



SPORTS

STAFF CONTACTS

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SUMMER PROGRAM SESSION:

June 8 – August 23, 2026 (unless noted in the description)

No classes June 29 – July 5, 2026

PRESCHOOL

PARENT-CHILD ALL-SPORTS (AGES 3-4 YEARS WITH PARENT) (APY, FWY, HVY, NMY)

Get ready to move, play, and bond! This interactive class introduces young children and their parents to a variety of sports and movement activities in a fun environment. Each week features a new sport, such as soccer, basketball, t-ball, and more. Designed to develop motor skills, coordination, and confidence. Parents actively participate alongside their child, making this a great opportunity to encourage physical activity while spending quality time together. Our instructors lead engaging games and drills that promote teamwork, listening skills, and a love for movement.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Parent-Child All Sports (5-Week Sessions)	FWY	3-4 years	W	5:30 PM	6:15 PM	\$27	\$40
Parent-Child All Sports (June 8 – July 19)	HVY	3-4 years	M	5:00 PM	5:45 PM	\$27	\$40
Parent-Child All Sports (July 20 – August 23)	HVY	3-4 years	M	5:00 PM	5:45 PM	\$27	\$40

YOUTH

SPORTS SAMPLER (AGES 4-6 YEARS) (FWY, HVY)

Each week participants will learn the fundamental skills of a new sport while playing fun games. Sports include Football, Soccer, Basketball, Floor Hockey, Kickball, T-Ball and more. Class will concentrate on skill development, participation, fun, fitness and teamwork. *A minimum of 5 children are needed to run the class.

HOME SCHOOL SPORTS (HVY)

This is the YMCAs version of a physical education class. The focus of this class is to allow homeschool students and families the opportunity to explore and experience a typical gym class. Children will play games and sports that incorporate all major motor movements and develop an understanding of why it is important to stay active.

INTRO TO GOLF (AGES 7-14 YEARS) (NMY) June 9-July 28

This class will take place at Winagamie Golf Course. Participants will be taught the basic skills of golf, how and when to use all the different clubs in their golf bag and learn course etiquette. The first 2 weeks of class will be skill work on the driving range, chipping green, and putting green. The last 2 weeks will be playing on the Highlands 9-hole course. Bringing your own clubs is recommended. We have limited clubs available for use.

LITTLE HOOPSTERS BASKETBALL (HVY)

Participants will learn the basics of basketball through drills to improve their skills and learn offensive and defensive skills. Everyone plays in this instructional class that emphasizes fun and participation. Programs include Little Rushers Football, Little Kickers Soccer, Little Hoopsters Basketball, Little Goalies Hockey, Little Sluggers T-ball and Little Smashers Tennis.

SPORTS SKILLS (FWY)

Work on improving your skills in a specific sport. Each week will be geared toward drills to improve the fundamentals of each child in that sport. This is a great class to supplement our youth leagues.

SPRING VOLLEYBALL (FWY)

Players will learn the basic skills of volleyball like passing, setting, and serving the ball through fun drills and games! We will also be learning the rules of the game. This class is for players with little to no volleyball experience.

ARCHERY 101 (June 8 – Aug 23) (AGES 8-14) (ACY)

Learn the basics of archery including the "11 steps to becoming a successful archer." Class follows National Archery in Schools Program (NASP) guidelines. All equipment is provided but experienced students may bring their own equipment if it meets the instructor's standards. Class will be held outdoors. No class June 29th.

ARCHERY 102 (June 8 – Aug 23) (AGES 8-15) (ACY)

Young archers will continue to hone their skills and build on the basics learned in Archery 101. Class follows National Archery in Schools Program (NASP) guidelines. All equipment is provided but students may bring their own equipment if it meets the instructor's standards. Class will be held outdoors. No class July 2nd.

YOUTH BASEBALL/SOFTBALL (HVY)

Player will learn the basics of baseball/softball through drills to improve their skills and learn offensive and defensive skills. Everyone plays in this instructional class that emphasizes fun and participation.

YOUTH PICKLEBALL (HVY)

Player will learn the basics of baseball/softball through drills to improve their skills and learn offensive and defensive skills. Everyone plays in this instructional class that emphasizes fun and participation.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Sports Sampler (5 Week Session)	FWY	4-6 years	W	4:30 PM	5:15 PM	\$27	\$40
Sports Sampler (June 8 - July 19)	HVY	4-6 years	M	6:00 PM	6:45 PM	\$27	\$40
Sports Sampler (July 20 - August 23)	HVY	4-6 years	M	6:00 PM	6:45 PM	\$27	\$40
Little Hoopsters Basketball (June 8 - July 19)	HVY	4-6 years	T	5:00 PM	5:45 PM	\$27	\$40
Little Hoopsters Basketball - (July 20 - August 23)	HVY	4-6 years	T	5:00 PM	5:45 PM	\$27	\$40
Youth Baseball/Softball (June 10 - July 15)	HVY	4 - 6 years	W	5:00 PM	5:45 PM	\$27	\$40
Youth Baseball/Softball (June 10 - July 15)	HVY	4 - 6 years	W	5:00 PM	5:45 PM	\$27	\$40
Youth Baseball/Softball (July 22 - August 19)	HVY	6 - 8 years	W	5:00 PM	5:45 PM	\$27	\$40
Youth Baseball/Softball (July 22 - Aug 19)	HVY	6 - 8 years	W	5:00 PM	5:45 PM	\$27	\$40
Youth Pickleball Class (June 11 - July 16)	HVY	4 - 6 years	TH	5:00 PM	5:45 PM	\$27	\$40
Youth Pickleball (June 11 - July 16)	HVY	4 - 6 years	TH	5:00 PM	5:45 PM	\$27	\$40
Youth Pickleball (July 23 - August 20)	HVY	4 - 6years	TH	5:00 PM	5:45 PM	\$27	\$40
Youth Pickleball (July 23 - August 20)	HVY	4 - 6 years	TH	5:00 PM	5:45 PM	\$27	\$40
Intro to Golf - June 9-July 28	NMY	7-14 years	T	4:30 PM	6:30 PM	\$90	\$130
Beginner Volleyball	FWY	Grades 2-3	TH	4:30 PM	5:30 PM	\$45	\$65
Beginner Volleyball	FWY	Grades 4-6	TH	5:30 PM	6:30 PM	\$45	\$65
Intermediate Volleyball	FWY	Grades 7-8	TH	6:30 PM	7:30 PM	\$45	\$65
Archery 101	ACY	8-14 years	M	4:30pm	5:15pm	\$28	\$40

WEDNESDAY WARRIOR RUNNING CLUB (APY)

July 8 – August 19

This program uses local trails to build your child's love for running. Each Wednesday, participants focus on form, endurance, and character development while staying active, making friends, and having fun outdoors. YMCA character values of Caring, Honesty, Respect, and Responsibility will be emphasized throughout each session.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Warrior Running Club	APY	7-14 years	W	6:30 PM	7:30 PM	\$35	\$47

NEW! - NINJA QUEST CLASS OFFERINGS (HVY)

Explore movement through new skills and challenges. Improve agility, strength and balance in action packed obstacle courses. Ninja Quests combines tricking, gymnastics and obstacles courses for a fun adventure! Proper form and use of equipment will be taught and expected of all participants. Every child is challenged in a fun, safe, and positive environment.

No Classes June 29–July 5, 2026. No Classes July 27–July 31, 2026

NINJA EXPLORERS (AGES 6-12 YEARS)

These classes are geared towards beginner ninjas.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ninja Explorers NEW!	HVY	6-9 years	M	7:15 PM	7:45 PM	\$78	\$154
Ninja Explorers NEW!	HVY	6-9 years	W	1:45 PM	2:15 PM	\$78	\$154
Ninja Explorers NEW!	HVY	6-9 years	TH	7:15 PM	7:45 PM	\$78	\$154
Ninja Explorers 10 & Up NEW!	HVY	10-12 years	M	7:50 PM	8:20 PM	\$78	\$154
Ninja Explorers 10 & Up NEW!	HVY	10-12 years	W	2:20 PM	2:50 PM	\$78	\$154
Ninja Explorers 10 & Up NEW!	HVY	10-12 years	TH	7:50 PM	8:20 PM	\$78	\$154

ESPORTS (AGES 8-18) (NEENAH-MENASHA)

The YMCA of the Fox Cities is thrilled to unveil our state-of-the-art Tech Lab, launching Nov. 27! Immerse yourself in the world of gaming with our cutting-edge facility featuring 20 stations with top-of-the-line gaming computers! Whether you're a seasoned pro or just starting your gaming journey, our Tech Lab has something for everyone. See more at ymcafoxcities.org/esports.

Electronic Sports, or Esports, takes on the form of organized, multiplayer online video game competitions and is one of the fastest growing trends for youth engagement. Through the Y's Esports program, youth are welcome to be who they are, excel at what they love, and develop the social, strategic and problem-solving skills necessary to grow into thriving adults all in a safe, moderated, and inclusive environment.

ESPORTS OPEN PLAY

Come experience gaming on another level at the Neenah-Menasha YMCA Tech Lab powered by Plexus! Open Play grants you access to the Tech Lab during all open hours. Come choose from our full library of games, hang out with friends and play on our gaming stations. Game on! Additional games/applications are available by request. Prices are **per month** for members and grant unlimited access based on availability.

MINECRAFT CODING

Unlock the power of creativity and problem-solving through coding in Minecraft! In this hands-on class, students will learn the fundamentals of programming using block-based and Python coding within the Minecraft Education platform. Participants will design interactive worlds, automate tasks, and bring their ideas to life while exploring concepts like loops, conditionals, and variables in a fun, game-based environment. All equipment is provided by the YMCA.

ESPORTS AND ENGINEERING

Participants will kick off class by playing a variety of games and competing in friendly tournaments. After gaming time, the group will dive into an engineering lesson using a program called Crunch Labs. Working in small teams, participants will build exciting projects such as a boomerang car, disc launcher, rocket revolver, and more! This class blends play, creativity, teamwork, and real engineering concepts to create an awesome learning experience.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Esports Open Play	NMY	8-18	MTWTHFS	See Website	See Website	\$15/family or \$8/person (per month)	\$10/day
Minecraft Coding - June 26	NMY	Ages 8-18	F	6:00 PM	8:00 PM	\$10	\$15
Minecraft Coding - July 17	NMY	Ages 8-18	F	6:00 PM	8:00 PM	\$10	\$15
Esports and Engineering - Aug. 7	NMY	Ages 8-18	W	6:00 PM	8:00 PM	\$10	\$15

GAMERS NIGHT OUT

Parents, enjoy a well-deserved evening to yourselves while we host an action-packed night for your kids! From Fortnite tournaments, Minecraft challenges and much more, there's something for every gamer to enjoy. Dinner will be provided. Space is limited so register early! No refunds or credits for cancellations after the Tuesday before the event.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Gamers Night Out - June 19	NMY	Ages 8-14	FRI	5:00 PM	8:00 PM	\$20	\$25
Gamers Night Out - July 10	NMY	Ages 8-14	FRI	5:00 PM	8:00 PM	\$20	\$25
Gamers Night Out - August 21	NMY	Ages 8-14	FRI	5:00 PM	8:00 PM	\$20	\$25

YOUTH SPORTS LEAGUES

PLAY MORE, PAY LESS - Value Added Leagues are FREE with YMCA family membership. This includes our primary leagues in each season throughout the school year.

- Volleyball 1
- Fall Flag Football
- Youth Basketball
- Indoor Soccer
- Track & Field

All leagues Co-Ed, unless otherwise noted.

League Registration/Cancelation Policy:

Late Registrations: There is a \$10 late fee added to the program after the registration deadline. Registration may be taken only if space is available.

Prior to registration deadline: If you withdraw from a league prior to the registration deadline, a full refund will be issued.

After deadline, but prior to the first day of the league: If you withdraw you will be issued credit voucher for future YMCA program minus the cost of your jersey.

After the first scheduled event (practice/game) of the league, there will be no refunds or credits.

YOUTH OUTDOOR BASKETBALL 3 ON 3 LEAGUE (HVY) – June 10 - July 29, 2026 REGISTRATION March 30 – May 26, 2026

Give your young athlete a fun, fast-paced basketball experience this summer! Our 3-on-3 Outdoor Basketball League mixes things up each week as players draw for teams before each session, giving everyone the chance to play with different teammates throughout the season.

This format keeps the games fresh and competitive while helping kids develop teamwork, confidence, and adaptability. With more touches, more shots, and more scoring opportunities, every player stays involved and engaged from start to finish.

All games are played on the beautiful Richardson Outdoor Basketball Courts at the Heart of the Valley YMCA—an ideal setting for high-energy hoops and summer fun.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
3 on 3 Boys	HVY	Grade 3 & 4	W	June 10	July 29	\$50	\$71
3 on 3 Boys	HVY	Grade 5 & 6	W	June 10	July 29	\$50	\$71
3 on 3 Boys	HVY	Grade 7 & 8	W	June 10	July 29	\$50	\$71
3 on 3 Girls	HVY	Grade 3 & 4	W	June 10	July 29	\$50	\$71
3 on 3 Girls	HVY	Grade 5 & 6	W	June 10	July 29	\$50	\$71

NEW! FOX WEST SOCCER 101 – June 4 – July 23

REGISTRATION March 1 – May 3.

Our new Soccer 101 is for those ready to start learning the game of soccer. Players must be 3 years old prior to June 4. No games week of June 29-July 3. The new league will have smaller team sizes led by staff. We will also be requiring all families to help coach the team one week during the season to make this a more family involved league similar to our Parent/Child All-Sports Class. The first week will be practice only. The remaining six will be split between practice and game play. SPACE WILL BE LIMITED!!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Soccer 101	FWY	3 years	TH	June 4	July 23	\$43	\$63

SUMMER SOCCER LEAGUE (APY) – June 15 - July 28, 2026

REGISTRATION: February 16-May 31, 2026.

There will be no games during the week of June 29-July 3.

Our Youth Summer Soccer League is a 6-week program designed to introduce kids to the fundamentals of soccer in a fun, supportive, and team-oriented environment. Through instruction and play, participants will build skills, confidence, and friendships while learning the values of teamwork, respect, and sportsmanship. Each week participants will learn soccer for 60 min through practice and gameplay guided by our character values.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Soccer	APY	Ages 4-5	T	June 16	July 28	\$43	\$63
Summer Soccer	APY	Ages 6-7	M	June 15	July 27	\$43	\$63
Summer Soccer	APY	Ages 8-9	T	June 16	July 28	\$43	\$63
Summer Soccer	APY	Ages 10-11	M	June 15	July 27	\$43	\$63

SUMMER SOCCER LEAGUE (HVY, NMY) - July 6 - August 11, 2026

REGISTRATION: February 16- June 14, 2025. Teams will practice followed by a game one day a week. NMY game locations TBD. HVY games will be played at the Heart of the Valley YMCA. THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Soccer	HVY	Ages 4-5	M	July 6	August 10	\$43	\$63
Summer Soccer	HVY	Ages 6-7	M	July 6	August 10	\$43	\$63
Summer Soccer	HVY	Ages 8-9	T	July 7	August 11	\$43	\$63
Summer Soccer	HVY	Ages 10-11	T	July 7	August 11	\$43	\$63
Summer Soccer	NMY	Ages 4-5	T	July 7	August 11	\$43	\$63
Summer Soccer	NMY	Ages 6-7	T	July 7	August 11	\$43	\$63
Summer Soccer	NMY	Ages 8-9	T	July 7	August 11	\$43	\$63

SUMMER TENNIS LESSONS (FWY) June 9 – July 9 and July 14 – August 6.

REGISTRATION: Begins April 14. The kids will learn the fundamentals of tennis at Jennerjohn Park in Greenville. They will meet twice a week and in two four week sessions THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Tennis Lessons	FWY	5-6 years	T & TH	9:00 AM	9:45 AM	\$38	\$55
Summer Tennis Lessons	FWY	7-9 years	T & TH	10:00 AM	10:45 AM	\$38	\$55
Summer Tennis Lessons	FWY	10-12 years	T & TH	11:00 AM	11:45 AM	\$38	\$55

SUMMER PICKLEBALL LESSONS (FWY) June 8 – July 10 and July 13 – August 7.

REGISTRATION: Begins April 14. The kids will learn the fundamentals of pickleball and play matches at Jennerjohn Park in Greenville. They will meet twice a week and in two four-week sessions. THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Summer Pickleball Lessons	FWY	5-6 years	M & F	9:00 AM	9:45 AM	\$38	\$55
Summer Pickleball Lessons	FWY	7-9 years	M & F	10:00 AM	10:45 AM	\$38	\$55
Summer Pickleball Lessons	FWY	10-12 years	M & F	11:00 AM	11:45 AM	\$38	\$55

T-BALL (HVY, NMY) – July 8 -August 13, 2026

REGISTRATION: February 16- June 14, 2026.

Teams will practice followed by a game one day a week. HVY will play at the Heart of the Valley YMCA and NMY will play at Spring Road Elementary School. THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
T-Ball	HVY	Ages 4-6	TH	July 9	August 13	\$43	\$63
T-Ball	NMY	Ages 4-6	W	July 8	August 12	\$43	\$63

Fall T-BALL (FWY) – August 25 – September 29, 2026

REGISTRATION: June 1 – August 2, 2026.

Teams will practice followed by a game one day a week. HVY will play at the Heart of the Valley YMCA and NMY will play at Spring Road Elementary School. THIS IS NOT A VALUE-ADDED PROGRAM.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
T-Ball	FWY	Ages 4-6	T	August 25	September 29	\$43	\$63

FALL FLAG FOOTBALL – September 12 – October 24, 2026

REGISTRATION May 18 – August 16, 2026

Value-Added League FREE with YMCA Family Membership

Join the excitement of Fall Flag Football at the YMCA! This value-added league is FREE with YMCA Family Membership. This league provides a fun, fast paced introduction to the game, giving players the chance to learn football fundamentals. All games will be played at Fritsch Park in Menasha.

Each Saturday includes a practice and scheduled game, allowing players to develop skills, learn plays, and work together before taking the field. Coaches focus on teaching passing, catching, route running, defensive positioning, and teamwork. All in a supportive environment guided by the YMCA character values of caring, honesty, respect, and responsibility.

The YMCA offers Coed, Boys & Girls leagues. All participants will receive a YMCA-branded jersey to wear each week. Cancellations before registration deadline will receive a full refund. If after deadline and before first practice/game will be YMCA credit. No refunds will be given after first day of games.

Please see online registration for specific program details and field locations.

Sites:

APY - TBD

FWY – Greenville Lions Park /YMCA

HVY – Heart of Valley YMCA

NMY – Menasha Fritsch Park

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Youth Flag Football	APY	Grade 4K-5K	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	APY	Grade 1-2	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	APY	Grade 3-4	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football - Boys	APY	Grade 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	FWY	Grade 4K-5K	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	FWY	Grade 1-2	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	FWY	Grade 3-4	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	HVY	Grade 4K-5K	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	HVY	Grade 1	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	HVY	Grade 2	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	HVY	Grade 3	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	HVY	Grade 4	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football - Boys	HVY	Grade 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	NMY	Grade 4K-5K	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	NMY	Grade 1-2	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football	NMY	Grade 3-4	SAT	September 12	October 24	FREE	\$50	\$71
Youth Flag Football - Boys	NMY	Grade 5-6	SAT	September 12	October 24	FREE	\$50	\$71

GIRLS FLAG FOOTBALL (Grades 5-8)

SEPTEMBER 12-OCTOBER 24, 2026. REGISTRATION MAY 18 - AUGUST 16, 2026.

Value-Added League FREE with YMCA Family Membership.

Get ready for an exciting season of flag football designed just for girls in grades 5 through 8! Our YMCA Girls Flag Football League focuses on fun, skill development, and teamwork in a supportive and empowering environment. Whether you're new to the game or have some experience, this league is a great way to stay active, make new friends, and grow your love for the sport.

All games will be played at Appleton location. Teams will be formed by branch. Practices and games are led by positive role models who emphasize sportsmanship, confidence, and having fun.

Come be part of the action — join us for a season full of energy, encouragement, and great football

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Girls Flag Football	APY	Grades 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	APY	Grades 7-8	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	FWY	Grades 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	FWY	Grades 7-8	SAT	September 12	October 24	FREE	\$50	\$71

Girls Flag Football	HVY	Grades 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	HVY	Grades 7-8	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	NMY	Grades 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Girls Flag Football	NMY	Grades 7-8	SAT	September 12	October 24	FREE	\$50	\$71

FALL VOLLEYBALL 1- SEPTEMBER 12-OCTOBER 24, 2026. REGISTRATION MAY 18 - AUGUST 16, 2026.

Value-Added League FREE with YMCA Family Membership.

Join our Fall Volleyball Program for Grades 2-6 and watch your young athlete thrive! This program will help your player develop the basic volleyball skills and fundamentals, along with learn strategies related to the game of volleyball to become more successful, more confident, and continue to have a blast playing the game!

Class name	YMCA	Age	Day	Start	End	Y Family Member	Y Member	General Public
Volleyball 1	APY	Grade 2-4	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	APY	Grade 5-6	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	FWY	Grade 2-3	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	FWY	Grade 4-6 Beginner	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	FWY	Grade 4-6 Intermediate	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	HVY	Grade 2-3	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	HVY	Grade 4-6 Beginner	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	HVY	Grade 4-6 Intermediate	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	NMY	Grade 2-3	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	NMY	Grade 4-6 Beginner	SAT	September 12	October 24	FREE	\$50	\$71
Volleyball 1	NMY	Grade 4-6 Intermediate	SAT	September 12	October 24	FREE	\$50	\$71

FALL SOCCER LEAGUE (FWY)- SEPTEMBER 6 -OCTOBER 18. REGISTRATION MAY 19-AUGUST 16.

THIS IS NOT A VALUE-ADDED PROGRAM. This is a 6-week program (no program October 3 due to community event)

Class name	YMCA	Age	Day	Time	Start	End	Y Member	General Public
Fall Soccer	FWY	Grade 4K-5K	SAT	10:00 AM	September 12	October 24	\$43	\$63
Fall Soccer	FWY	Grade 1	SAT	11:30 AM	September 12	October 24	\$43	\$63
Fall Soccer	FWY	Grade 2	SAT	11:30 AM	September 12	October 24	\$43	\$63
Fall Soccer	FWY	Grade 3-4	SAT	8:30 AM	September 12	October 24	\$43	\$63
Fall Soccer	FWY	Grade 5-7	SAT	8:30 AM	September 12	October 24	\$43	\$63

FALL SOCCER LEAGUE (HVY) – AUGUST 26 -OCTOBER 7. REGISTRATION MAY 19-AUGUST 3.**THIS IS NOT A VALUE-ADDED PROGRAM.*****Monday night participants will not play on September 1 and will play on October 6 instead as a makeup.**

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Fall Soccer	HVY	Grade 4K/5K	M	August 24	October 5	\$43	\$63
Fall Soccer	HVY	Grade 4K/5K	W	August 26	September 30	\$43	\$63
Fall Soccer	HVY	Grade 1-2	T	August 25	September 29	\$43	\$63
Fall Soccer	HVY	Grade 3-4	M	August 24	October 5	\$43	\$63

FALL CROSS COUNTRY (ACY, FWY, HVY) – SEPTEMBER 14-OCTOBER 10, 2026**REGISTRATION MAY 18 – September 6. Association Meet October 10 – Fox West YMCA**

Programs are located at Apple Creek YMCA, Fox West YMCA, Heart of the Valley YMCA, and Neenah-Menasha YMCA. Youth who enjoy recreational outdoor running will enjoy our Cross-Country program. This co-ed program provides opportunities for kids to engage in pre-competitive, instructive practices as they enjoy group runs on open-air courses. Our program emphasizes building stamina and balance as participants learn about the importance of form and efficiency. Athletes may also participate in a competitive cross-country event as part of this program.

APY -Apple Creek YMCA

FWY – Fox West YMCA/Greenville Lions Park

HVY – Sunset Park

NMY – Arrowhead Park

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Cross Country	ACY	Grade 1-6	SAT	Sept 13	Oct 10	\$38	\$56
Cross Country	FWY	Grade 1-2	T	Sept 16	Oct 10	\$38	\$56
Cross Country	FWY	Grade 3-4	TH	Sept 18	Oct 10	\$38	\$56
Cross Country	FWY	Grade 5-6	TH	Sept 18	Oct 10	\$38	\$56
Cross Country	HVY	Grade 1-6	W	Sept 16	Oct 10	\$38	\$56
Cross Country	NMY	Grade 1-6	W	Sept 17	Oct 10	\$38	\$56

ADULTS

ADULT OPEN GYM SPORTS

Basketball, Volleyball, Pickleball

No registration required, see branch schedules for updated time and options.

OGDEN YMCA PICKLEBALL COURTS

The Ogden YMCA and Valley Tennis Center offer 4 indoor pickleball courts which are located on tennis courts 5 & 6. When you book a tennis court, you get 2 pickleball courts and court fees are split between the players on the court sheet. You can't book and be charged for just 1 pickleball court.

For more information and/or questions please call 920-560-0001 or email Patti Stinski

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Open Pickleball	FWY	18+	M/W/F	5:00 AM	7:00 AM	FREE	N/A*
Open Pickleball	FWY	18+	M/T/W/TH/F	10:00 AM	NOON	FREE	N/A*
Open Pickleball (Beginner)	FWY	18+	F	NOON	2:00 PM	FREE	N/A*
Open Pickleball (Intermediate/Advanced)	HVY	18+	M/W/F	11:15 AM	2:15 PM	FREE	N/A*
Open Pickleball	HVY	18+	T/TH	5:00 AM	8:00 AM	FREE	N/A *
Open Pickleball (Beginner)	HVY	18+	T/TH	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	SUN	11:00 AM	1:00 PM	FREE	N/A*
Open Pickleball	NMY	18+	M/W/F	1:00 PM	3:00 PM	FREE	N/A*
Open Pickleball	NMY	14+	M/W	6:00 PM	8:30 PM	FREE	N/A*
Open Volleyball	NMY	18+	T	7:00 PM	9:00 PM	FREE	N/A*
Open Basketball	APY	18+	W	5:30 AM	7:00 AM	FREE	N/A*
Open Basketball	APY	18+	S	6:00 AM	7:45 AM	FREE	N/A*
Open Basketball	NMY	18+	SUN	9:00 AM	11:00 AM	FREE	N/A*
Open Basketball	NMY	18+	M/TH/F	11:00 AM	1:00 PM	FREE	N/A*
Open Basketball	NMY	18+	T/F	5:00 AM	7:00 AM	FREE	N/A*
Open Basketball	NMY	55+	T	12:00 PM	2:00 PM	FREE	N/A*
Open Basketball	HVY	55+	M	10:00 AM	NOON	FREE	N/A*

*** Guest passes available ONLY if accompanied by a Y member for \$15***