outdoors, weather permitting.

### **YOUNG EXPLORERS (AGES 3-5 YEARS) (ACY)**

Use your senses to discover and investigate the wonderful sounds, colors, shapes, smells, and textures of the natural world. Outdoor exploration time will be supplemented by stories, songs, games, and crafts, with each week focused on a different topic in nature. Portions of each class will be held outdoors, weather permitting, so dress accordingly!

### **OUTDOOR EXPLORERS CLUB (AGES 5-10 YEARS) (ACY)**

Let the Environmental Education team at the Apple Creek YMCA turn your off-day from school into a full day of exploration and activities related to the outdoors. Join us for hikes, playing in the woods, creative free-time, and more! Pack a nut-free lunch, snacks and appropriate clothing for indoors and outdoors in a backpack and join us for a fun-filled day! Additional information will be sent by email after registration has been completed.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Animals on Land and Sea-Bring Lunch	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$84	\$107
Fall Fun	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$70	\$91



Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Friday Fun-Bring Lunch	ACY	2½-4 years	F	9:00 AM	12:00 PM	\$84	\$107
Fun with Friends-Bring Lunch	ACY	2½-4 years	T	9:00 AM	12:00 PM	\$84	\$107
Play, Learn, Grow-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$84	\$107
Eco-Kids	ACY	3-5 years	TH	9:30 AM	11:00 AM	\$53	\$79
Outrageous Outdoors	ACY	3-5 years	T	9:30 AM	11:00 AM	\$53	\$79
Young Explorers	ACY	3-5 years	W	1:00 PM	2:30 PM	\$53	\$79
Outdoor Explorers Club-Oct. 31	ACY	5-10 years	F	7:00 AM	5:00 PM	\$42	\$56

## FOX WEST YMCA PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature-related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

### LITTLE FOODIES (AGES 3-6 YEARS WITH PARENT) (FWY)

Let's snack together! Join us each week as we whip up easy, oven-free snacks that anyone can make- no baking required! From sweet treats to savory bites, we will learn something new (and tasty) every time. Aprons are optional- but they sure make it more fun! Get ready to mix, mash, and munch!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Foodies	FWY	3-6 years with parent	T	5:15 PM	6:30 PM	\$42	\$64

## FOX WEST YMCA CHILDRENS CLASSES (AGES 1½-6)

### JUST FOR TWO'S (AGE 2 YEARS) (FWY)

We know toddlers like being together. This is a class where friends are made first. We will play, create, and develop together!

### ABC 123 (AGES 2-3 YEARS) (FWY)

Having fun with letters and numbers is what your child will do in this class. We will learn about letters and numbers through activities, art, songs, and stories.

### AMIGO'S PLAYTIME (AGES 2-3 YEARS) (FWY)

Did you know that Spanish is the fastest growing language in the US? And the earlier a child starts hearing a language, research shows increase chance in retaining it. Join us as we explore, sing and play with your children learning a new word each week in Spanish! Geared around fun and making friends, your child will have the opportunity to learn names of animals, nature, food and more. ¡Divertido! (fun!)

### FUN WITH FRIENDS (AGES 2½-4 YEARS) (FWY)

Exploring, laughter and friendship what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning! To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.



**LITTLE SCIENTISTS (AGES 2½-4 YEARS) (FWY)**

Hands on science that will fascinate your child. We'll explore, experiment, build, create and learn through fun activities. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

**LAUGHTER, LEARNING, LUNCH (AGES 2½-5 YEARS) (FWY)**

Exploring, laughter, and learning what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning. To help us accommodate participants with allergies please pack a nutritious peanut/tree nut-free lunch.

**AWESOME ART ADVENTURES! (AGES 3-5 YEARS) (FWY)**

Explore the many different ways to create art. We'll have awesome adventures painting, drawing, shaping, gluing, and lots more. Come to class ready for fun and dressed to get messy. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free snack.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Two's	FWY	2 years	M	9:00 AM	10:00 AM	\$38	\$61
Just for Two's	FWY	2 years	W	9:00 AM	10:00 AM	\$38	\$61
ABC 123	FWY	2-3 years	W	10:00 AM	11:00 AM	\$38	\$61
Amigo's playtime	FWY	2-3 years	M	10:00 AM	11:00 AM	\$38	\$61
Fun with Friends	FWY	2½-4 years	T	9:00 AM	11:00 AM	\$61	\$82
Little Scientists	FWY	2½-4 years	TH	9:00 AM	11:00 AM	\$61	\$82
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	T	11:00 AM	12:30 PM	\$48	\$71
Laughter, Learning, Lunch-Bring Lunch	FWY	2½-5 years	TH	11:00 AM	12:30 PM	\$48	\$71
Awesome Art Adventures!	FWY	3-5 years	F	9:00 AM	11:00 AM	\$61	\$82

## HEART OF THE VALLEY YMCA CHILDRENS CLASSES (AGES 2-5)

**JUST FOR 2's (AGES 2 YEARS) (HVY)**

We know toddlers like being together. This is a class where friends are made first. We will play, create, and develop together!

**BUSY BEES (AGES 2-3 YEARS) (HVY)**

We will buzz around to different activities, and have fun through stories, songs and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence. Your child should have taken Just for 2's or have had a positive Kids Corner experience before taking this class.

**PLAYFUL STEPS (AGES 2-3 YEARS) (HVY)**

Let's move our bodies! This class will emphasize playful movement and activities designed to boost your toddler's coordination, body awareness, and self confidence in a nurturing environment.

**READING RAINBOW (AGES 2-3 YEARS) (HVY)**

This class is designed to spark your toddler's curiosity and develop visual skills while learning about the colors around them! We will focus on a "color of the day" and pair it with a story and song. Let's have fun and wear the colors too! The first class is RED! This class is for 2-3-year-olds ready for a longer classroom experience.



**ROOM TO BLOOM (AGES 2-3 YEARS) (HVY)**

There is so much growing to do in this fun and engaging class! We will focus on toddler appropriate social skills through play-based learning and language development. We will get creative with a craft and have fun with friends in group activities! This class is for 2-3-year-olds ready for a longer classroom experience.

**SINGING OF THE SEASONS (AGES 2-3 YEARS) (HVY)**

Join us as we sing through the seasons! In this class we will play, sing, and explore musical instruments as we learn about the beauty of Fall and Winter and the celebrations that occur throughout the seasons. The final class will incorporate parents/grown-ups for a group singalong of the music we've enjoyed!

**THE SENSORY GARDEN (AGES 2-3 YEARS) (HVY)**

Let's let your little ones explore their senses! In this class, we will incorporate sensory experiences with science and exploration. Please dress for a little mess!

**JUST FOR 3'S AND 4'S (AGES 3-4 YEARS) (HVY)**

Calling all 3- and 4-year-olds! Come join us for a fun and engaging class! We will work on fine motor skills, small group experiences, work centers and get creative with art. This class will feature a group teacher-led activity to create a positive circle and rug time experience with friends.

**ANIMALS OF WINTER (AGES 3-5 YEARS) (HVY)**

Let's learn how animals prepare for winter! In this class, we will explore and discuss how animals adapt in nature with the colder weather approaching. We will incorporate hands-on activities and a book as we learn how animals migrate, hibernate, and store food in the Winter!

**FOUNDATIONS OF EARLY LEARNING (AGES 3-5 YEARS) (HVY)**

Early learners will be introduced to key concepts in literacy and math as we uncover the magic of the alphabet through fun songs, stories, and interactive activities. Plus, we'll dive into counting and number recognition with engaging games and hands-on learning, helping to build a solid foundation in these essential skills. Please bring a peanut-free snack for your child during snack time.

**I CAN BE AN AUTHOR! (AGES 3-5 YEARS) (HVY)**

Early childhood experiences help create a strong foundation for future writers! In this class, we will develop a knowledge of writing and drawing to create a variety of short stories. At the end of the session, your child will unleash the creative writing skills they have learned in class to create a book and officially become an author!

**MINI CHEFS (AGES 3-5 YEARS) (HVY)**

In this class your child will learn how to cook and bake fun and child-friendly dishes! We will also learn kitchen safety and appropriate food handling through books and crafts. Your Mini Chef will be making a yummy dish each class, so please let your teacher know of any food allergies or restrictions prior to the start of the session.

**MOVEMENT MAKERS (AGES 3-5 YEARS) (HVY)**

Let's move our bodies! This class will focus on encouraging movement through imagination and play. We will make a craft to pair with our activities. Dress appropriately, as we will go outside (weather permitting) or utilize indoor space to get our bodies moving!

**PAINTING THE HOLIDAYS (AGES 3-5 YEARS) (HVY)**

In this class, we'll explore painting with a variety of mediums. Your little artist will have fun getting creative while learning simple techniques and incorporating the wonderful colors and themes of the upcoming holidays. Be sure to join us on the last day for our art gallery presentation Dress for a mess!

**PRESCHOOL READINESS (AGES 3-5 YEARS) (HVY)**

Are you looking for a longer class? This is for you! In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment. There will be snack time, so please pack a peanut-free snack.



### **THE CLAY CANVAS! (AGES 3-5 YEARS) (HVY)**

Let's make some art with clay! In this class, we will focus on using clay as the medium for artistic expression. Your child will learn how to make a variety of different objects with clay, as well as how to dry and paint their pieces. We will also incorporate some Holiday pieces!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Just for 2's	HVY	2 years	T	9:00 AM	9:45 AM	\$33	\$56
Just for 2's	HVY	2 years	TH	9:00 AM	9:45 AM	\$33	\$56
Just for 2's	HVY	2 years	TH	11:00 AM	11:45 AM	\$33	\$56
Busy Bees	HVY	2-3 years	W	9:00 AM	10:00 AM	\$38	\$60
Busy Bees	HVY	2-3 years	F	9:00 AM	10:00 AM	\$38	\$60
Playful Steps	HVY	2-3 years	T	10:00 AM	10:45 AM	\$33	\$56
Playful Steps	HVY	2-3 years	TH	10:00 AM	10:45 AM	\$33	\$56
Reading Rainbow	HVY	2-3 years	M	9:00 AM	10:00 AM	\$38	\$60
Reading Rainbow	HVY	2-3 years	W	10:30 AM	11:30 AM	\$38	\$60
Room to Bloom	HVY	2-3 years	F	10:30 AM	11:30 AM	\$38	\$60
Singing of the Seasons	HVY	2-3 years	M	10:30 AM	11:30 AM	\$38	\$60
The Sensory Garden	HVY	2-3 years	T	11:00 AM	11:45 AM	\$38	\$60
Just for 3's and 4's	HVY	3-4 years	M	9:00 AM	10:00 AM	\$38	\$60
Just for 3's and 4's	HVY	3-4 years	TH	9:00 AM	10:00 AM	\$38	\$60
Animals of the Winter	HVY	3-5 years	F	9:00 AM	10:00 AM	\$38	\$60
Foundations of Early Learning!	HVY	3-5 years	T	9:00 AM	11:30 AM	\$70	\$92
I Can Be an Author!	HVY	3-5 years	M	1:00 PM	2:30 PM	\$48	\$71
Mini Chefs	HVY	3-5 years	TH	10:30 AM	11:30 AM	\$38	\$60
Movement Makers	HVY	3-5 years	F	10:30 AM	11:30 AM	\$38	\$60
Painting the Holidays	HVY	3-5 years	M	10:30 AM	11:30 AM	\$38	\$60
Preschool Readiness	HVY	3-5 years	W	9:00 AM	11:30 AM	\$70	\$92
The Clay Canvas!	HVY	3-5 years	W	1:00 PM	2:30 PM	\$48	\$71

## **HEART OF THE VALLEY WORKSHOPS (AGES 3-5)**

### **SPOOKTACULAR SCIENCE LAB (5-10 YEARS) (HVY)**

Come celebrate Halloween with your friends at the YMCA! In this workshop, we will do a fun and creative Halloween science experiment! We will blend that with a spooky craft. It will be so spooktacular, you won't know WITCH one was more exciting!

### **THANKFUL CHEFS (3-5 YEARS) (HVY)**

Who's ready to make a Thanksgiving treat? In this workshop your little chef will make no-bake mini pumpkin pies. We will also incorporate a Thanksgiving craft and story. We will be so thankful to have your child join us!

### **CRAFTY REINDEER (3-5 YEARS) (HVY)**

In this jolly workshop your child will have fun making an ornament, singing carols, and playing with friends. We will also enjoy a yummy Christmas treat to celebrate the season!



Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Spooktacular – October 23	HVY	5-10 years	TH	9:00 AM	11:00 AM	\$20	\$25
Thankful Chefs – November 20	HVY	3-5 years	TH	12:30 PM	2:30 PM	\$20	\$25
Crafty Reindeer – December 18	HVY	3-5 years	TH	12:30 PM	2:30 PM	\$20	\$25

## NEENAH-MENASHA YMCA CHILDRENS CLASSES (AGES 1½-6)

### LET'S GET MOVIN' AND/OR LET'S KEEP MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to run, move, play, and learn. This large group class will have your child running, climbing, sliding, crawling, and biking in the gym. To participate, your child must be an independent walker. If this is your child's first class or they are apprehensive, parents are encouraged to stay and participate. If your child has extra energy to burn, register for both Tuesday and Thursday sessions!

### BEYOND PLAY (AGES 2-4 YEARS) (NMY)

Packing fun into every class! We'll explore different themes, make fun projects, and move our bodies all while enjoying story time and a sing-along with instruments around the piano. There will be a special holiday sing-along this session for parents near Christmas.

### FALL FRIEND-ZY (AGES 2-4 YEARS) (NMY)

Let's celebrate friendship, kindness and the goodness that comes along with the fall season! Children will learn about friendship, belonging and create community through stories, songs, art, games, and large motor-interactive play. There will be special holiday activities this session.

### COOL KIDS (AGES 3-5 YEARS) (NMY)

The coolest thing about being a kid is learning through play! We'll make new friends, explore the magic of books, sing songs, play games, create arts and crafts. Your little one will be so busy they won't realize all the things they are experiencing about social emotional learning, language, and creativity!

### PRESCHOOL READINESS (AGES 3-5 YEARS) (NMY)

Thinking about sending your child to preschool soon? In this class, your child will engage in various social and educational activities to help prepare them for a preschool environment, including small group activities, singing together, free play and art projects. Think ... preschool on a smaller scale!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Let's Get Movin'	NMY	18 months-3 years	T	9:30 AM	10:30 AM	\$38	\$61
Let's Keep Movin'	NMY	18 months-3 years	TH	9:30 AM	10:30 AM	\$38	\$61
Beyond Play	NMY	2-4 years	M	9:00 AM	10:30 AM	\$49	\$72
Fall Friend-Zy	NMY	2-4 years	W	9:00 AM	10:30 AM	\$49	\$72
Cool Kids	NMY	3-5 years	TH	9:30 AM	10:30 AM	\$38	\$60
Preschool Readiness	NMY	3-5 years	T	9:30 AM	10:30 AM	\$38	\$60

## NEENAH MENASHA YMCA WORKSHOPS/EVENTS (AGES 3-5)

### TUESDAY LUNCH WITH LEGENDS (AGES 3-5 YEARS) (NMY)

Pack a lunch to eat in Kids Corner with legendary teachers, Ms Judy and Ms Angela! After you eat, there will be dancing, singing, playing games and an art project. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut-free lunch.



<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Tuesday Lunch with Legends – November 11 <sup>th</sup>	NMY	3-5 years	T	12:00 PM	1:30 PM	\$15	\$20