Junior Tennis Program
Winter 2025-2026

December 1 – March 28 (No classes Dec 24-Jan 1, Jan 15 (only Varsity/JV), Feb 7)
Mon/Tue/Fri classes 16 weeks; Wed/Thurs/Sat classes 15 weeks
***Must be a Valley Tennis Center (VTC) Member to receive member pricing**

Jump Start

This program is designed to teach the fundamentals of tennis in a fun format. The kids use a modified ball, smaller rackets and a smaller court to make the game easier to learn.

Red Ball (Ages 3-6)

Day	Time	VTC Member	General Public
Thursdays	1:30-2:30 PM	$252	$252
Fridays	3:45-4:30 PM	$204	$288
Saturdays	10:30-11:15 AM	$192	$271

Orange Ball (Ages 6-9)

Day	Time	VTC Member	General Public
Tuesdays	3:45-4:30 PM	$204	$288
Thursdays	1:30-2:30 PM	$252	$252
Fridays	4:30-5:30 PM	$268	$380
Saturdays	10:30-11:30 AM	$252	$357

Green Ball (Ages 8-10)

Day	Time	VTC Member	General Public
Wednesdays	5:30-6:30 PM	$282	$357
Thursdays	1:30-2:30 PM	$252	$252
Saturdays	11:30-12:30 PM	$282	$357

Junior Development

A program that focuses on the fundamentals of stroke production and match play in a way that makes it fun to learn the game of tennis.

Level 1
(Ages 11-14)

Day	Time	VTC Member	General Public
Mondays	4:00-5:30 PM	$444	$564
Wednesdays	4:00-5:30 PM	$417	$530
Thursdays	1:30-2:30 PM	$252	$252

Level 2
(Ages 11-14)

Day	Time	VTC Member	General Public
Mondays	4:00-5:30 PM	$444	$564
Saturdays	12:30-2:00 PM	$417	$530

Level 3 Tournament Level
(Ages 8-14)

Day	Time	VTC Member	General Public
Wednesdays	4:00-5:30 PM	$417	$530
Saturdays	1:00-2:30 PM	$417	$530

Junior Varsity

A program for the player who is ready to take the next step in tournament tennis.

Day	Time	VTC Member	General Public
Thursdays	4:30-6:00 PM	$390	$495
Saturdays	11:30-1:00 PM	$417	$530

Varsity

Designed for those players expecting to be on their respective varsity high school teams.

Day	Time	VTC Member	General Public
Tuesdays	4:30-6:00 PM	$444	$564
Thursdays	4:30-6:00 PM	$390	$495

Performance Invitational

These are programs designed for the highly state ranked juniors. These players are committed to the game of tennis and are playing several times per week. By invitation only.

Day	Time	VTC Member	General Public
Fridays	4:00-5:30 PM	$32/class	$42/class

Match play is a very important part of the development of a junior tennis player. In addition to other various tournaments/events we have throughout the year, here are our match play options.

Bracket Challenge

Each player will be scheduled pool play matches followed by a tournament bracket. All matches are unsupervised and scheduled by the players. There will be a Fall, Spring, and Summer session. Must join at the beginning of a session. Cost is $15 to join and just pay court time as you play. Contact Scott Niemi at sniemi@ymcafoxcities.org to join.

Sunday Matchplay

Level	Day	Time	Cost
All	Sunday	2:00-3:30 PM	Court Time

***Sign up each week through Scott Niemi at sniemi@ymcafoxcities.org**