



DANCE

SPRING PROGRAM SESSION:

STAFF CONTACTS

FWY - Megan Stine, Dance Coordinator P 560.3410 E mstine@ymcafoxcities.org

NMY/HVY/APY - Maeghan Johnson, Arts & Humanities Director P 886.2138 E mjohnson@ymcafoxcities.org

NMY/HVY/APY - Hollie O'Toole, Arts and Humanities Coordinator P 886.2108 E hotoole@ymcafoxcities.org

NMY/HVY/APY - Angela Larsen, Arts and Humanities Specialist P 886.2106 E alarsen@ymcafoxcities.org

STUDIO Y DANCE

HEART OF THE VALLEY, APPLETON, OGDEN AND NEENAH-MENASHA YMCA

May 13-June 2

No Class Monday, May 27, 2024 – Monday classes are prorated

The Studio Y Dance Program offers dance classes for ages 2-adult. The Studio Y dance program encourages the technical progression of dancers and provides consistent and knowledgeable instruction at each level of development. Studio Y sites offer recital classes and competition teams, spring and summer programs. The Studio Y program offers quality instruction with a maximum of 8-12 students in a class.

HEART OF THE VALLEY

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS, WITH GUARDIAN) (HVY)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers required.

PRE-DANCE I (AGES 3-4 YEARS) (HVY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

HIP HOP FOR PRESCHOOLERS (AGES 4-5 YEARS) (HVY)

Does your little dancer love to groove? This beginning hip hop class will introduce young boys and girls to basic hip hop steps. Set with fun and age-appropriate pop music, we'll give little break-dancers a great introduction to movement and musicality.

PRE-DANCE II (AGES 4-5 YEARS) (HVY)

A great class for dancers ready for more! The class begins with ballet stretches, positions, and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

BALLET (AGES 5-8 YEARS, AGES 8-12 YEARS, AGES 12 YEARS +) (HVY)

The perfect class for ballerinas in training. Learn the correct ballet positions, center work, sauté jumps, beginning turns, and more! Ballet shoes are required.

BALLET & TAP (AGES 5-8 YEARS) (HVY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leaps, and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS, AGES 8-12 YEARS) (HVY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

LYRICAL & CONTEMPORARY (AGES 5-8 YEARS, AGES 8-12 YEARS) (HVY)

One of our most popular! Explore lyrical and contemporary ballet technique that teaches dancers expressive movement. This class will work on strengthening technique, jumps, turns, floor work and exhilarating combinations that will expand training at all levels. Ballet shoes and dancewear/yoga/athletic attire are required.

POMS (AGES 5-8 YEARS, AGES 8-12 YEARS) (HVY)

Similar to jazz in technique, this class adds poms as a fun prop to prepare dancers for school dance teams! Poms are provided, only attire needed are jazz shoes or dance sneakers and athletic clothing.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	HVY	18 months-3 years, with guardian	W	10:45 AM	11:15 AM	\$22	\$31
Pre-Dance I	HVY	3-4 years	M	4:30 PM	5:00 PM	\$15	\$21
Pre-Dance I	HVY	3-4 years	TH	4:30 PM	5:00 PM	\$22	\$31
Hip Hop for Preschoolers	HVY	4-5 years	T	5:00 PM	5:30 PM	\$22	\$31
Hip Hop for Preschoolers	HVY	4-5 years	W	9:35 AM	10:05 AM	\$22	\$31
Pre-Dance II	HVY	4-5 years	M	5:05 PM	5:35 PM	\$15	\$21
Pre-Dance II	HVY	4-5 years	W	9:00 AM	9:30 AM	\$22	\$31
Pre-Dance II	HVY	4-5 years	W	4:00 PM	4:30 PM	\$22	\$31
Ballet	HVY	5-8 years	TH	5:05 PM	5:35 PM	\$22	\$31
Ballet & Tap	HVY	5-8 years	M	5:40 PM	6:25 PM	\$23	\$29
Hip Hop & Jazz	HVY	5-8 years	M	6:30 PM	7:00 PM	\$15	\$21
Hip Hop & Jazz	HVY	5-8 years	T	5:35 PM	6:05 PM	\$22	\$31
Hip Hop & Jazz	HVY	5-8 years	W	5:10 PM	5:40 PM	\$22	\$31
Lyrical & Contemporary	HVY	5-8 years	W	4:35 PM	5:05 PM	\$35	\$43
Poms	HVY	5-8 years	T	6:10 PM	6:40 PM	\$22	\$31
Ballet	HVY	8-12 years	W	5:45 PM	6:30 PM	\$35	\$43
Hip Hop & Jazz	HVY	8-12 years	T	7:35 PM	8:20 PM	\$35	\$43
Lyrical & Contemporary	HVY	8-12 years	M	7:05 PM	7:55 PM	\$23	\$29
Lyrical & Contemporary	HVY	8-12 years	TH	5:40 PM	6:25 PM	\$35	\$43
Poms	HVY	8-12 years	T	6:45 PM	7:30 PM	\$35	\$43
Ballet	HVY	12 years +	W	6:35 PM	7:35 PM	\$46	\$62

NEENAH-MENASHA YMCA

HIP HOP SKIP JUMP (AGES 18 MONTHS-3 YEARS, WITH GUARDIAN) (NMY)

Dance with your little one while they learn basic dance movements and gross motor skills! This is a parent/guardian and child class. Dance shoes or clean sneakers required.

CREATIVE MOVEMENT (AGES 2-3 YEARS) (NMY)

This fun class focuses on coordination and rhythm in creative and imaginative ways. This class will engage your dancer in movement!

PRE-DANCE I (AGES 3-4 YEARS, AGES 4-5 YEARS) (NMY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

PRE-DANCE II (AGES 4-5 YEARS) (NMY)

A great class for dancers ready for more! The class begins with ballet stretches, positions, and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

HIP HOP FOR PRESCHOOLERS (AGES 4-5 YEARS) (NMY)

Does your little dancer love to groove? This beginning hip hop class will introduce young boys and girls to basic hip hop steps. Set with fun and age-appropriate pop music, we'll give little break-dancers a great introduction to movement and musicality.

BALLET (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

The perfect class for ballerinas in training. Learn the correct ballet positions, center work, sauté jumps, beginning turns, and more! Ballet shoes are required.

BALLET & TAP (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leaps, and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

LYRICAL & CONTEMPORARY (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

One of our most popular! Explore lyrical and contemporary ballet technique that teaches dancers expressive movement. This class will work on strengthening technique, jumps, turns, floor work and exhilarating combinations that will expand training at all levels. Ballet shoes and dancewear/yoga/athletic attire are required.

POMS (AGES 5-8 YEARS, AGES 8-12 YEARS) (NMY)

Similar to jazz in technique, this class adds poms as a fun prop to prepare dancers for school dance teams! Poms are provided, only attire needed are jazz shoes or dance sneakers and athletic clothing.

TAP (AGES 6-12 YEARS) (NMY)

This energetic class will focus on new tap steps, traveling combinations, terminology and percussive musicality! A comprehensive tap technique class for dancers at any level of training! Tap shoes required.

BATON (AGES 6-12 YEARS) (NMY)

For the aspiring twirler, this class will introduce baton basics and technique, including marching, twirling, and simple tosses and turns. Students will need clean sneakers or jazz shoes for class. Batons will be provided for use during class, and students can be measured for their own baton, which families can purchase for an additional fee.

POMS (AGES 8-12 YEARS) (NMY)

Similar to jazz in technique, this class adds poms as a fun prop to prepare dancers for school dance teams! Poms are provided, only attire needed are jazz shoes or dance sneakers and athletic clothing.

ADULT TAP (AGES 12 YEARS +) (NMY)

This energetic class will focus on new tap steps, traveling combinations, terminology and percussive musicality! A comprehensive tap technique class for dancers at any level of training! Tap shoes required.

BALLET (AGES 12 YEARS +) (NMY)

The Studio Y Ballet class offers properly instructed and demonstrated barre, center work, and combinations to strengthen your technique. This class is an absolute necessity for dancers to stretch, strengthen, and lengthen the body, improve posture and balance, and gain confidence in movement for other dance genres. Ballet shoes and dancewear/yoga/athletic attire are required.

DANCE STRETCH AND STRENGTHEN-FORMERLY "DANCE PILATES" (AGES 14 YEARS +) (NMY)

This high-energy mat class is set with pop music for a fresh outlook on the Pilates Method. Traditional Pilates Method sets are paired with floor barre movements to offer deep conditioning exercises that improve flexibility, increase strength, and create long, lean muscles. With the ability to work at your own pace, you will progress toward your optimal fitness.

POINTE (AGES 12 YEARS +) (NMY)

Dancers must also take the Ballet class preceding the pointe class as a requirement. Dancers should not take this class without prior ballet experience. If you have questions about this class please contact Maeghan Johnson at 886.2138 or mjohnson@ymcafoxcities.org. Pointe shoes required.

URNS, LEAPS, AND PROGRESSIOINS (AGES 12 YEARS +) (NMY)

This class will focus on turns and leaps that are required for advancing dancers. New across the floor combinations will improve strength and technique for dancers studying all genres of dance. Ballet, lyrical and/or jazz shoes are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop Skip Jump	NMY	18 months-3 years, with guardian	TH	10:45 AM	11:15 AM	\$22	\$31
Creative Movement	NMY	2-3 years	T	4:00 PM	4:30 PM	\$22	\$31
Pre-Dance I	NMY	3-4 years	T	4:35 PM	5:05 PM	\$22	\$31
Pre-Dance I	NMY	3-4 years	W	4:00 PM	4:30 PM	\$22	\$31
Pre-Dance I	NMY	3-4 years	TH	10:10 AM	10:40 AM	\$22	\$31
Pre-Dance I	NMY	3-4 years	TH	4:00 PM	4:30 PM	\$22	\$31
Pre-Dance II	NMY	4-5 years	TH	9:00 AM	9:30 AM	\$22	\$31
Pre-Dance II	NMY	4-5 years	TH	4:35 PM	5:05 PM	\$22	\$31
Hip Hop for Preschoolers	NMY	4-5 years	W	4:35 PM	5:05 PM	\$22	\$31
Hip Hop for Preschoolers	NMY	4-5 years	TH	9:35 AM	10:05 AM	\$22	\$31
Ballet	NMY	5-8 years	T	5:10 PM	5:40 PM	\$22	\$31
Ballet & Tap	NMY	5-8 years	W	5:10 PM	5:55 PM	\$35	\$43
Hip Hop & Jazz	NMY	5-8 years	W	6:00 PM	6:30 PM	\$35	\$43
Lyrical & Contemporary	NMY	5-8 years	TH	5:10 PM	5:40 PM	\$22	\$31
Poms	NMY	5-8 years	M	7:10 PM	7:40 PM	\$15	\$21
Tap	NMY	6-12 years	T	5:45 PM	6:30 PM	\$35	\$43
Baton	NMY	6-12 years	TH	5:45 PM	6:15 PM	\$35	\$43
Ballet	NMY	8-12 years	TH	6:20 PM	7:05 PM	\$35	\$43
Hip Hop & Jazz	NMY	8-12 years	W	6:35 PM	7:20 PM	\$35	\$43
Lyrical & Contemporary	NMY	8-12 years	TH	7:10 PM	7:55 PM	\$35	\$43
Poms	NMY	8-12 years	T	6:35 PM	7:20 PM	\$35	\$43
Adult Tap	NMY	12 years +	T	11:00 AM	11:45 AM	\$35	\$43
Adult Tap	NMY	12 years +	M	6:20 PM	7:05 PM	\$23	\$29

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Ballet	NMY	12 years +	M	4:00 PM	5:00 PM	\$31	\$41
Ballet	NMY	12 years +	W	10:00 AM	11:30 AM	\$54	\$65
Pointe	NMY	12 years +	M	5:00 PM	5:30 PM	\$15	\$21
Pointe	NMY	12 years +	W	12:30 PM	1:00 PM	\$22	\$31
Turns, Leaps and Progressions	NMY	12 years +	M	5:30 PM	6:15 PM	\$23	\$29
Dance Stretch and Strengthen	NMY	14 years +	M	11:30 AM	12:15 PM	\$23	\$29
Dance Stretch and Strengthen	NMY	14 years +	W	11:30 AM	12:15 PM	\$35	\$43

OGDEN YMCA

PRE-DANCE I (AGES 3-4 YEARS) (OGY)

The perfect class for new little dancers! This beginning class includes Ballet basics, beginning dance combinations, rhythm, and coordination skills. Ballet shoes are required.

HIP HOP FOR PRESCHOOLERS (AGES 4-5 YEARS) (OGY)

Does your little dancer love to groove? This beginning hip hop class will introduce young boys and girls to basic hip hop steps. Set with fun and age-appropriate pop music, we'll give little break-dancers a great introduction to movement and musicality.

PRE-DANCE II (AGES 4-5 YEARS) (OGY)

A great class for dancers ready for more! The class begins with ballet stretches, positions and beginning ballet steps. Then, it swings into fun tap steps and across the floor work to keep them moving! Ballet and Tap shoes are required.

BALLET (AGES 5-8 YEARS) (OGY)

The perfect class for ballerinas in training. Learn the correct ballet positions, center work, sauté jumps, beginning turns and more! Ballet shoes are required.

BALLET & TAP (AGES 5-8 YEARS) (OGY)

This great class offers the best of both worlds! The class begins with ballet barre work, center combinations, leap and more. Then, it's time to shuffle, ball change, scuff, hop and step across the floor in an invigorating tap segment. Ballet slippers and Tap shoes are required.

HIP HOP & JAZZ (AGES 5-8 YEARS, AGES 8-12 YEARS) (OGY)

This class offers fun street hip hop steps, basic break dance tricks and includes turns, leaps, and combinations of a jazz technique class. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

LYRICAL AND CONTEMPORARY (AGES 8-12 YEARS) (OGY)

One of our most popular! Explore lyrical and contemporary ballet technique that teach dancers expressive movement. This class will work on strengthening technique, jumps, turns, floor work and exhilarating combinations that will expand training at all levels. Ballet shoes and dancewear/yoga/athletic attire are required.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Pre-Dance I	OGY	3-4 years	T	4:30 PM	5:00 PM	\$22	\$31
Hip Hop for Preschoolers	OGY	4-5 years	T	5:05 PM	5:35 PM	\$22	\$31
Pre-Dance II	OGY	4-5 years	W	4:00 PM	4:30 PM	\$22	\$31
Ballet	OGY	5-8 years	TH	6:45 PM	7:15 PM	\$22	\$31
Ballet & Tap	OGY	5-8 years	T	5:40 PM	6:25 PM	\$35	\$43
Hip Hop & Jazz	OGY	5-8 years	W	4:35 PM	5:05 PM	\$22	\$31
Hip Hop & Jazz	OGY	8-12 years	TH	7:20 PM	8:05 PM	\$35	\$43
Lyrical & Contemporary	OGY	8-12 years	T	6:30 PM	7:15 PM	\$35	\$43

PRIVATE DANCE LESSONS

Available for ages 7-Adult. Ballet, Pointe, Tap, Hip Hop, Jazz, Lyrical and more! Classes are available at all levels of training. Please contact Hollie O'Toole, Dance Program Coordinator at 886.2108 for availability. Semi-private/duet classes are also available at the same cost.

5-30-minute lessons - Fee: YMCA Member - \$101 General Public - \$129

5-45-minute lessons - Fee: YMCA Member - \$150 General Public - \$186

5-1-hour lessons - Fee: YMCA Member - \$197 General Public - \$223

INSPIRE DANCE STUDIO

FOX WEST Y

Inspire Dance Studio offers dance classes for ages 3-adult. Our program develops strong technical dancers, in a positive atmosphere. IDS offers classes of all levels for both recital and competitive level teams, with class offerings running throughout the year.

FOX WEST YMCA

MAY MINI CAMP- CAMP 1

May 6 - May 17, 2024

All classes will run two days a week.

MERMAIDS & PIRATES DANCE CLASS (AGES 4-6 YEARS) (FWY)

This fun will have your little mermaids and pirates dancing away! Creative dance mixed with dance technique will be incorporated into this class. Dancers will visit the pirate ship, venture under the sea, and visit a deserted island looking for gold! Ballet or jazz shoes required.

JAZZ & LYRICAL TECHNIQUE (AGES 6-8 YEARS, AGES 8-10 YEARS, AGES 10-13 YEARS, AGES 13-18 YEARS) (FWY)

For dancers looking to audition for our competition team, or serious dancers interested in improving technique. This class will focus on improving both technical skills and quality of movement for both genres. Dancers will explore leaps, turns, and more. A great class to prepare for audition season. Leotard and jazz or lyrical shoes required.

POPSTAR JAZZ CAMP (AGES 6-8 YEARS) (FWY)

Calling all superstars! This jazz class will bring to life fun, upbeat music and focus on jazz technique and skills. Dancers will explore leaps, turns, and more with music from their favorite popstars. Dance attire and jazz shoes required.

TAP TECHNIQUE (AGES 6-8 YEARS, AGES 9-13 YEARS, AGES 13-18 YEARS) (FWY)

Brush up on your tap technique or continue learning! This class will bring to life fun, upbeat music and focus on tap technique and skills. Dancers will continue work on tap warmups, combinations and more. A great class to prepare for audition season. Dance attire and tap shoes required.

SWIFTIE DANCE CAMP (AGES 7-9 YEARS, AGES 10-12 YEARS) (FWY)

No need to hold the drama or calm down for this fun + sparkly dance camp! If you're a fan of Taylor Swift, then you need to jump right on this trendy tour bus of a class. Get ready to dance and contribute to the artistic process of producing and starring in your very own DANCE music video with your class. Dancers need dance attire and jazz shoes.

MODERN & CONTEMPORARY (AGES 9-12 YEARS) (FWY)

This class is always a favorite! Dancers will explore movement quality, rhythms, and improvisational skills in this class. Different styles of music will allow dancers to explore many styles of movement over four weeks. Leotard and jazz shoes required. Dancers may also be asked to dance barefoot at times.

INTRO TO KICK (AGES 9-13 YEARS) (FWY)

Looking for a high energy class? This is it! This class will bring dancers kick skills from the basics through intermediate techniques. Dancers work on placement, concept, technique and more. Dance attire and jazz shoes required.

POMS TECHNIQUE (AGES 9-13 YEARS) (FWY)

For jazz dancers looking to start their journey into poms in a fun atmosphere. This class will focus on improving both technical skills and quality of movement skills. Dancers will explore leaps, turns, simple combinations and more. Leotard and jazz shoes required.

ADVANCED LEAPS & TURNS (AGES 13-18 YEARS) (FWY)

For our company team or intermediate level dancers. We will explore strength and technique while working on new leaps, turns and jumps. Level up your skillset here! Leotard and jazz shoes required.

PROGRESSING BALLET TECHNIQUE-PBT (AGES 13-18 YEARS) (FWY)

PBT is a class designed to help intermediate to advanced dancers refine their placement, enhance their technique, and build strength and stamina for class. Dancers should wear a leotard and bare feet for class. Class space is limited!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Mermaids & Pirates Jazz	FWY	4-6 years	M/W	4:15 PM	5:00 PM	\$46	\$58
Jazz & Lyrical Technique (Petite)	FWY	6-8 years	M/W	5:00 PM	6:00 PM	\$62	\$86
Popstar Jazz Camp	FWY	6-8 years	M/W	4:15 PM	5:00 PM	\$46	\$58
Tap Technique (Petite)	FWY	6-8 years	M/W	6:05 PM	6:55 PM	\$46	\$58
Swiftie Dance Camp	FWY	7-9 years	M/W	5:00 PM	6:00 PM	\$62	\$86
Jazz & Lyrical Technique	FWY	8-10 years	T/TH	4:15 PM	5:00 PM	\$46	\$58
Modern & Contemporary	FWY	9-12 years	M/W	7:00 PM	7:45 PM	\$46	\$58
Tap Technique	FWY	9-13 years	T/TH	5:05 PM	5:55 PM	\$46	\$58
Intro to Kick	FWY	9-13 years	T/TH	6:00 PM	7:00 PM	\$62	\$86
Poms Technique	FWY	9-13 years	T/TH	7:00 PM	7:45 PM	\$46	\$58
Swiftie Dance Camp	FWY	10-12 years	M/W	6:00 PM	7:00 PM	\$62	\$86
Jazz & Lyrical Technique	FWY	10-13 years	T/TH	4:15 PM	5:15 PM	\$62	\$86
Advanced Leaps & Turns	FWY	13-18 years	T/TH	8:00 PM	8:45 PM	\$62	\$86
Jazz & Lyrical (Advanced)	FWY	13-18 years	T/TH	7:00 PM	8:00 PM	\$62	\$86
Progressing Ballet Technique-PBT	FWY	13-18 years	T/TH	5:15 PM	6:00 PM	\$46	\$58
Tap Technique (Advanced)	FWY	13-18 years	T/TH	6:00 PM	7:00 PM	\$62	\$86

FOX WEST YMCA MAY MINI CAMP- CAMP 2 May 20 - May 31, 2024

Classes will run two days a week. No classes Monday, May 27. Prices for M/W classes are prorated to reflect this.

LITTLE EXPLORERS – CREATIVE MOVEMENT (AGES 2-3 YEARS) (FWY)

Explore the exciting animal kingdom through the art of dance! Creative dance mixed with dance technique will be incorporated into this class. Dancers will visit the jungle, rainforest, the north pole and more! Ballet or jazz shoes required.

MINI MOVERS – DANCE BASICS (AGES 4-5 YEARS) (FWY)

Explore the basics of dance through creative movement! Dance improv mixed with dance technique will be incorporated into this class. Dancers will visit outer space and the ocean among other fun locations via music and crafts! Dancers will need ballet or jazz shoes and dance attire.

HI BARBIE! JAZZ CAMP (AGES 4-6 YEARS, AGES 6-8 YEARS) (FWY)

Bestie, get ready to be perfectly pink! This jazz class will take you to Paris, jet set to NYC and of course- surf at the beach! All while dancing your way there. Dancers will move and groove as well as create a craft. Kens are welcome! Dancer's will need jazz shoes and a leotard.

BALLET BAKESHOP (AGES 5-7 YEARS) (FWY)

Explore ballet while "baking" up a storm. Dancers will learn ballet skills and technique while enjoying music and motions related to baking up treats! Come visit the land of sweets! Dancers will need a leotard and ballet shoes.

SWIFTIE DANCE CAMP (AGES 8-11 YEARS) (FWY)

No need to hold the drama or calm down for this fun + sparkly dance camp! If you're a fan of Taylor Swift, then you need to jump right on this trendy tour bus of a class. Get ready to dance and contribute to the artistic process of producing and starring in your very own DANCE music video with your class. Dancers will need dance attire and jazz shoes.

HIP HOP (AGES 9-12 YEARS) (FWY)

Looking for a high energy class? This is it! This hip hop class will bring to life fun, upbeat music and focus on basic hip hop skills, basic break dance tricks and includes fun jumps and turns. Fun for all! Boys and girls welcome! Clean sneakers or jazz shoes are required.

MODERN & FLOORWORK SKILLS (AGES 9-12 YEARS) (FWY)

This class is always a favorite! Dancers will explore movement quality, rhythms, and improvisational skills in this class. Different styles of music will allow dancers to explore many styles of movement over two weeks. Leotard and jazz shoes required. Dancers may also be asked to dance barefoot at times.

PROGRESSING BALLET TECHNIQUE-PBT (AGES 10-14 YEARS) (FWY)

PBT is a class designed to help intermediate to advanced dancers refine their placement, enhance their technique, and build strength and stamina for class. Dancers should wear a leotard and bare feet for class. Class space is limited!

DANCE SAMPLER (AGES 10-15 YEARS) (FWY)

Can't decide? This is the class for you! This class will explore different genres of dance including tap, jazz, lyrical and more! Each week we will learn technique and a bit of choreography from a new genre. Dancers will also explore basic dance history during their class time. Dance attire and tap and jazz or lyrical shoes required.

TECHNIQUE – IMPROVING EXECUTION (AGES 13-18 YEARS) (FWY)

For dancers on our competition team, or serious dancers interested in improving technique. This class will focus on improving both technical skills and quality of movement for both genres. Dancers will learn to increase precision, add texture, and find resistance in their movement. Previous lyrical and jazz experience required. Dancers will explore leaps, turns, and more. Leotard and jazz or lyrical shoes required.

STRETCH & STRENGTH-PBT (AGES 15-18 YEARS) (FWY)

PBT is a class designed to help intermediate to advanced dancers refine their placement, enhance their technique, and build strength and stamina for class. This advanced class will build on PBT skills dancers have already practiced. Dancers should wear a leotard and bare feet for class. Class space is limited!

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Little Explorers – Creative Movement	FWY	2-3 years	M/W	4:15 PM	4:45 PM	\$24	\$32
Mini Movers	FWY	4-5 years	M/W	4:45 PM	5:30 PM	\$34	\$44
Hi Barbie! Jazz Camp	FWY	4-6 years	T/TH	5:10 PM	5:55 PM	\$46	\$58
Ballet Bakeshop	FWY	5-7 years	M/W	5:45 PM	6:30 PM	\$34	\$44
Hi Barbie!	FWY	6-8 years	T/TH	4:15 PM	5:00 PM	\$46	\$58
Swiftie Dance Camp	FWY	8-11 years	T/TH	6:00 PM	7:00 PM	\$62	\$86

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Hip Hop	FWY	9-12 years	T/TH	6:25 PM	7:25 PM	\$62	\$86
Modern & Floorwork Skills	FWY	9-12 years	T/TH	7:00 PM	7:45 PM	\$46	\$58
Progressing Ballet Technique-PBT	FWY	10-14 Years	T/TH	4:15 PM	5:15 PM	\$62	\$86
Dance Sampler	FWY	10-15 years	M/W	6:35 PM	7:35 PM	\$46	\$64
Technique- Improving Execution	FWY	13-18 years	T/TH	7:25 PM	8:25 PM	\$62	\$86
Stretch & Strength-PBT	FWY	15-18 years	T/TH	5:20 PM	6:20 PM	\$62	\$86

APPLE CREEK YMCA MAY MINI CAMP – 3 WEEKS May 6 - May 24, 2024

JUNGLE JAM–CREATIVE MOVEMENT (AGES 3-4 YEARS) (ACY)

Explore the animal jungle through the art of dance! Creative dance will and fun movement will be incorporated into this class. Dancers will visit the animals, trees, sounds and more! Ballet or jazz shoes required.

MERMAIDS & PIRATES DANCE CLASS (AGES 5-6 YEARS) (ACY)

This fun will have your little mermaids and pirates dancing away! Creative dance mixed with dance technique will be incorporated into this class. Dancers will visit the pirate ship, venture under the sea, and visit a deserted island looking for gold! Ballet or jazz shoes required.

SWIFTIE DANCE CAMP (AGES 7-11 YEARS) (ACY)

No need to hold the drama or calm down for this fun + sparkly dance camp! If you're a fan of Taylor Swift, then you need to jump right on this trendy tour bus of a class. Get ready to dance and contribute to the artistic process of producing and starring in your very own DANCE music video with your class. Dancers will need dance attire and jazz shoes.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Jungle Jam Dance Camp	ACY	3-4 years	M	4:15 PM	4:45 PM	\$24	\$32
Mermaid & Pirates Dance Camp	ACY	5-6 years	M	4:45 PM	5:30 PM	\$34	\$44
Swiftie Dance Camp	ACY	7-11 years	M	5:30 PM	6:30 PM	\$46	\$64

PRIVATE DANCE LESSONS

Available for ages 8-18. Technique, one on one skills and more! Classes are available at all levels of training. Please email Mstine@ymcafoxcities.org for availability. Semi-private classes are also available at the same cost.

5–30-minute lessons - Fee: YMCA Member - \$101 General Public - \$129

5–45-minute lessons - Fee: YMCA Member - \$150 General Public - \$186

5-1-hour lessons - Fee: YMCA Member - \$197 General Public - \$223

INSPIRE DANCE STUDIO – COMPETITIVE TEAM WORKSHOP & AUDITIONS SATURDAY & SUNDAY – MAY 18 & 19

Mark your calendars. More information to follow. All dancers wanting to join our competition teams for the 2024-2025 season will be required to audition on May 18 & 19, 2024. Please contact Megan Stine at Mstine@ymcafoxcities.org with any questions.